

YMCA Camp Northern Lights 6-Day **SAMPLE** Schedule

Sunday	Monday	Tuesday	Wednesday
<p>All activities at Camp Northern Lights are optional of course!</p> <p>-----</p> <p>*SAMPLE SCHEDULE*</p> <p>-----</p> <p>☆ Activity Sign-Ups will be on Monday morning AFTER Age Group Drop-Off</p> <p>-----</p> <p>Program - Location / (extra info)</p> <p>-----</p> <p>*Starred = Sign-Up Activity</p> <p>-----</p> <p>3:00-6:00 Campers Arrive Check in at the tent on the main road into camp, get settled into your cabin/site and explore!</p> <p>6:30 Opening Celebration & Welcome to Camp! <i>Join us at Bear Island Stage to meet your community to hear about all the fun this session!</i></p>	<p>7:30 & 7:45 Big and Little Dippers</p> <p>8:15 Yoga Program</p> <p>9:10-9:25 Naturalist Program</p> <p>9:25-12:00 Age Groups drop off & Morning Moment</p> <p>THEN</p> <p>☆ Activity Sign-Ups</p> <p>12:00 Announcements & Age Group pick up at Bear Island Stage</p> <p style="text-align: center;">Afternoon Activities</p> <p>2:00-3:00 COVE Program</p> <p>2:00-4:30 Open Art <i>Meet at the Family Art Barn</i></p> <p>2:00-3:30 FAB Program</p> <p>3:00-4:00 Afternoon Program</p> <p>Naturalist Program</p> <p style="text-align: center;">Evening Programs</p> <p>7:00-8:00 Evening Program at your Community Fire Ring</p> <p>8:30 Evening Program</p>	<p>7:30 & 7:45 Big and Little Dippers</p> <p>8:15 Yoga Program</p> <p>9:10-9:25 Naturalist Program</p> <p>9:25-12:00 Age Groups drop off & Morning Moment</p> <p>12:00 Announcements & Age Group pick up at Bear Island Stage</p> <p style="text-align: center;">Afternoon Activities</p> <p>2:00-3:30 Afternoon Program</p> <p>2:00-4:30 Open Art</p> <p>2:00-3:30 FAB Program</p> <p>2:00-3:30 COVE Program</p> <p>3:30-5:00 Afternoon Program</p> <p style="text-align: center;">Evening Programs</p> <p>7:00-8:00 Evening Program at Anna Marie's Patio</p> <p>8:00 Yoga Program (21+)</p> <p>8:30 Teen Program</p> <p>9:00 Evening Program</p>	<p>7:30 & 7:45 Big and Little Dippers</p> <p>8:15 Yoga Program</p> <p>9:10-9:25 Naturalist Program</p> <p>9:25-12:00 Age Groups drop off & Morning Moment</p> <p>12:00 Announcements & Age Group pick up at Bear Island Stage</p> <p style="text-align: center;">Afternoon Activities</p> <p>2:00-3:00 COVE Program</p> <p>2:00-4:30 Open Art</p> <p>2:00-3:30 FAB Program</p> <p>2:00-3:30 Afternoon Program</p> <p>3:00-4:30 COVE Program</p> <p>4:30-5:15 Community Sing Program</p> <p style="text-align: center;">Evening Programs</p> <p>6:00-8:00 Local Musical Guest at Anna Marie's Patio</p>

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Thursday	Friday	Saturday
7:30 & 7:45 Big and Little Dippers	7:30 & 7:45 Big and Little Dippers	9:00-11:00 Check Out – Before 11:00 A.M. – Find us at the Check Out Tent as you depart. Until Next Time!
8:15 Yoga Program	8:15 Yoga Program	
9:10-9:25 Naturalist Program	9:10-9:25 Naturalist Program	Examples of Programs COVE Programs - paddling 101, backcountry cooking, boat rental sign-ups, cookout and overnight camping experiences FAB Programs - pottery glazing, inkle weaving, tie-dye Naturalist Programs - orienteering, lake monitoring, northern nature, hikes Afternoon Programs - volleyball tournament, arts & crafts, Adult Age Group Activities - river paddle, coffee & crafts, fat tire biking, camp hike/tour, feedback sessions
9:25-12:00 Age Groups drop off & Morning Moment	9:25-12:00 Age Groups drop off & Morning Moment	
12:00 Announcements & Age Group pick up at Bear Island Stage	12:00 Announcements & Age Group pick up at Bear Island Stage	
Afternoon Activities	Afternoon Activities	
2:00-4:00 COVE Program	2:00-3:30 All Camp Activity – Meet at Bear Island Stage!	
2:00-4:30 Open Art FAB Program		
3:00-4:00 Naturalist Program	4:30–5:15 Community Sing Program	
3:00-5:00 Biking Program		
Evening Programs	Evening Programs	
6:30 Evening Program – Meet at Bear Island Stage	7:00 Evening Program – Meet at Bear Island Stage to celebrate a wonderful session!	

Saunas
Woodfire Family Sauna sign-up opportunities will be available at Activity Sign-Ups We also have an electric sauna free to use on a first-come, first-served basis.

Art Classes & Open Hours
We have open art hours Monday – Thursday from 2:00 – 4:30 inside the Family Art Barn (FAB)
----- Sign-Up Art Classes meet at the Art Tent, unless otherwise noted.

Mountain Biking Program
<u>Sign-Up Biking Opportunities:</u> Full & Half-Day Individual Rentals Adult Age Group Sessions Family Bike Rides led by Staff Member

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Thursday Evening Program - Silent Auction

If you are looking to donate something to the Silent Auction during our Evening Program on Thursday, please bring it to either store location by Wednesday & don't forget to fill out a donation slip.

SAMPLE Schedule - Disclaimer

Adult Age Group Activities change from session to session.

The SAMPLE schedule will give you a rough idea of what the schedule *could* look like during your session & hopefully help you learn the format before you get to camp!

Adult Age Groups Activities

Monday	Tuesday	Wednesday	Thursday	Friday
9:45-10:30 ★Activity Sign-Ups 10:45 Program Option 1 11:00-11:45 Program Option 2 <i>Meet staff at location</i>	10:00-10:45 Program Option 1 <i>Meet at Trail Center</i> & 11:00-11:45 Program Option 2 (2 sessions) 10:00-11:30 Program Option 2	9:45 -10:45 Program Option 1 10:00 Program Option 2 <i>Meet in the Family Art Barn</i>	10:00-10:45 Program Option 1 10:00-11:30 Program Option 2 <i>Meet at location</i> Program Option 3 <i>Meet at location</i>	9:00-12:00 Program Option 1 10:00 Program Option 2 11:00-11:45 Feedback Session <i>Meet at Anna Marie's Patio</i>

Store Hours

Location	Sunday	Monday	Tuesday-Thursday	Friday	Saturday
<i>MORNING</i> SISU LODGE <i>AFTERNOON</i>	CLOSED	8:00 am – 12:15 pm	8:00 am – 12:15 pm	8:00 am – 12:15 pm	8:00 – 10:00 am
	3:00 – 6:00	1:30 – 4:00 pm	1:30 – 4:00 pm	1:30 – 4:00 pm	CLOSED
ANNA MARIE'S <i>AFTERNOON ONLY</i>	5:00 – 7:00	1:30 – 7:00	1:30 – 8:00	1:30 – 8:00	CLOSED