

Hudson YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Hudson YMCA Summer Power M/W/F	6:00AM-6:00PM (Summer Power)		6:00AM-6:00PM (Summer Power)		6:00AM-6:00PM (Summer Power)		
Register							
Vertical Jump Program at Hudson YMCA Mon/Wed/Fri 5:30-7:00 PM	5:30PM-7:00PM (Basketball)		5:30PM-7:00PM (Basketball)		5:30PM-7:00PM (Basketball)		
Register							
6/24-26 Hudson YMCA Summer Power T/Th		6:00AM-6:00PM (Summer Power)		6:00AM-6:00PM (Summer Power)			
Register							
Basketball Shooting Mechanics at Hudson YMCA Tue/Thu 5:30-7:00 PM		5:30PM-7:00PM (Basketball)		5:30PM-7:00PM (Basketball)			
Register							
Advanced Basketball Concepts at Hudson YMCA Tue/Thu 7:00-8:30 PM		7:00PM-8:30PM (Basketball)		7:00PM-8:30PM (Basketball)			
Register							
Mat Pilates Studio 1				9:15AM-10:15AM (Pilates & Yoga) Hallie H.			
6/28 High School Pickup Basketball at Hudson YMCA						10:00AM-12:00PM (Pickup Basketball)	
Register							



Malone Elementary School | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Malone Elementary School Summer School Care M-F	6:00AM-6:00PM (Summer School Care)						
Register							



Andover YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Andover YMCA Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
<u>Register</u>							
All Gender Soccer League: 8 & under at Andover Y Practice Mon 5:30p, Games Wed	5:30PM-6:30PM (Soccer)						
Register							
All Gender Soccer League: 10 & under at Andover Y Practice Mon 6:30p, Games Wed	6:30PM-7:30PM (Soccer)						
Register							
All Gender Soccer League: 12 & under at Andover Y Practice Mon 7:30p, Games Wed	7:30PM-8:30PM (Soccer)						
Register							
All Gender Soccer League: 14 & under at Andover Y Practice Mon 7:30p, Games Wed Register	7:30PM-8:30PM (Soccer)						
6/24-26 Andover YMCA Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
Register							
Studio Strength Studio 3			8:00AM-9:00AM (Strength) Tara M.				
Studio Combo Studio 2					8:30AM-9:15AM (Cardio & Strength Combo) Tara M.		



Deerwood Elementary | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Deerwood Elementary Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Deerwood Elementary Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



East Lake Elementary | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 East Lake Elementary Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 East Lake Elementary Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
Register							



Echo Park Elementary | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Echo Park Elementary Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Echo Park Elementary Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Elk River YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Elk River YMCA Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
Register							
6/24-26 Elk River YMCA Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
Register							
Tabata Studio A		9:30AM-10:15AM (Cardio & Strength Combo) Brittany W.				9:20AM-10:05AM (Cardio & Strength Combo) Brittany W.	
Mat Pilates Studio A		10:30AM-11:15AM (Pilates & Yoga) Brittany W.			10:45AM-11:30AM (Pilates & Yoga) Brittany W.		
Indoor Walking Groups Gym			8:00AM-10:00AM (General) Staff		8:00AM-10:00AM (General) Staff		
Yoga Studio A				8:15AM-9:15AM (Pilates & Yoga) Kristin G.			
Boot Camp Studio A				9:30AM-10:15AM (Cardio & Strength Combo) Brittany W.			
BodyPump™ Studio A					9:30AM-10:30AM (Strength) <i>Brittany W.</i>		
Group Cycle Studio B						8:15AM-9:00AM (Cardio) Brittany W.	
Pickup Volleyball South Gym						10:00AM-12:00PM (Kids & Family) Staff	



Emma B. Howe YMCA - Coon Rapids | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Emma B Howe YMCA Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
Register							
6/24-26 Emma B Howe YMCA Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
Register							
Parkinson's Cycle Fitness Alcove		10:00AM-11:00AM (55+) Tiffany K.		10:00AM-11:00AM (55+) <i>Tiffany K</i> .			
Group Cycle Fitness Alcove			9:30AM-10:15AM (Cardio) Tiffany K.				
Zumba ® Fitness Studio			10:30AM-11:15AM (Dance) Tiffany K.				
Social Group - Happy Hour Emma B. Howe YMCA - Coon Rapids Register					4:00PM-5:00PM (Virtual Social Groups and Classes Social Groups) Kim G.		
ARC Adult CPR/AED - Full (Blended) 6/28 10:00a-11:30a						10:00AM-11:30AM (ARC Adult CPR/AED - Full (Blended))	
Register							



Glacier Hills Elementary | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Glacier Hills Elementary Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Glacier Hills Elementary Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
Register							



Hastings YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Hastings YMCA Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
Register							
6/24-26 Hastings YMCA Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
Register							
Mat Pilates Studio A		5:00PM-5:45PM (Pilates & Yoga) DeAnn N.					
SilverSneakers™ Yoga Gym				10:15AM-11:00AM (55+) DeAnn N.			
Studio Combo Studio B					8:15AM-9:00AM (Cardio & Strength Combo) DeAnn N.		
Yoga Flow Studio B					9:15AM-10:15AM (Pilates & Yoga) DeAnn N.		



Highland Elementary | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Highland Elementary Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Highland Elementary Summer Power T/Th		6:00AM-6:30PM (Summer Power)		6:00AM-6:30PM (Summer Power)			



Lake Elmo Park Reserve | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Lake Elmo Park Reserve Nature Power M/W/F	6:30AM-6:00PM (Nature Power)		6:30AM-6:00PM (Nature Power)		6:30AM-6:00PM (Nature Power)		
Register							
6/24-26 Lake Elmo Park Reserve Nature Power T/Th		6:30AM-6:00PM (Nature Power)		6:30AM-6:00PM (Nature Power)			
Register							



Lakes International Language Academy | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Lakes International Language Academy Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Lakes International Language Academy Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Northview Elementary | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Northview Elementary Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Northview Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Parkview Elementary | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Parkview Elementary Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Parkview Elementary Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Pinewood Community School | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Pinewood Community School Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Pinewood Community School Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Red Pine Elementary | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Red Pine Elementary Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Red Pine Elementary Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Ridgedale YMCA - Minnetonka | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Ridgedale YMCA Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
Register							
6/24-26 Ridgedale YMCA Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
<u>Register</u>							
Basketball Class: grades 1-2 at Ridgedale Y Wed 5:00p			5:00PM-6:00PM (Basketball)				
Register							
Basketball Class: grades 3-4 at Ridgedale Y Wed 6:00p			6:00PM-7:00PM (Basketball)				
Register							
Basketball Class: grades 5-6 at Ridgedale Y Wed 7:00p			7:00PM-8:00PM (Basketball)				
Register							



Rosemount Elementary | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Rosemount Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Rosemount Elementary Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Shannon Park Elementary | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Shannon Park Elementary Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Shannon Park Elementary Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Southdale YMCA - Edina | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Southdale YMCA Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
Register							
6/24-26 Southdale YMCA Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
Register							
Pickleball Full Gym Gym		11:00AM-12:45PM (Gym) Staff	11:30AM-3:00PM (Gym) Staff	11:00AM-12:45PM (Gym) Staff	10:30AM-3:00PM (General) Staff		
ForeverWell Strength Studio A			1:15PM-2:00PM (55+) Jojo G.				
SilverSneakers™ Classic Gym					9:30AM-10:15AM (55+) JoJo G.		
Pickleball Half Gym Gym							9:00AM-11:30AM (General) Staff



St. Paul YMCA - Midway | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 St Paul Midway YMCA Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
Register							
6/24-26 St Paul Midway YMCA Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
Register							
Flow Studio A		10:45AM-11:45AM (Pilates & Yoga) <i>Alexa</i>					
BodyPump™ Studio A			12:00PM-1:00PM (Strength) Staff				



Westview Elementary | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Westview Elementary Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Westview Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



White Bear Area YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 White Bear Area YMCA Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
Register							
White Bear Area School Age Swim Lessons Stage 4 Mon- Fri 1:00 PM	1:00PM-1:40PM (School Age)	1:00PM-1:40PM (School Age)	1:00PM-1:40PM (School Age)	1:00PM-1:40PM (School Age)	1:00PM-1:40PM (School Age)		
Register							
White Bear Area School Age Swim Lessons Stages 5-6 Mon-Fri 1:45 PM	1:45PM-2:25PM (School Age)	1:45PM-2:25PM (School Age)	1:45PM-2:25PM (School Age)	1:45PM-2:25PM (School Age)	1:45PM-2:25PM (School Age)		
Register							
White Bear Area Preschool Swim Lessons Stages 1-2 Mon-Fri 1:45 PM	1:45PM-2:25PM (Preschool)	1:45PM-2:25PM (Preschool)	1:45PM-2:25PM (Preschool)	1:45PM-2:25PM (Preschool)	1:45PM-2:25PM (Preschool)		
Register							
White Bear Area School Age Swim Lessons Stage 4 Mon- Fri 2:30 PM	2:30PM-3:10PM (School Age)	2:30PM-3:10PM (School Age)	2:30PM-3:10PM (School Age)	2:30PM-3:10PM (School Age)	2:30PM-3:10PM (School Age)		
Register							
White Bear Area Preschool Swim Lessons Stage 3 Mon- Fri 2:30 PM	2:30PM-3:10PM (Preschool)	2:30PM-3:10PM (Preschool)	2:30PM-3:10PM (Preschool)	2:30PM-3:10PM (Preschool)	2:30PM-3:10PM (Preschool)		
Register							
White Bear Area School Age Swim Lessons Stages 5-6 Mon-Fri 3:15 PM	3:15PM-3:55PM (School Age)	3:15PM-3:55PM (School Age)	3:15PM-3:55PM (School Age)	3:15PM-3:55PM (School Age)	3:15PM-3:55PM (School Age)		
Register							
White Bear Area School Age Swim Lessons Stages 1-2 Mon-Fri 3:15 PM	3:15PM-3:55PM (School Age)	3:15PM-3:55PM (School Age)	3:15PM-3:55PM (School Age)	3:15PM-3:55PM (School Age)	3:15PM-3:55PM (School Age)		
Register							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 8 & under at White Bear Y Practice Mon 5:30p Games Wed	5:30PM-6:30PM (Soccer)						
Register							
All Gender Soccer League: 10& under at White Bear Y Practice Mon 6:30p Games Wed	6:30PM-7:30PM (Soccer)						
Register							
All Gender Soccer League: 12&under at White Bear Y Practice Mon 7:30p Games Wed	7:30PM-8:30PM (Soccer)						
Register							
All Gender Soccer League: 14& under at White Bear Y Practice Mon 7:30p Games Wed	7:30PM-8:30PM (Soccer)						
Register							
6/24-26 White Bear Area YMCA Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
Register							
Basketball Class: grades 1-2 @ White Bear Y Tue 5:30p		5:30PM-6:30PM (Basketball)					
Register							
Track & Field/Running Training: grades 1-4 at White Bear Lake Tue 5:30 PM		5:30PM-6:30PM (Track & Field/Running Training)					
Register							
Basketball Class: grades 3-4 @ White Bear Y Tue 6:30p		6:30PM-7:30PM (Basketball)					
Register							
Basketball Class: grades 5-6 @ White Bear Y Tue 6:30p		6:30PM-7:30PM (Basketball)					
Register							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Track & Field/Running Training: grades 5-8 at White Bear Lake Tue 6:30 PM		6:30PM-7:30PM (Track & Field/Running Training)					
Register							
ARC Waterfront Training Module 6/27 10:00 AM-5:30 PM					11:00AM-5:30PM (ARC Waterfront Training Module)		
Register							
Mat Pilates Studio B					11:45AM-12:30PM (Pilates & Yoga) Devan B.		



Woodland Elementary | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Woodland Elementary Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Woodland Elementary Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



New Hope YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 New Hope YMCA Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
Register							
6/24-26 New Hope YMCA Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
<u>Register</u>							
Pickleball Full Gym Gym			10:30AM-1:30PM (Gym) Staff		10:30AM-1:30PM (Gym) Staff		
Adult Water Volleyball Pool			11:00AM-1:00PM (General) Staff		11:00AM-1:00PM (General) Staff		



Maplewood YMCA Community Center | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Maplewood Community Center YMCA Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Maplewood Community Center YMCA Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Island Lake Elementary School | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Island Lake Elementary Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Island Lake Elementary Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Sunnyside Elementary SACC | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Sunnyside Elementary Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Sunnyside Elementary Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Bel Air Elementary | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Bel Air Elementary Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Bel Air Elementary Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Valentine Hills Elementary | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Valentine Hills Elementary Summer Power M/W/F	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
6/24-26 Valentine Hills Elementary Summer Power T/Th		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Math Science Academy-MSA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Math Science Academy Summer Power M/W/F	7:00AM-6:00PM (Summer Power)		7:00AM-6:00PM (Summer Power)		7:00AM-6:00PM (Summer Power)		
6/24-26 Math Science Academy Summer Power T/Th		7:00AM-6:00PM (Summer Power)		7:00AM-6:00PM (Summer Power)			



Harold Mezile North Community YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 North Community YMCA Summer Strong Teens M/W/F	7:00AM-5:30PM (Summer Strong Teens)		7:00AM-5:30PM (Summer Strong Teens)		7:00AM-5:30PM (Summer Strong Teens)		
Register							
6/24-26 North Community YMCA Summer Strong Teens T/Th		7:00AM-5:30PM (Summer Strong Teens)		7:00AM-5:30PM (Summer Strong Teens)			
Register							
Pickleball Full Gym Gym				12:00PM-2:00PM (General) Staff			



Woodbury Leadership Academy | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Woodbury Leadership Academy Summer Power M/W/F Register	7:00AM-6:00PM (Summer Power)		7:00AM-6:00PM (Summer Power)		7:00AM-6:00PM (Summer Power)		
6/24-26 Woodbury Leadership Academy Summer Power T/Th		7:00AM-6:00PM (Summer Power)		7:00AM-6:00PM (Summer Power)			



Woodbury YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/23-27 Woodbury YMCA Summer Power Pre-K AM Extended Care M/W/F	8:15AM-9:15AM (Summer Power Pre-K)		8:15AM-9:15AM (Summer Power Pre-K)	-	8:15AM-9:15AM (Summer Power Pre-K)	-	-
Register							
6/23-27 Woodbury YMCA Summer Power Pre-K M/W/F	9:15AM-2:15PM (Summer Power Pre-K)		9:15AM-2:15PM (Summer Power Pre-K)		9:15AM-2:15PM (Summer Power Pre-K)		
Register							
6/23-27 Woodbury YMCA Summer Power Pre-K PM Extended Care M/W/F	2:15PM-4:00PM (Summer Power Pre-K)		2:15PM-4:00PM (Summer Power Pre-K)		2:15PM-4:00PM (Summer Power Pre-K)		
Register							
All Gender Soccer League: 8 & under at Woodbury Y Practice Mon 5:30p, Games Wed	5:30PM-6:30PM (Soccer)						
Register							
Woodbury School Age Swim Lessons Stage 5 Mon 6:10 PM	6:10PM-6:40PM (School Age)						
Register							
All Gender Soccer League: 10 & under at Woodbury Y Practice Mon 6:30p, Games Wed	6:30PM-7:30PM (Soccer)						
<u>Register</u>							
All Gender Soccer League: 12 & under at Woodbury Y Practice Mon 7:30p, Games Wed	7:30PM-8:30PM (Soccer)						
Register							
All Gender Soccer League: 14 & under at Woodbury Y Practice Mon 7:30p, Games Wed	7:30PM-8:30PM (Soccer)						
Register							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6/24-26 Woodbury YMCA Summer Power Pre- K/Toddler AM Extended Care T/Th		8:15AM-9:15AM (Summer Power Pre-K)		8:15AM-9:15AM (Summer Power Pre-K)			
Register							
6/24-26 Woodbury YMCA Summer Power Pre-K T/Th		9:15AM-2:15PM (Summer Power Pre-K)		9:15AM-2:15PM (Summer Power Pre-K)			
Register							
6/24-26 Woodbury YMCA Summer Power Pre-K - Toddlers T/Th		9:15AM-2:15PM (Summer Power Pre-K)		9:15AM-2:15PM (Summer Power Pre-K)			
Register							
6/24-26 Woodbury YMCA Summer Power Pre- K/Toddler PM Extended Care T/Th		2:15PM-4:00PM (Summer Power Pre-K)		2:15PM-4:00PM (Summer Power Pre-K)			
Register							
Woodbury Preschool Swim Lessons Stages 2-3 Tue 5:35 PM		5:35PM-6:05PM (Preschool)					
Register							
Water Ball Lap Pool REGISTER			7:30AM-8:05AM (Water Exercise) Staff				
Woodbury School Age Swim Lessons Stage 4 Wed 5:00 PM			5:00PM-5:30PM (School Age)				
Register							
Woodbury School Age Swim Lessons Stage 4 Wed 6:10 PM			6:10PM-6:40PM (School Age)				
Register							
Pickleball Class: Intermediate at Woodbury YMCA Thu 8:00 AM				8:00AM-9:00AM (Racket Sports)			
Register							
Group Cycle Studio 2 REGISTER				9:15AM-10:00AM (Cardio) Randy B.		9:15AM-10:00AM (Cardio) Staff	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball Class: Beginner at Woodbury YMCA Thu 9:15 AM				9:15AM-10:15AM (Racket Sports)			
Register							
Woodbury School Age Swim Lessons Stage 4 Fri 5:00 PM					5:00PM-5:30PM (School Age)		
Register							
Woodbury Preschool Swim Lessons Stages 2-3 Sat 10:05 AM						10:05AM-10:35AM (Preschool)	
Register							



Forest Lake YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Forest Lake School Age Swim Lessons Stage 3 Mon-Fri 9:10 AM	9:10AM-9:50AM (School Age)	9:10AM-9:50AM (School Age)	9:10AM-9:50AM (School Age)	9:10AM-9:50AM (School Age)	9:10AM-9:50AM (School Age)		
Register							
Forest Lake Preschool Swim Lessons Stage 2 Mon-Thu 9:20 AM	9:20AM-9:50AM (Preschool)	9:20AM-9:50AM (Preschool)	9:20AM-9:50AM (Preschool)	9:20AM-9:50AM (Preschool)			
<u>Register</u>							
Forest Lake School Age Swim Lessons Stage 2 Mon-Thu 9:55 AM	9:55AM-10:25AM (School Age)	9:55AM-10:25AM (School Age)	9:55AM-10:25AM (School Age)	9:55AM-10:25AM (School Age)			
Register							
Forest Lake School Age Swim Lessons Stage 3 Mon-Thu 9:55 AM	9:55AM-10:25AM (School Age)	9:55AM-10:25AM (School Age)	9:55AM-10:25AM (School Age)	9:55AM-10:25AM (School Age)			
Register							
Forest Lake Preschool Swim Lessons Stage 3 Mon-Thu 10:30 AM	10:30AM-11:00AM (Preschool)	10:30AM-11:00AM (Preschool)	10:30AM-11:00AM (Preschool)	10:30AM-11:00AM (Preschool)			
Register							
Forest Lake School Age Swim Lessons Stage 4 Mon-Thu 10:30 AM	10:30AM-11:00AM (School Age)	10:30AM-11:00AM (School Age)	10:30AM-11:00AM (School Age)	10:30AM-11:00AM (School Age)			
Register							
Forest Lake ForeverWell Painting Class: Happy Litte Bluebird Tue 6/24 1:00 PM		1:00PM-3:30PM (Social Activities)					
Register							
ForeverWell Stretch & Strength Studio 1			10:45AM-11:30AM (55+) Tammy S.				



Burnsville YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 8 & under at Burnsville Y Practice Mon 5:30p Games Wed	5:30PM-6:30PM (Soccer)						
Register							
All Gender Soccer League 10 & under at Burnsville Y Practice Mon 6:30p Games Wed	6:30PM-7:30PM (Soccer)						
Register							
All Gender Soccer League 12 & under at Burnsville Y Practice Mon 7:30p Games Wed	7:30PM-8:30PM (Soccer)						
Register							
All Gender Soccer League 14 & under at Burnsville Y Practice Mon 7:30p Games Wed	7:30PM-8:30PM (Soccer)						
Register							
ARC Lifeguard + Oxygen - Recertification 6/29 9 AM-3 PM, 6/30 4 PM-9 PM							9:00AM-9:00PM (ARC Lifeguard + Oxygen - Recertification)
Register							



Shoreview YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 10 & under at Shoreview Y Practice Tue 6:30p Games Wed	6:30PM-7:30PM (Soccer)						
Register							
SilverSneakers™ Circuit Studio		12:45PM-1:30PM (55+) Jennifer P.					
Group Centergy Studio		5:30PM-6:30PM (Pilates & Yoga) Jennifer P.	8:00AM-9:00AM (Pilates & Yoga) Jennifer P.				
All Gender Soccer League: 8 & under at Shoreview Y Practice Tue 5:30p Games Wed		5:30PM-6:30PM (Soccer)					
<u>Register</u>							
All Gender Soccer League: 12 & under at Shoreview Y Practice Tue 7:30p Games Wed		7:30PM-8:30PM (Soccer)					
All Gender Soccer League: 14 & under at Shoreview Y Practice Tue 7:30p Games Wed		7:30PM-8:30PM (Soccer)					
Group Power Studio			9:15AM-10:15AM (Strength) Jennifer P.				
ForeverWell Combo Studio				8:00AM-9:00AM (55+) Jennifer P.			
Mat Pilates Fusion Studio				9:15AM-10:15AM (Pilates & Yoga) Jennifer P.			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ARC Lifeguard + Oxygen - Full (Blended) 6/27 9AM-5PM, 6/28 8AM-4PM, 6/29 8AM-4PM					9:00AM-4:00PM (ARC Lifeguard + Oxygen - Full (Blended))	9:00AM-4:00PM (ARC Lifeguard + Oxygen - Full (Blended))	9:00AM-4:00PM (ARC Lifeguard + Oxygen - Full (Blended))
Register							



Dayton at Gaviidae YMCA - Downtown Minneapolis | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ForeverWell Combo StudioEx		9:30AM-10:15AM (55+) Maureen B.					
ForeverWell Strength StudioEx			10:30AM-11:15AM (55+) Maureen B.				
HIIT StudioEx					11:30AM-12:15PM (Cardio & Strength Combo) Jessica W.		



Eagan YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BodyCombat Studio A		9:30AM-10:30AM (Cardio) Tommy S.					
BodyBalance Studio B					10:45AM-11:45AM (Pilates & Yoga) Tommy S.		



Blaisdell YMCA - South Minneapolis - Swim | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open/Recreation Swim Pool REGISTER		4:00PM-4:55PM (Swim) Staff			4:00PM-4:55PM (Swim) Staff		
		5:00PM-5:55PM (Swim) Staff			5:00PM-5:55PM (Swim) Staff		
		6:20PM-7:15PM (Swim) Staff			6:20PM-7:15PM (Swim) Staff		
Open/Recreation Swim Lap Pool REGISTER						1:00PM-1:55PM (Swim) Staff	
						2:00PM-2:55PM (Swim) Staff	
						3:00PM-3:55PM (Swim) Staff	



Southdale YMCA - Edina - Swim | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Vortex Current Channel 18+ Leisure Pool REGISTER		4:20PM-4:50PM (Swim) Staff		4:20PM-4:50PM (Swim) Staff			
REGISTER		4:55PM-5:25PM (Swim) Staff		4:55PM-5:25PM (Swim) Staff			
		5:30PM-6:00PM (Swim) Staff		5:30PM-6:00PM (Swim) Staff			
		6:05PM-6:35PM (Swim) Staff		6:05PM-6:35PM (Swim) Staff			
		6:40PM-7:10PM (Swim) Staff		6:40PM-7:10PM (Swim) Staff			
Open/Rec Swim Vortex On Leisure Pool REGISTER			5:00PM-5:55PM (Swim) Staff		5:00PM-5:55PM (Swim) Staff	9:00AM-9:55AM (Swim) Staff	2:00PM-2:50PM (Swim) Staff
REGISTER			6:00PM-6:55PM (Swim) Staff		6:00PM-6:55PM (Swim) Staff	10:00AM-10:55AM (Swim) Staff	3:00PM-3:50PM (Swim) Staff
			7:00PM-7:55PM (Swim) Staff		7:00PM-7:55PM (Swim) Staff	11:00AM-11:55AM (Swim) Staff	4:00PM-4:45PM (Swim) Staff
CANCELED: Open/Rec Swim Vortex On Leisure Pool						12:00PM-12:55PM (Swim) Staff	
REGISTER						1:00PM-1:55PM (Swim) Staff	
						2:00PM-2:55PM (Swim) Staff	



DICK'S House of Sport | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 8 & under at Dick's HoS Practice Tue 5:00p, Games Wed		5:00PM-6:00PM (Soccer)					
Register							
All Gender Soccer League: 10 & under at Dick's HoS Practice Tue 6:00p, Games Wed		6:00PM-7:00PM (Soccer)					
Register							
All Gender Soccer League: 12 & under at Dick's HoS Practice Tue 7:00p, Games Wed		7:00PM-8:00PM (Soccer)					
Register							
All Gender Soccer League: 14 & under at Dick's HoS Practice Tue 8:00p, Games Wed		8:00PM-9:00PM (Soccer)					
Register							



Blaisdell YMCA - South Minneapolis | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Coffee Talk Blaisdell YMCA Register			9:45AM-11:00AM (Virtual Social Groups and Classes Coffee Chats and Social Groups) Tami H.				



Virtual Studio | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Step Southdale Virtual Studio				9:30AM-10:15AM (Cardio & Strength Combo) JoJo G.			
ForeverWell Combo Dayton Virtual Studio				10:30AM-11:15AM (Cardio & Strength Combo) Maureen B.			
Core Conditioning Southdale Virtual Studio				10:30AM-11:00AM (Strength) Jojo G.			



St. Paul YMCA - Eastside | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SilverSneakers™ Classic Studio					10:55AM-11:40AM (55+) Staff		