



Andover YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 8 & under at Andover Y Practice Mon 5:30p, Games Wed Register	5:30PM-6:30PM (Soccer)						
All Gender Soccer League: 10 & under at Andover Y Practice Mon 6:30p, Games Wed Register	6:30PM-7:30PM (Soccer)						
All Gender Soccer League: 12 & under at Andover Y Practice Mon 7:30p, Games Wed Register	7:30PM-8:30PM (Soccer)						
All Gender Soccer League: 14 & under at Andover Y Practice Mon 7:30p, Games Wed Register	7:30PM-8:30PM (Soccer)						
Studio Combo Studio 2					8:30AM-9:15AM (Cardio & Strength Combo) <i>Tara M.</i>		



Burnsville YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 8 & under at Burnsville Y Practice Mon 5:30p Games Wed Register	5:30PM-6:30PM (Soccer)						
All Gender Soccer League 10 & under at Burnsville Y Practice Mon 6:30p Games Wed Register	6:30PM-7:30PM (Soccer)						
All Gender Soccer League 12 & under at Burnsville Y Practice Mon 7:30p Games Wed Register	7:30PM-8:30PM (Soccer)						
All Gender Soccer League 14 & under at Burnsville Y Practice Mon 7:30p Games Wed Register	7:30PM-8:30PM (Soccer)						
ARC Lifeguard + Oxygen - Recertification 6/29 9 AM-3 PM, 6/30 4 PM-9 PM Register							9:00AM-9:00PM (ARC Lifeguard + Oxygen - Recertification)



White Bear Area YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 8 & under at White Bear Y Practice Mon 5:30p Games Wed Register	5:30PM-6:30PM (Soccer)						
All Gender Soccer League: 10& under at White Bear Y Practice Mon 6:30p Games Wed Register	6:30PM-7:30PM (Soccer)						
All Gender Soccer League: 12&under at White Bear Y Practice Mon 7:30p Games Wed Register	7:30PM-8:30PM (Soccer)						
All Gender Soccer League: 14& under at White Bear Y Practice Mon 7:30p Games Wed Register	7:30PM-8:30PM (Soccer)						
Basketball Class: grades 1-2 @ White Bear Y Tue 5:30p Register		5:30PM-6:30PM (Basketball)					
Track & Field/Running Training: grades 1-4 at White Bear Lake Tue 5:30 PM Register		5:30PM-6:30PM (Track & Field/Running Training)					
Basketball Class: grades 3-4 @ White Bear Y Tue 6:30p Register		6:30PM-7:30PM (Basketball)					
Basketball Class: grades 5-6 @ White Bear Y Tue 6:30p Register		6:30PM-7:30PM (Basketball)					

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Track & Field/Running Training: grades 5-8 at White Bear Lake Tue 6:30 PM Register		6:30PM-7:30PM (Track & Field/Running Training)					
ARC Waterfront Training Module 6/27 10:00 AM-5:30 PM Register					11:00AM-5:30PM (ARC Waterfront Training Module)		
Mat Pilates Studio B					11:45AM-12:30PM (Pilates & Yoga) <i>Devan B.</i>		



Woodbury YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 8 & under at Woodbury Y Practice Mon 5:30p, Games Wed Register	5:30PM-6:30PM (Soccer)						
Woodbury School Age Swim Lessons Stage 5 Mon 6:10 PM Register	6:10PM-6:40PM (School Age)						
All Gender Soccer League: 10 & under at Woodbury Y Practice Mon 6:30p, Games Wed Register	6:30PM-7:30PM (Soccer)						
All Gender Soccer League: 12 & under at Woodbury Y Practice Mon 7:30p, Games Wed Register	7:30PM-8:30PM (Soccer)						
All Gender Soccer League: 14 & under at Woodbury Y Practice Mon 7:30p, Games Wed Register	7:30PM-8:30PM (Soccer)						
Woodbury Preschool Swim Lessons Stages 2-3 Tue 5:35 PM Register		5:35PM-6:05PM (Preschool)					
Woodbury School Age Swim Lessons Stage 4 Wed 5:00 PM Register			5:00PM-5:30PM (School Age)				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Woodbury School Age Swim Lessons Stage 4 Wed 6:10 PM Register			6:10PM-6:40PM (School Age)				
Pickleball Class: Intermediate at Woodbury YMCA Thu 8:00 AM Register				8:00AM-9:00AM (Racket Sports)			
Group Cycle Studio 2 REGISTER				9:15AM-10:00AM (Cardio) <i>Randy B.</i>		9:15AM-10:00AM (Cardio) <i>Staff</i>	
Pickleball Class: Beginner at Woodbury YMCA Thu 9:15 AM Register				9:15AM-10:15AM (Racket Sports)			
Woodbury School Age Swim Lessons Stage 4 Fri 5:00 PM Register					5:00PM-5:30PM (School Age)		
Woodbury Preschool Swim Lessons Stages 2-3 Sat 10:05 AM Register						10:05AM-10:35AM (Preschool)	



Hudson YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Vertical Jump Program at Hudson YMCA Mon/Wed/Fri 5:30-7:00 PM Register	5:30PM-7:00PM (Basketball)		5:30PM-7:00PM (Basketball)		5:30PM-7:00PM (Basketball)		
Basketball Shooting Mechanics at Hudson YMCA Tue/Thu 5:30-7:00 PM Register		5:30PM-7:00PM (Basketball)		5:30PM-7:00PM (Basketball)			
Advanced Basketball Concepts at Hudson YMCA Tue/Thu 7:00-8:30 PM Register		7:00PM-8:30PM (Basketball)		7:00PM-8:30PM (Basketball)			
Mat Pilates Studio 1				9:15AM-10:15AM (Pilates & Yoga) <i>Hallie H.</i>			
6/28 High School Pickup Basketball at Hudson YMCA Register						10:00AM-12:00PM (Pickup Basketball)	



Shoreview YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 10 & under at Shoreview Y Practice Tue 6:30p Games Wed Register	6:30PM-7:30PM (Soccer)						
All Gender Soccer League: 8 & under at Shoreview Y Practice Tue 5:30p Games Wed Register		5:30PM-6:30PM (Soccer)					
All Gender Soccer League: 12 & under at Shoreview Y Practice Tue 7:30p Games Wed Register		7:30PM-8:30PM (Soccer)					
All Gender Soccer League: 14 & under at Shoreview Y Practice Tue 7:30p Games Wed Register		7:30PM-8:30PM (Soccer)					
ForeverWell Combo Studio				8:00AM-9:00AM (55+) <i>Jennifer P.</i>			
Mat Pilates Fusion Studio				9:15AM-10:15AM (Pilates & Yoga) <i>Jennifer P.</i>			
ARC Lifeguard + Oxygen - Full (Blended) 6/27 9AM-5PM, 6/28 8AM-4PM, 6/29 8AM-4PM Register					9:00AM-4:00PM (ARC Lifeguard + Oxygen - Full (Blended))	9:00AM-4:00PM (ARC Lifeguard + Oxygen - Full (Blended))	9:00AM-4:00PM (ARC Lifeguard + Oxygen - Full (Blended))



DICK'S House of Sport | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 8 & under at Dick's HoS Practice Tue 5:00p, Games Wed Register		5:00PM-6:00PM (Soccer)					
All Gender Soccer League: 10 & under at Dick's HoS Practice Tue 6:00p, Games Wed Register		6:00PM-7:00PM (Soccer)					
All Gender Soccer League: 12 & under at Dick's HoS Practice Tue 7:00p, Games Wed Register		7:00PM-8:00PM (Soccer)					
All Gender Soccer League: 14 & under at Dick's HoS Practice Tue 8:00p, Games Wed Register		8:00PM-9:00PM (Soccer)					



Ridgedale YMCA - Minnetonka | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Basketball Class: grades 1-2 at Ridgedale Y Wed 5:00p Register			5:00PM-6:00PM (Basketball)				
Basketball Class: grades 3-4 at Ridgedale Y Wed 6:00p Register			6:00PM-7:00PM (Basketball)				
Basketball Class: grades 5-6 at Ridgedale Y Wed 7:00p Register			7:00PM-8:00PM (Basketball)				



Elk River YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Yoga Studio A				8:15AM-9:15AM (Pilates & Yoga) <i>Kristin G.</i>			
Boot Camp Studio A				9:30AM-10:15AM (Cardio & Strength Combo) <i>Brittany W.</i>			
Indoor Walking Groups Gym					8:00AM-10:00AM (General) <i>Staff</i>		
BodyPump™ Studio A					9:30AM-10:30AM (Strength) <i>Brittany W.</i>		
Mat Pilates Studio A					10:45AM-11:30AM (Pilates & Yoga) <i>Brittany W.</i>		
Group Cycle Studio B						8:15AM-9:00AM (Cardio) <i>Brittany W.</i>	
Tabata Studio A						9:20AM-10:05AM (Cardio & Strength Combo) <i>Brittany W.</i>	
Pickup Volleyball South Gym						10:00AM-12:00PM (Kids & Family) <i>Staff</i>	



Virtual Studio | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Step Southdale Virtual Studio				9:30AM-10:15AM (Cardio & Strength Combo) <i>Jojo G.</i>			
ForeverWell Combo Dayton Virtual Studio				10:30AM-11:15AM (Cardio & Strength Combo) <i>Maureen B.</i>			
Core Conditioning Southdale Virtual Studio				10:30AM-11:00AM (Strength) <i>Jojo G.</i>			



Emma B. Howe YMCA - Coon Rapids | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Parkinson's Cycle Fitness Alcove				10:00AM-11:00AM (55+) <i>Tiffany K.</i>			
Social Group - Happy Hour Emma B. Howe YMCA - Coon Rapids Register					4:00PM-5:00PM (Virtual Social Groups and Classes Social Groups) <i>Kim G.</i>		
ARC Adult CPR/AED - Full (Blended) 6/28 10:00a-11:30a Register						10:00AM-11:30AM (ARC Adult CPR/AED - Full (Blended))	



Hastings YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SilverSneakers™ Yoga Gym				10:15AM-11:00AM (55+) DeAnn N.			
Studio Combo Studio B					8:15AM-9:00AM (Cardio & Strength Combo) DeAnn N.		
Yoga Flow Studio B					9:15AM-10:15AM (Pilates & Yoga) DeAnn N.		



Southdale YMCA - Edina | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball Full Gym Gym				11:00AM-12:45PM (Gym) Staff	10:30AM-3:00PM (General) Staff		
SilverSneakers™ Classic Gym					9:30AM-10:15AM (55+) Jojo G.		
Pickleball Half Gym Gym							9:00AM-11:30AM (General) Staff



Harold Mezile North Community YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball Full Gym Gym				12:00PM-2:00PM (General) Staff			



Southdale YMCA - Edina - Swim | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Vortex Current Channel 18+ Leisure Pool REGISTER				4:20PM-4:50PM (Swim) <i>Staff</i> 4:55PM-5:25PM (Swim) <i>Staff</i> 5:30PM-6:00PM (Swim) <i>Staff</i> 6:05PM-6:35PM (Swim) <i>Staff</i> 6:40PM-7:10PM (Swim) <i>Staff</i>			
Open/Rec Swim Vortex On Leisure Pool REGISTER					5:00PM-5:55PM (Swim) <i>Staff</i> 6:00PM-6:55PM (Swim) <i>Staff</i> 7:00PM-7:55PM (Swim) <i>Staff</i>	9:00AM-9:55AM (Swim) <i>Staff</i> 10:00AM-10:55AM (Swim) <i>Staff</i> 11:00AM-11:55AM (Swim) <i>Staff</i>	
CANCELED: Open/Rec Swim Vortex On Leisure Pool REGISTER						12:00PM-12:55PM (Swim) <i>Staff</i> 1:00PM-1:55PM (Swim) <i>Staff</i> 2:00PM-2:55PM (Swim) <i>Staff</i>	2:00PM-2:50PM (Swim) <i>Staff</i> 3:00PM-3:50PM (Swim) <i>Staff</i> 4:00PM-4:45PM (Swim) <i>Staff</i>



New Hope YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball Full Gym Gym					10:30AM-1:30PM (Gym) Staff		
Adult Water Volleyball Pool					11:00AM-1:00PM (General) Staff		



Eagan YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BodyBalance Studio B					10:45AM-11:45AM (Pilates & Yoga) <i>Tommy S.</i>		



St. Paul YMCA - Eastside | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SilverSneakers™ Classic Studio					10:55AM-11:40AM (55+) Staff		



Dayton at Gaviidae YMCA - Downtown Minneapolis | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
HIIT StudioEx					11:30AM-12:15PM (Cardio & Strength Combo) <i>Jessica W.</i>		



Blaisdell YMCA - South Minneapolis - Swim | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open/Recreation Swim Pool REGISTER					4:00PM-4:55PM (Swim) Staff 5:00PM-5:55PM (Swim) Staff 6:20PM-7:15PM (Swim) Staff		
Open/Recreation Swim Lap Pool REGISTER						1:00PM-1:55PM (Swim) Staff 2:00PM-2:55PM (Swim) Staff 3:00PM-3:55PM (Swim) Staff	