



SHOREVIEW YMCA

Updated: 11/2/2022

INDOOR POOL SCHEDULE

April 22th-April 28th 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					CLOSED	CLOSED
5:00am-8:40am Lap Swim (5)	5:00am-8:40am Lap Swim (5)	5:00am-8:40am Lap Swim (5)	5:00am-8:40am Lap Swim (5)	5:00am-8:40am Lap Swim (5)	7:00am-8:20am Lap Swim (5)	7:00am-10:40am Lap Swim (5)
Saftey Break	Saftey Break	Saftey Break	Saftey Break	Saftey Break	8:30am-9:15am Water X	
Water X 9:05am-9:50am (5)	Water Power 9:05am-9:50am (5)	Water in Motion 9:05am-9:50am (5)	Aqua Zumba 9:05am-9:50am (5)	Water Power 9:05am-9:50am (5)	9:30am-11:50am Swim Lessons (5)	Saftey Break
Water in Motion 10:00am-10:45am (5)	Water Tabata 10:00am-10:45am (5)	Water Power 10:00am-10:45am (5)	Water X 10:00am-10:45am (Deep End)	Water Power 10:00am-10:45am (5)		Water Power 11:05am-11:50am (5)
10:55am-3:00pm Lap Swim (5)	Aqua Yoga 10:55am-11:40am (5)	10:55am-12:00pm Lap Swim (3) ECLC (2)	10:20am-10:50am Swim Lessons (Shallow end) 10:50am-12:00pm Swim Lessons (3) Lap Swim (2)	10:55am-3:00pm Lap Swim (5)	12:00pm-1:00pm Lap Swim (3) Open Swim (2)	12:00pm-2:40pm Lap Swim (3) Open Swim (2)
	11:50am-3:00pm Lap Swim (5)	12:00pm-3:00pm Lap Swim (5)	12:00pm-3:00pm Lap Swim (5)			
3:00pm-4:05pm Lap Swim (3) Open Swim (2)	3:00pm-4:25pm Lap Swim (3) Open Swim (2)	3:00pm-4:05pm Lap Swim (3) Open Swim (2)	3:00pm-4:30pm Lap Swim (3) Open Swim (2)	3:00pm-6:00pm Lap Swim (3) Open Swim (2)	1:00pm-4:45pm Lap Swim (3) Open Swim (2)	2:45pm-4:45pm Swim Team (5)
4:10pm-6:00pm Lap Swim (1) Swim Lessons (4)	4:30pm-5:35pm Lap Swim (1) Swim Lessons (4)	4:10pm-4:45pm Lap Swim (2) Swim Lesson (3)	4:30-5:00pm Lap Swim (1) Swim Lessons (4)			
	6:00pm-6:30pm Swim Team (1) Swim Lessons (4) 6:30pm-8:30pm Swim Team (5)	5:35pm-8pm Swim Lessons (5)	4:45pm-6:00pm Swim Lessons (5) 5:10pm-5:55pm Deep Water X (4 lanes deep end)	5:00pm-7:25pm Swim Lessons (5)	6:00pm-6:30pm Swim Team (2) Lap Swim (3) 6:30pm-8:30pm Swim Team (5)	CLOSED
6:00pm-6:30pm Swim Team (2) Swim Lessons (3) 6:30pm-8:30pm Swim Team (5)						
CLOSED	8pm-8:45pm LG in-service (1) Swim Lessons (4)	CLOSED	7:25pm-8:45pm Lap Swim (1) Swim Lessons (4)	CLOSED		

During Lap swim, you are required to share a lane with another swimmer if all lanes are full. This may include circle swimming.