

Sunday

Monday

1:00pm-1:20pm

Tuesday

7:25am-7:45am

Hastings YMCA POOL SCHEDULE March 5th - March 29th

The women locker room will be CLOSED for cleaning. Saturday & Sunday 7am-8am

Saturday

Friday

6:45am-7:05am

POOL LANES (Deep End)									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
	5:00am-7:50am	5:00am-7:25am	5:00am-7:25am	5:00am-7:25am	5:00am-7:25am				
	8:55am-10:05am	7:45am-10:30am	8:55am-10:20am	7:45am-10:30am	8:55am-10:05am	7:00am-7:50am			
7:00am-11:00am	11:10am-1:00pm	10:30am-1:30pm	11:25am-2:30pm	10:30am-1:30pm	11:10am-1:15pm	8:55am-10:00am			
11:50am-4:45am	1:20pm-3:55pm	(2 lanes) 1:30pm-5:00pm 7:00pm-8:45pm	2:30pm-4:30pm (2 lanes) 4:30pm-5:00pm	<i>(2 lanes)</i> 1:30pm-4:50pm	1:15pm-5:30pm <i>(2 lanes)</i> 5:30pm-8:45pm	11:30am-4:45pm			
	5:10pm-5:30pm					·			
	6:40pm-8:45pm		7:50pm-8:45pm	7:00pm-8:45pm					

All three lanes will be available for times listed above unless otherwise indicated. Members may need to share a pool lane. Due to swimming lessons and water exercise pool lanes may be limited or unavailable. Pool lanes can be used for water exercise, lap swimming, water walking, and open swim (only if open.)										
OPEN SWIM (Shallow End)										
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
7:00am-4:45pm	5:00am-7:50am 8:55am-10:05am 11:10am-1:00pm 1:20pm-5:05pm	5:00am-7:25am 7:45am-5:00pm 6:30pm-8:45pm	5:00am-7:25am 8:55am-10:20am 11:25am-8:45pm	5:00am-7:25am 7:45am-5:15pm 7:00pm-8:45pm	5:00am-7:25am 8:55am-10:05am 11:10am-8:45pm	7:00am-7:50am 8:55am-4:45pm				
	6:40pm-8:45pm NO OPEN SWIM 8:00am-8:45am 10:15am-11:00am 5:05pm-6:30pm	NO OPEN SWIM 5:00pm-6:30pm	NO OPEN SWIM 8:00am-8:45am 10:30am-11:15am	NO OPEN SWIM 5:00pm-7:00pm	NO OPEN SWIM 8:00am-8:45am 10:15am-11:00am	NO OPEN SWIM 8:00am-8:45am				
Due to swimming lessons or water exercise, open swim maybe unavailable. Please stay in designated areas durning swim lessons.										
C			WHIRLPOOL	TI		- Columbia				
Sunday 7:00am-4:45pm	Monday 5:00am-1:00pm	Tuesday 5:00am-7:25am 7:45am-12:00pm	Wednesday 5:00am-7:25am	Thursday 5:00am-7:25am	Friday 5:00am-7:25am	Saturday 7:00am-4:45pm				
	1:20pm-8:45pm	3:00pm-8:45pm	7:45am-8:45pm	7:45am-8:45pm	7:45am-8:45pm					
The hot tub will be closed for cleaning on Tuesdays between 12:00pm-3:00pm										
			SAUNA							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
7:00am-4:45pm	5:00am-1:00pm 1:20pm-8:45pm	5:00am-7:25am 7:45am-8:45pm	5:00am-7:25am 7:45am-8:45pm	5:00am-7:25am 7:45am-8:45pm	5:00am-7:25am 7:45am-8:45pm	7:00am-4:45pm				
WATER EXERCISE										
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
	8:00am-8:45am 10:15am-11:00am		8:00am-8:45am	5:45pm-6:30pm	8:00am-8:45am	8:00am-8:45am				
	5:45pm-6:30pm		10:30am-11:15am		10:15am-11:00am					
Reservations are required for Water Exercise.										
SWIMMING LESSONS										
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
10:00am-1:00	4:00pm-7:00pm	10:00am-11:15am 4:00pm-7:00pm	4:00pm-7:00pm	4:00pm-7:00pm		9:00am-11:15am				
Swim lessons may be in the deep or shallow end. Please stay out of designated swim lesson areas.										
Programing										
Sunday	Monday	Tuesday Home School PE 12:00pm-1:00pm (Starting 3/12)	Wednesday	Thursday	Friday	Saturday				
		AQUA	ATICS AREA CL	.OSED						

Wednesday

6:45am-7:05am

Lifeguard Breaks and closures

Thursday

7:25am-7:45am