

YMCA Camp Northern Lights 3-Day **SAMPLE** Schedule

Arrival Day - Sunday	Day 1 - Monday	Day 2 - Tuesday	Departure Day - Wednesday
<p>All activities at Camp Northern Lights are optional of course!</p> <p>-----</p> <p>*SAMPLE SCHEDULE*</p> <p>-----</p> <p>Program - Location / (extra info)</p> <p>*Starred = Sign-Up Activity</p> <p>-----</p> <p>★ Activity Sign-Ups will be on Sunday night while kiddos meet their counselors.</p> <p>3:00-6:00 Campers Arrive! Check in at the tent on the main road into camp, get settled into your cabin and explore!</p> <p>6:30 Opening Celebration & Activity Sign Ups! Join us down at Bear Island stage to hear about all of the fun opportunities we have available!</p>	7:30 & 7:45 Big and Little Dippers	7:30 & 7:45 Big and Little Dippers	<p>9:00-11:00</p> <p style="text-align: center;">Check Out – Before 11:00 A.M.</p> <p>Find us at the Check Out Tent for coffee, juice, and muffins as you depart.</p> <p>Until Next Time!</p>
	9:10-9:25 Naturalist Program	9:10-9:25 Naturalist Program	
	9:30-12:00 Age Groups drop off & Morning Moment	9:30-12:00 Age Groups drop off & Morning Moment	
	12:00 Announcements & Age group pick up at Bear Island Stage	12:00 Announcements & Age group pick up at Bear Island Stage	
	Afternoon Activities	Afternoon Activities	
	2:00-3:00 COVE Program	2:00-3:00 COVE Program <i>Meet staff at location</i>	
	2:00-4:30 Open Art Meet at the FAB	2:00-4:30 Open Art Meet at the FAB	
	2:00-4:00 *FAB Program Meet staff at the Art Tent if you signed up	2:00-4:30 *FAB Program	
	3:00-4:00 Naturalist Program <i>Meet at Buena Vista Boating Area</i>	3:00-4:00 Naturalist Program <i>Meet at the Trail Center</i>	
	3:00-4:30 Afternoon Program	4:30-5:15 Community Sing Program	
Evening Programs	Evening Programs		
7:00-8:00 Evening Program	7:00-8:00 Evening Program – <i>Meet at your designated fire ring to celebrate a wonderful session!</i>		
	8:30 Night Hike <i>Meet at the Community Tent</i>		

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Examples of Programs

COVE Programs - *paddling 101, backcountry cooking, boat rental sign-ups, cookout and overnight camping experiences*

FAB Programs - *pottery glazing, inkle weaving, tie-dye*

Naturalist Programs - *orienteeing, lake monitoring, northern nature, nature hike*

Afternoon Programs - *volleyball tournament, arts & crafts, community sing*

Adult Age Group Activities - *river paddle, coffee & crafts, fat tire biking, camp hike/tour, feedback sessions*

SAMPLE Schedule - Disclaimer

Our Programs and Adult Age Group Activities change from session to session.

This SAMPLE schedule will give you a rough idea of what the schedule *could* look like during your session & hopefully help you learn the format of the schedule.

Saunas

Woodfire Family Sauna sign-up opportunities will be available at Activity Sign-Ups
We also have an electric sauna free to use on a first-come, first-served basis.

Art Classes & Open Hours

We have open art hours Day 1 & 2 from 2:00 – 4:30 inside the Family Art Barn (FAB)

Sign-Up Art Classes meet at the Art Tent, unless otherwise noted.

Mountain Biking Program

Sign-Up Biking Opportunities:
Individual Rentals
Adult Age Group Session
Family Bike Rides led by Staff Member

Adult Age Groups Activities

Arrival Day - Sunday	Day 1 - Monday	Day 2 - Tuesday
<p>★ Activity Sign-Ups during Opening Celebration Sunday Night</p>	<p>9:45-11:00 Program Option 1 <i>Meet staff at location</i></p> <p>10:00-11:00 *Program Option 2 <i>Meet in the Family Art Barn</i></p>	<p>10:00-10:45 *Program Option 1 & <i>Meet at the Trail Center</i> 11:00-11:45 <i>(2 sessions)</i></p> <p>10:00-11:00 Program Option 2</p>