



Hudson YMCA | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Hudson YMCA Summer Power M/W/F Register	6:00AM-6:00PM (Summer Power)		6:00AM-6:00PM (Summer Power)		6:00AM-6:00PM (Summer Power)		
7/15-17 Hudson YMCA Summer Power T/Th Register		6:00AM-6:00PM (Summer Power)		6:00AM-6:00PM (Summer Power)			
Water Exercise Lap Pool			9:00AM-10:00AM (Water Exercise) <i>Staff</i>			8:10AM-8:55AM (Water Exercise) <i>Staff</i>	
Hudson ForeverWell July New Member Orientation 7/16 10:00 AM Register			10:00AM-10:30AM (Classes)				
Hudson ForeverWell East Asian Cooking Class 7/16 11:30 AM Register			11:30AM-1:30PM (Classes)				
Mat Pilates Studio 1				9:15AM-10:15AM (Pilates & Yoga) <i>Hallie H.</i>			
7/19 High School Pickup Basketball at Hudson YMCA Register						10:00AM-12:00PM (Pickup Basketball)	



Malone Elementary School | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Malone Elementary School Summer Power M/W/F Register	6:00AM-6:00PM (Summer Power)		6:00AM-6:00PM (Summer Power)		6:00AM-6:00PM (Summer Power)		
7/15-17 Malone Elementary School Summer Power T/Th Register		6:00AM-6:00PM (Summer Power)		6:00AM-6:00PM (Summer Power)			



Andover YMCA | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Andover YMCA Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
Andover School Age Swim Lessons Stage 4 Mon-Thu 10:00 AM Register	10:00AM-10:30AM (School Age)	10:00AM-10:30AM (School Age)	10:00AM-10:30AM (School Age)	10:00AM-10:30AM (School Age)			
Andover School Age Swim Lessons Stages 1-2 Mon-Thu 10:00 AM Register	10:00AM-10:30AM (School Age)	10:00AM-10:30AM (School Age)	10:00AM-10:30AM (School Age)	10:00AM-10:30AM (School Age)			
Andover Preschool Swim Lessons Stages 1-2 Mon-Thu 10:00 AM Register	10:00AM-10:30AM (Preschool)	10:00AM-10:30AM (Preschool)	10:00AM-10:30AM (Preschool)	10:00AM-10:30AM (Preschool)			
Andover Preschool Swim Lessons Stages 2-3 Mon-Thu 10:35 AM Register	10:35AM-11:05AM (Preschool)	10:35AM-11:05AM (Preschool)	10:35AM-11:05AM (Preschool)	10:35AM-11:05AM (Preschool)			
Andover School Age Swim Lessons Stage 3 Mon-Thu 10:35 AM Register	10:35AM-11:05AM (School Age)	10:35AM-11:05AM (School Age)	10:35AM-11:05AM (School Age)	10:35AM-11:05AM (School Age)			
Andover School Age Swim Lessons Stages 5-6 Mon-Thu 10:35 AM Register	10:35AM-11:05AM (School Age)	10:35AM-11:05AM (School Age)	10:35AM-11:05AM (School Age)	10:35AM-11:05AM (School Age)			
Andover Preschool Swim Lessons Stages 1-2 Mon-Thu 11:10 AM Register	11:10AM-11:40AM (Preschool)	11:10AM-11:40AM (Preschool)	11:10AM-11:40AM (Preschool)	11:10AM-11:40AM (Preschool)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Andover School Age Swim Lessons Stages 1-2 Mon-Thu 11:10 AM Register	11:10AM-11:40AM (School Age)	11:10AM-11:40AM (School Age)	11:10AM-11:40AM (School Age)	11:10AM-11:40AM (School Age)			
Andover School Age Swim Lessons Stage 4 Mon-Thu 11:10 AM Register	11:10AM-11:40AM (School Age)	11:10AM-11:40AM (School Age)	11:10AM-11:40AM (School Age)	11:10AM-11:40AM (School Age)			
Andover Preschool Swim Lessons Stages 2-3 Mon-Thu 11:45 AM Register	11:45AM-12:15PM (Preschool)	11:45AM-12:15PM (Preschool)	11:45AM-12:15PM (Preschool)	11:45AM-12:15PM (Preschool)			
Andover School Age Swim Lessons Stage 3 Mon-Thu 11:45 AM Register	11:45AM-12:15PM (School Age)	11:45AM-12:15PM (School Age)	11:45AM-12:15PM (School Age)	11:45AM-12:15PM (School Age)			
Andover School Age Swim Lessons Stages 5-6 Mon-Thu 11:45 AM Register	11:45AM-12:15PM (School Age)	11:45AM-12:15PM (School Age)	11:45AM-12:15PM (School Age)	11:45AM-12:15PM (School Age)			
7/15-17 Andover YMCA Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
Studio Strength Studio 3			8:00AM-9:00AM (Strength) <i>Tara M.</i>				
Studio Combo Studio 2					8:30AM-9:15AM (Cardio & Strength Combo) <i>Tara M.</i>		



Deerwood Elementary | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Deerwood Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 Deerwood Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



East Lake Elementary | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 East Lake Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 East Lake Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Echo Park Elementary | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Echo Park Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 Echo Park Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Elk River YMCA | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Elk River YMCA Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
BodyPump™ Studio A 9:30AM-10:30AM (Strength) <i>Brittany W.</i>					9:30AM-10:30AM (Strength) <i>Brittany W.</i>		
Elk River Preschool Swim Lessons Stages 1-3 Mon/Wed 10:05 AM Register	10:05AM-10:35AM (Preschool)		10:05AM-10:35AM (Preschool)				
Elk River School Age Swim Lessons Stage 4 Mon/Wed 10:05 AM Register	10:05AM-10:35AM (School Age)		10:05AM-10:35AM (School Age)				
Elk River School Age Swim Lessons Stage 4 Mon/Wed 10:40 AM Register	10:40AM-11:10AM (School Age)		10:40AM-11:10AM (School Age)				
Elk River School Age Swim Lessons Stages 5-6 Mon/Wed 11:15 AM Register	11:15AM-11:45AM (School Age)		11:15AM-11:45AM (School Age)				
7/15-17 Elk River YMCA Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
Tabata Studio A 9:30AM-10:15AM (Cardio & Strength Combo) <i>Brittany W.</i>						9:20AM-10:05AM (Cardio & Strength Combo) <i>Brittany W.</i>	
Mat Pilates Studio A 10:30AM-11:15AM (Pilates & Yoga) <i>Brittany W.</i>					10:45AM-11:30AM (Pilates & Yoga) <i>Brittany W.</i>		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Elk River School Age Swim Lessons Stage 4 Tue/Thu 4:30 PM Register		4:30PM-5:00PM (School Age)		4:30PM-5:00PM (School Age)			
Elk River School Age Swim Lessons Stage 4 Tue/Thu 5:05 PM Register		5:05PM-5:35PM (School Age)		5:05PM-5:35PM (School Age)			
Elk River School Age Swim Lessons Stages 5-6 Tue/Thu 5:40 PM Register		5:40PM-6:10PM (School Age)		5:40PM-6:10PM (School Age)			
Elk River School Age Swim Lessons Stages 5-6 Tue/Thu 6:15 PM Register		6:15PM-6:45PM (School Age)		6:15PM-6:45PM (School Age)			
Indoor Walking Groups Gym			8:00AM-10:00AM (General) <i>Staff</i>		8:00AM-10:00AM (General) <i>Staff</i>		
Yoga Studio A				8:15AM-9:15AM (Pilates & Yoga) <i>Kristin G.</i>			
Boot Camp Studio A				9:30AM-10:15AM (Cardio & Strength Combo) <i>Brittany W.</i>			
Group Cycle Studio B REGISTER						8:15AM-9:00AM (Cardio) <i>Brittany W.</i>	
Pickup Volleyball South Gym						10:00AM-12:00PM (Kids & Family) <i>Staff</i>	



Emma B. Howe YMCA - Coon Rapids | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Emma B Howe YMCA Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
Group Cycle Fitness Alcove	10:30AM-11:15AM (Cardio) <i>Tiffany K.</i>		9:30AM-10:15AM (Cardio) <i>Tiffany K.</i>				
7/15-17 Emma B Howe YMCA Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
Emma B Howe Preschool Swim Lessons Stage 2 Tue/Thu 9:00 AM Register		9:00AM-9:30AM (Preschool)		9:00AM-9:30AM (Preschool)			
Emma B Howe School Age Swim Lessons Stages 2-3 Tue/Thu 9:00 AM Register		9:00AM-9:30AM (School Age)		9:00AM-9:30AM (School Age)			
Emma B Howe Adult Swim Lessons Stages 1-2 Tue/Thu 9:00 AM Register		9:00AM-9:30AM (Teen/Adult)		9:00AM-9:30AM (Teen/Adult)			
Emma B Howe Preschool Swim Lessons Stage 1 Tue/Thu 9:35 AM Register		9:35AM-10:03AM (Preschool)		9:35AM-10:03AM (Preschool)			
Emma B Howe School Age Swim Lessons Stage 1 Tue/Thu 9:35 AM Register		9:35AM-10:05AM (School Age)		9:35AM-10:05AM (School Age)			
Emma B Howe Adult Swim Lessons Stage 3 Tue/Thu 9:35 AM Register		9:35AM-10:05AM (Teen/Adult)		9:35AM-10:05AM (Teen/Adult)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Parkinson's Cycle Fitness Alcove		10:00AM-11:00AM (55+) <i>Tiffany K.</i>		10:00AM-11:00AM (55+) <i>Tiffany K.</i>			
Emma B Howe Preschool Swim Lessons Stages 2-3 Tue/Thu 10:10 AM Register		10:10AM-10:40AM (Preschool)		10:10AM-10:40AM (Preschool)			
Emma B Howe School Age Swim Lessons Stages 5-6 Tue/Thu 10:10 AM Register		10:10AM-10:40AM (School Age)		10:10AM-10:40AM (School Age)			
Emma B Howe School Age Swim Lessons Stage 4 Tue/Thu 10:10 AM Register		10:10AM-10:40AM (School Age)		10:10AM-10:40AM (School Age)			
Zumba® Fitness Studio			10:30AM-11:15AM (Dance) <i>Tiffany K.</i>				
Social Group - Happy Hour Emma B. Howe YMCA - Coon Rapids Register					4:00PM-5:00PM (Virtual Social Groups and Classes Social Groups) <i>Kim G.</i>		
ARC CPR for the Professional Rescuer (1 Year) - Challenge 7/20 12:00 PM-2:30 PM Register							12:00PM-2:30PM (ARC CPR for the Professional Rescuer (1 Year) - Challenge)



Glacier Hills Elementary | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Glacier Hills Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 Glacier Hills Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Hastings YMCA | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Hastings YMCA Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
Mat Pilates Studio B 8:15AM-9:00AM (Pilates & Yoga) <i>DeAnn N.</i>							
SilverSneakers™ Classic Gym 10:15AM-11:00AM (55+) <i>DeAnn N.</i>							
Hastings School Age Swim Lessons Stage 4 Mon/Wed 4:00 PM Register	4:00PM-4:30PM (School Age)		4:00PM-4:30PM (School Age)				
Hastings School Age Swim Lessons Stages 5-6 Mon/Wed 4:35 PM Register	4:35PM-5:05PM (School Age)		4:35PM-5:05PM (School Age)				
Hastings Preschool Swim Lessons Stages 1-3 Mon/Wed 5:15 PM Register	5:15PM-5:45PM (Preschool)		5:15PM-5:45PM (Preschool)				
Hastings School Age Swim Lessons Stages 1-3 Mon/Wed 5:50 PM Register	5:50PM-6:20PM (School Age)		5:50PM-6:20PM (School Age)				
Hastings 8 session Private One-on-One Swim Lesson Mon/Wed 6:25 PM Register	6:25PM-6:55PM (One-on-One Lessons)		6:25PM-6:55PM (One-on-One Lessons)				
7/15-17 Hastings YMCA Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hastings Preschool Swim Lessons Stages 1-3 Tue/Thu 8:00 AM Register		8:00AM-8:30AM (Preschool)		8:00AM-8:30AM (Preschool)			
Hastings School Age Swim Lessons Stages 1-3 Tue/Thu 8:35 AM Register		8:35AM-9:05AM (School Age)		8:35AM-9:05AM (School Age)			
Hastings School Age Swim Lessons Stage 4 Tue/Thu 9:15 AM Register		9:15AM-9:45AM (School Age)		9:15AM-9:45AM (School Age)			
Hastings School Age Swim Lessons Stages 5-6 Tue/Thu 9:50 AM Register		9:50AM-10:20AM (School Age)		9:50AM-10:20AM (School Age)			
Hastings School Age Swim Lessons Stages 1-3 Tue/Thu 10:25 AM Register		10:25AM-10:55AM (School Age)		10:25AM-10:55AM (School Age)			
Hastings Preschool Swim Lessons Stages 1-3 Tue/Thu 4:00 PM Register		4:00PM-4:30PM (Preschool)		4:00PM-4:30PM (Preschool)			
Hastings School Age Swim Lessons Stages 1-3 Tue/Thu 4:35 PM Register		4:35PM-5:05PM (School Age)		4:35PM-5:05PM (School Age)			
Mat Pilates Studio A		5:00PM-5:45PM (Pilates & Yoga) <i>DeAnn N.</i>					
Hastings School Age Swim Lessons Stage 4 Tue/Thu 5:10 PM Register		5:10PM-5:40PM (School Age)		5:10PM-5:40PM (School Age)			
Hastings School Age Swim Lessons Stages 1-3 Tue/Thu 5:45 PM Register		5:45PM-6:15PM (School Age)		5:45PM-6:15PM (School Age)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SilverSneakers™ Yoga Gym				10:15AM-11:00AM (55+) <i>DeAnn N.</i>			
Studio Combo Studio B					8:15AM-9:00AM (Cardio & Strength Combo) <i>DeAnn N.</i>		
Yoga Flow Studio B					9:15AM-10:15AM (Pilates & Yoga) <i>DeAnn N.</i>		



Highland Elementary | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Highland Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 Highland Elementary Summer Power T/Th Register		6:00AM-6:30PM (Summer Power)		6:00AM-6:30PM (Summer Power)			



Lake Elmo Park Reserve | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Lake Elmo Park Reserve Nature Power M/W/F Register	6:30AM-6:00PM (Nature Power)		6:30AM-6:00PM (Nature Power)		6:30AM-6:00PM (Nature Power)		
7/15-17 Lake Elmo Park Reserve Nature Power T/Th Register		6:30AM-6:00PM (Nature Power)		6:30AM-6:00PM (Nature Power)			



Lakes International Language Academy | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Lakes International Language Academy Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 Lakes International Language Academy Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Northview Elementary | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Northview Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 Northview Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Parkview Elementary | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Parkview Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 Parkview Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Pinewood Community School | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Pinewood Community School Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 Pinewood Community School Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Red Pine Elementary | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Red Pine Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 Red Pine Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Ridgedale YMCA - Minnetonka | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Ridgedale YMCA Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 Ridgedale YMCA Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Rosemount Elementary | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Rosemount Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 Rosemount Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Shannon Park Elementary | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Shannon Park Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 Shannon Park Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Southdale YMCA - Edina | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Southdale YMCA Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
ForeverWell Combo Studio A	8:30AM-9:15AM (55+) <i>JoJo G.</i>						
Pickleball Full Gym	11:30AM-2:30PM (Gym) <i>Staff</i>	11:00AM-12:45PM (Gym) <i>Staff</i>	11:30AM-3:00PM (Gym) <i>Staff</i>	11:00AM-12:45PM (Gym) <i>Staff</i>	10:30AM-3:00PM (General) <i>Staff</i>		
7/15-17 Southdale YMCA Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
ForeverWell Strength Studio A			1:15PM-2:00PM (55+) <i>JoJo G.</i>				
SilverSneakers™ Classic Gym					9:30AM-10:15AM (55+) <i>JoJo G.</i>		
Pickleball Half Gym							9:00AM-11:30AM (General) <i>Staff</i>



St. Paul YMCA - Midway | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 St Paul Midway YMCA Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 St Paul Midway YMCA Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
Flow Studio A		10:45AM-11:45AM (Pilates & Yoga) <i>Alexa</i>					
BodyPump™ Studio A			12:00PM-1:00PM (Strength) <i>Staff</i>				



Westview Elementary | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Westview Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 Westview Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



White Bear Area YMCA | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 White Bear Area YMCA Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
White Bear Area School Age Swim Lessons Stage 4 Mon-Thu 9:00 AM Register	9:00AM-9:30AM (School Age)	9:00AM-9:30AM (School Age)	9:00AM-9:30AM (School Age)	9:00AM-9:30AM (School Age)			
White Bear Area School Age Swim Lessons Stages 1-2 Mon-Thu 9:00 AM Register	9:00AM-9:30AM (School Age)	9:00AM-9:30AM (School Age)	9:00AM-9:30AM (School Age)	9:00AM-9:30AM (School Age)			
White Bear Area School Age Swim Lessons Stage 3 Mon-Thu 9:35 AM Register	9:35AM-10:05AM (School Age)	9:35AM-10:05AM (School Age)	9:35AM-10:05AM (School Age)	9:35AM-10:05AM (School Age)			
White Bear Area Preschool Swim Lessons Stages 1-2 Mon-Thu 9:35 AM Register	9:35AM-10:05AM (Preschool)	9:35AM-10:05AM (Preschool)	9:35AM-10:05AM (Preschool)	9:35AM-10:05AM (Preschool)			
White Bear Area School Age Swim Lessons Stages 5-6 Mon-Thu 9:35 AM Register	9:35AM-10:05AM (School Age)	9:35AM-10:05AM (School Age)	9:35AM-10:05AM (School Age)	9:35AM-10:05AM (School Age)			
CXL White Bear Area Competitive Stroke & Turn Development Mon-Thu 10:10 AM Register	10:10AM-10:50AM (Classes)	10:10AM-10:50AM (Classes)	10:10AM-10:50AM (Classes)	10:10AM-10:50AM (Classes)			
White Bear Area Preschool Swim Lessons Stages 1-2 Mon-Thu 10:10 AM Register	10:10AM-10:40AM (Preschool)	10:10AM-10:40AM (Preschool)	10:10AM-10:40AM (Preschool)	10:10AM-10:40AM (Preschool)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
White Bear Area School Age Swim Lessons Stages 1-2 Mon-Thu 10:10 AM Register	10:10AM-10:40AM (School Age)	10:10AM-10:40AM (School Age)	10:10AM-10:40AM (School Age)	10:10AM-10:40AM (School Age)			
White Bear Area School Age Swim Lessons Stage 4 Mon-Thu 10:45 AM Register	10:45AM-11:15AM (School Age)	10:45AM-11:15AM (School Age)	10:45AM-11:15AM (School Age)	10:45AM-11:15AM (School Age)			
White Bear Area School Age Swim Lessons Stage 3 Mon-Thu 10:45 AM Register	10:45AM-11:15AM (School Age)	10:45AM-11:15AM (School Age)	10:45AM-11:15AM (School Age)	10:45AM-11:15AM (School Age)			
White Bear Area School Age Swim Lessons Stage 4 Mon-Fri 1:00 PM Register	1:00PM-1:40PM (School Age)	1:00PM-1:40PM (School Age)	1:00PM-1:40PM (School Age)	1:00PM-1:40PM (School Age)	1:00PM-1:40PM (School Age)		
White Bear Area Preschool Swim Lessons Stages 1-2 Mon-Fri 1:00 PM Register	1:00PM-1:40PM (Preschool)	1:00PM-1:40PM (Preschool)	1:00PM-1:40PM (Preschool)	1:00PM-1:40PM (Preschool)	1:00PM-1:40PM (Preschool)		
White Bear Area School Age Swim Lessons Stages 5-6 Mon-Fri 1:45 PM Register	1:45PM-2:25PM (School Age)	1:45PM-2:25PM (School Age)	1:45PM-2:25PM (School Age)	1:45PM-2:25PM (School Age)	1:45PM-2:25PM (School Age)		
White Bear Area School Age Swim Lessons Stage 4 Mon-Fri 2:30 PM Register	2:30PM-3:10PM (School Age)	2:30PM-3:10PM (School Age)	2:30PM-3:10PM (School Age)	2:30PM-3:10PM (School Age)	2:30PM-3:10PM (School Age)		
White Bear Area School Age Swim Lessons Stages 1-2 Mon-Fri 2:30 PM Register	2:30PM-3:10PM (School Age)	2:30PM-3:10PM (School Age)	2:30PM-3:10PM (School Age)	2:30PM-3:10PM (School Age)	2:30PM-3:10PM (School Age)		
White Bear Area School Age Swim Lessons Stage 3 Mon-Fri 3:15 PM Register	3:15PM-3:55PM (School Age)	3:15PM-3:55PM (School Age)	3:15PM-3:55PM (School Age)	3:15PM-3:55PM (School Age)	3:15PM-3:55PM (School Age)		
7/15-17 White Bear Area YMCA Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Mat Pilates Studio B					11:45AM-12:30PM (Pilates & Yoga) <i>Devan B.</i>		



Woodland Elementary | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Woodland Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 Woodland Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



New Hope YMCA | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 New Hope YMCA Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
Pickleball Full Gym Gym <i>Staff</i>	10:30AM-1:30PM (Gym) <i>Staff</i>		10:30AM-1:30PM (Gym) <i>Staff</i>		10:30AM-1:30PM (Gym) <i>Staff</i>		
Adult Water Volleyball Pool <i>Staff</i>	11:00AM-1:00PM (General) <i>Staff</i>		11:00AM-1:00PM (General) <i>Staff</i>		11:00AM-1:00PM (General) <i>Staff</i>		
7/15-17 New Hope YMCA Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
New Hope School Age Swim Lessons Stages 1-2 Tue/Thu 9:30 AM Register		9:30AM-10:00AM (School Age)		9:30AM-10:00AM (School Age)			
New Hope School Age Swim Lessons Stages 3-4 Tue/Thu 10:05 AM Register		10:05AM-10:35AM (School Age)		10:05AM-10:35AM (School Age)			
New Hope School Age Swim Lessons Stages 5-6 Tue/Thu 10:05 AM Register		10:05AM-10:35AM (School Age)		10:05AM-10:35AM (School Age)			
New Hope Preschool Swim Lessons Stages 1-3 Tue/Thu 10:40 AM Register		10:40AM-11:10AM (Preschool)		10:40AM-11:10AM (Preschool)			
New Hope School Age Swim Lessons Stage 4 Tue/Thu 10:40 AM Register		10:40AM-11:10AM (School Age)		10:40AM-11:10AM (School Age)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Hope School Age Swim Lessons Stages 1-2 Tue/Thu 11:15 AM Register		11:15AM-11:45AM (School Age)		11:15AM-11:45AM (School Age)			



Maplewood YMCA Community Center | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Maplewood Community Center YMCA Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/15-17 Maplewood Community Center YMCA Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Island Lake Elementary School | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Island Lake Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/14-18 Island Lake Elementary Summer School Care M-F Register	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)		
7/15-17 Island Lake Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Sunnyside Elementary SACC | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Sunnyside Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/14-18 Sunnyside Elementary Summer School Care M-F Register	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)		
7/15-17 Sunnyside Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Bel Air Elementary | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Bel Air Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/14-18 Bel Air Elementary Summer School Care M-F Register	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)		
7/15-17 Bel Air Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Valentine Hills Elementary | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Valentine Hills Elementary Summer Power M/W/F Register	6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)		
7/14-18 Valentine Hills Elementary Summer School Care M-F Register	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)	6:30AM-6:00PM (Summer School Care)		
7/15-17 Valentine Hills Elementary Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			



Math Science Academy-MSA | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Math Science Academy Summer Power M/W/F Register	7:00AM-6:00PM (Summer Power)		7:00AM-6:00PM (Summer Power)		7:00AM-6:00PM (Summer Power)		
7/15-17 Math Science Academy Summer Power T/Th Register		7:00AM-6:00PM (Summer Power)		7:00AM-6:00PM (Summer Power)			



Harold Mezile North Community YMCA | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 North Community YMCA Summer Strong Teens M/W/F Register	7:00AM-5:30PM (Summer Strong Teens)		7:00AM-5:30PM (Summer Strong Teens)		7:00AM-5:30PM (Summer Strong Teens)		
7/15-17 North Community YMCA Summer Strong Teens T/Th Register		7:00AM-5:30PM (Summer Strong Teens)		7:00AM-5:30PM (Summer Strong Teens)			
North Community Preschool Swim Lessons Stages 1-4 Tue/Thu 9:30 AM Register		9:30AM-10:00AM (Preschool)		9:30AM-10:00AM (Preschool)			
North Community School Age Swim Lessons Stages 1-4 Tue/Thu 10:05 AM Register		10:05AM-10:35AM (School Age)		10:05AM-10:35AM (School Age)			
North Community School Age Swim Lessons Stages 3-4 Tue/Thu 10:40 AM Register		10:40AM-11:10AM (School Age)		10:40AM-11:10AM (School Age)			
Pickleball Full Gym Gym				12:00PM-2:00PM (General) <i>Staff</i>			



Woodbury Leadership Academy | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Woodbury Leadership Academy Summer Power M/W/F Register	7:00AM-6:00PM (Summer Power)		7:00AM-6:00PM (Summer Power)		7:00AM-6:00PM (Summer Power)		
7/15-17 Woodbury Leadership Academy Summer Power T/Th Register		7:00AM-6:00PM (Summer Power)		7:00AM-6:00PM (Summer Power)			



Shoreview YMCA | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Group Active Studio	8:00AM-9:00AM (Cardio & Strength Combo) <i>Jennifer P.</i>						
Shoreview School Age Swim Lessons Stage 3 Mon-Thu 9:30 AM Register	9:30AM-10:00AM (School Age)	9:30AM-10:00AM (School Age)	9:30AM-10:00AM (School Age)	9:30AM-10:00AM (School Age)			
Shoreview School Age Swim Lessons Stages 1-2 Mon-Thu 9:30 AM Register	9:30AM-10:00AM (School Age)	9:30AM-10:00AM (School Age)	9:30AM-10:00AM (School Age)	9:30AM-10:00AM (School Age)			
Shoreview Preschool Swim Lessons Stages 1-2 Mon-Thu 9:30 AM Register	9:30AM-10:00AM (Preschool)	9:30AM-10:00AM (Preschool)	9:30AM-10:00AM (Preschool)	9:30AM-10:00AM (Preschool)			
Shoreview Preschool Swim Lessons Stages 2-3 Mon-Thu 10:05 AM Register	10:05AM-10:35AM (Preschool)	10:05AM-10:35AM (Preschool)	10:05AM-10:35AM (Preschool)	10:05AM-10:35AM (Preschool)			
Shoreview School Age Swim Lessons Stages 5-6 Mon-Thu 10:05 AM Register	10:05AM-10:35AM (School Age)	10:05AM-10:35AM (School Age)	10:05AM-10:35AM (School Age)	10:05AM-10:35AM (School Age)			
Shoreview School Age Swim Lessons Stage 4 Mon-Thu 10:05 AM Register	10:05AM-10:35AM (School Age)	10:05AM-10:35AM (School Age)	10:05AM-10:35AM (School Age)	10:05AM-10:35AM (School Age)			
Shoreview Preschool Swim Lessons Stages 1-2 Mon-Thu 10:40 AM Register	10:40AM-11:10AM (Preschool)	10:40AM-11:10AM (Preschool)	10:40AM-11:10AM (Preschool)	10:40AM-11:10AM (Preschool)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Shoreview School Age Swim Lessons Stage 3 Mon-Thu 10:40 AM Register	10:40AM-11:10AM (School Age)	10:40AM-11:10AM (School Age)	10:40AM-11:10AM (School Age)	10:40AM-11:10AM (School Age)			
Shoreview School Age Swim Lessons Stages 1-2 Mon-Thu 10:40 AM Register	10:40AM-11:10AM (School Age)	10:40AM-11:10AM (School Age)	10:40AM-11:10AM (School Age)	10:40AM-11:10AM (School Age)			
Shoreview Preschool Swim Lessons Stages 2-3 Mon-Thu 11:15 AM Register	11:15AM-11:45AM (Preschool)	11:15AM-11:45AM (Preschool)	11:15AM-11:45AM (Preschool)	11:15AM-11:45AM (Preschool)			
Shoreview School Age Swim Lessons Stage 4 Mon-Thu 11:15 AM Register	11:15AM-11:45AM (School Age)	11:15AM-11:45AM (School Age)	11:15AM-11:45AM (School Age)	11:15AM-11:45AM (School Age)			
Shoreview School Age Swim Lessons Stages 1-2 Mon-Thu 11:15 AM Register	11:15AM-11:45AM (School Age)	11:15AM-11:45AM (School Age)	11:15AM-11:45AM (School Age)	11:15AM-11:45AM (School Age)			
Shoreview Preschool Swim Lessons Stages 1-2 Mon/Wed 1:15 PM Register	1:15PM-1:45PM (Preschool)		1:15PM-1:45PM (Preschool)				
Shoreview School Age Swim Lessons Stages 1-2 Mon/Wed 1:15 PM Register	1:15PM-1:45PM (School Age)		1:15PM-1:45PM (School Age)				
Shoreview School Age Swim Lessons Stage 3 Mon/Wed 1:15 PM Register	1:15PM-1:45PM (School Age)		1:15PM-1:45PM (School Age)				
SilverSneakers™ Classic Studio 1:35PM-2:20PM (55+) <i>Jennifer P.</i>							
Shoreview Preschool Swim Lessons Stages 2-3 Mon/Wed 1:50 PM Register	1:50PM-2:20PM (Preschool)		1:50PM-2:20PM (Preschool)				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Shoreview School Age Swim Lessons Stage 4 Mon/Wed 1:50 PM Register	1:50PM-2:20PM (School Age)		1:50PM-2:20PM (School Age)				
Shoreview School Age Swim Lessons Stages 5-6 Mon/Wed 1:50 PM Register	1:50PM-2:20PM (School Age)		1:50PM-2:20PM (School Age)				
Shoreview Preschool Swim Lessons Stages 1-2 Mon/Wed 2:25 PM Register	2:25PM-2:55PM (Preschool)		2:25PM-2:55PM (Preschool)				
Shoreview School Age Swim Lessons Stages 1-2 Mon/Wed 2:25 PM Register	2:25PM-2:55PM (School Age)		2:25PM-2:55PM (School Age)				
Shoreview School Age Swim Lessons Stage 3 Mon/Wed 2:25 PM Register	2:25PM-2:55PM (School Age)		2:25PM-2:55PM (School Age)				
Shoreview Preschool Swim Lessons Stages 2-3 Mon/Wed 3:00 PM Register	3:00PM-3:30PM (Preschool)		3:00PM-3:30PM (Preschool)				
Shoreview School Age Swim Lessons Stage 3 Mon/Wed 3:00 PM Register	3:00PM-3:30PM (School Age)		3:00PM-3:30PM (School Age)				
Shoreview School Age Swim Lessons Stages 1-2 Mon/Wed 3:00 PM Register	3:00PM-3:30PM (School Age)		3:00PM-3:30PM (School Age)				
Shoreview Diving Lessons 1 Mon-Thu 3:15 PM Register	3:15PM-3:55PM (Classes)	3:15PM-3:55PM (Classes)	3:15PM-3:55PM (Classes)	3:15PM-3:55PM (Classes)			
Shoreview Diving Lessons 2 Mon-Thu 4:05 PM Register	4:05PM-4:45PM (Classes)	4:05PM-4:45PM (Classes)	4:05PM-4:45PM (Classes)	4:05PM-4:45PM (Classes)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SilverSneakers™ Circuit Studio		12:45PM-1:30PM (55+) <i>Jennifer P.</i>					
Shoreview Preschool Swim Lessons Stages 1-2 Tue/Thu 1:15 PM Register		1:15PM-1:45PM (Preschool)		1:15PM-1:45PM (Preschool)			
Shoreview School Age Swim Lessons Stages 1-2 Tue/Thu 1:15 PM Register		1:15PM-1:45PM (School Age)		1:15PM-1:45PM (School Age)			
Shoreview School Age Swim Lessons Stage 3 Tue/Thu 1:15 PM Register		1:15PM-1:45PM (School Age)		1:15PM-1:45PM (School Age)			
Shoreview Preschool Swim Lessons Stages 2-3 Tue/Thu 1:50 PM Register		1:50PM-2:20PM (Preschool)		1:50PM-2:20PM (Preschool)			
Shoreview School Age Swim Lessons Stage 4 Tue/Thu 1:50 PM Register		1:50PM-2:20PM (School Age)		1:50PM-2:20PM (School Age)			
Shoreview School Age Swim Lessons Stages 5-6 Tue/Thu 1:50 PM Register		1:50PM-2:20PM (School Age)		1:50PM-2:20PM (School Age)			
Shoreview Preschool Swim Lessons Stages 1-2 Tue/Thu 2:25 PM Register		2:25PM-2:55PM (Preschool)		2:25PM-2:55PM (Preschool)			
Shoreview School Age Swim Lessons Stages 1-2 Tue/Thu 2:25 PM Register		2:25PM-2:55PM (School Age)		2:25PM-2:55PM (School Age)			
Shoreview School Age Swim Lessons Stage 3 Tue/Thu 2:25 PM Register		2:25PM-2:55PM (School Age)		2:25PM-2:55PM (School Age)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Shoreview Preschool Swim Lessons Stages 2-3 Tue/Thu 3:00 PM Register		3:00PM-3:30PM (Preschool)		3:00PM-3:30PM (Preschool)			
Shoreview School Age Swim Lessons Stage 3 Tue/Thu 3:00 PM Register		3:00PM-3:30PM (School Age)		3:00PM-3:30PM (School Age)			
Shoreview School Age Swim Lessons Stages 1-2 Tue/Thu 3:00 PM Register		3:00PM-3:30PM (School Age)		3:00PM-3:30PM (School Age)			
Group Centergy Studio		5:30PM-6:30PM (Pilates & Yoga) <i>Jennifer P.</i>	8:00AM-9:00AM (Pilates & Yoga) <i>Jennifer P.</i>				
Group Power Studio			9:15AM-10:15AM (Strength) <i>Jennifer P.</i>				
ForeverWell Combo Studio				8:00AM-9:00AM (55+) <i>Jennifer P.</i>			
Mat Pilates Fusion Studio				9:15AM-10:15AM (Pilates & Yoga) <i>Jennifer P.</i>			



Woodbury YMCA | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7/14-18 Woodbury YMCA Summer Power Pre-K AM Extended Care M/W/F Register	8:15AM-9:15AM (Summer Power Pre-K)		8:15AM-9:15AM (Summer Power Pre-K)		8:15AM-9:15AM (Summer Power Pre-K)		
7/14-18 Woodbury YMCA Summer Power Pre-K M/W/F Register	9:15AM-2:15PM (Summer Power Pre-K)		9:15AM-2:15PM (Summer Power Pre-K)		9:15AM-2:15PM (Summer Power Pre-K)		
7/14-18 Woodbury YMCA Summer Power Pre-K PM Extended Care M/W/F Register	2:15PM-4:00PM (Summer Power Pre-K)		2:15PM-4:00PM (Summer Power Pre-K)		2:15PM-4:00PM (Summer Power Pre-K)		
Woodbury Parent/Child Swim Starters Stages A-B Mon/Wed 5:00 PM Register	5:00PM-5:30PM (Parent/Child)		5:00PM-5:30PM (Parent/Child)				
Woodbury Preschool Swim Lessons Stages 1-2 Mon/Wed 5:00 PM Register	5:00PM-5:30PM (Preschool)		5:00PM-5:30PM (Preschool)				
Woodbury School Age Swim Lessons Stages 1-2 Mon/Wed 5:00 PM Register	5:00PM-5:30PM (School Age)		5:00PM-5:30PM (School Age)				
Woodbury School Age Swim Lessons Stage 3 Mon/Wed 5:00 PM Register	5:00PM-5:30PM (School Age)		5:00PM-5:30PM (School Age)				
Woodbury Preschool Swim Lessons Stages 2-3 Mon/Wed 5:35 PM Register	5:35PM-6:05PM (Preschool)		5:35PM-6:05PM (Preschool)				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Woodbury School Age Swim Lessons Stage 4 Mon/Wed 5:35 PM Register	5:35PM-6:05PM (School Age)		5:35PM-6:05PM (School Age)				
Woodbury School Age Swim Lessons Stages 1-2 Mon/Wed 5:35 PM Register	5:35PM-6:05PM (School Age)		5:35PM-6:05PM (School Age)				
Woodbury Swim Safety Lessons - Ages 4-6 Mon/Wed 5:35 PM Register	5:35PM-6:05PM (Swim Safety)		5:35PM-6:05PM (Swim Safety)				
Woodbury School Age Swim Lessons Stage 5 Mon 6:10 PM Register	6:10PM-6:40PM (School Age)						
Woodbury Preschool Swim Lessons Stages 1-2 Mon/Wed 6:10 PM Register	6:10PM-6:40PM (Preschool)		6:10PM-6:40PM (Preschool)				
Woodbury School Age Swim Lessons Stages 1-2 Mon/Wed 6:10 PM Register	6:10PM-6:40PM (School Age)		6:10PM-6:40PM (School Age)				
Woodbury School Age Swim Lessons Stage 3 Mon/Wed 6:10 PM Register	6:10PM-6:40PM (School Age)		6:10PM-6:40PM (School Age)				
Woodbury Teen Swim Lessons Stages 1-3 Mon/Wed 6:10 PM Register	6:10PM-6:40PM (Teen/Adult)		6:10PM-6:40PM (Teen/Adult)				
Woodbury Preschool Swim Lessons Stages 2-3 Mon/Wed 6:45 PM Register	6:45PM-7:15PM (Preschool)		6:45PM-7:15PM (Preschool)				
Woodbury School Age Swim Lessons Stage 4 Mon/Wed 6:45 PM Register	6:45PM-7:15PM (School Age)		6:45PM-7:15PM (School Age)				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Woodbury School Age Swim Lessons Stage 3 Mon/Wed 6:45 PM Register	6:45PM-7:15PM (School Age)		6:45PM-7:15PM (School Age)				
Woodbury School Age Swim Lessons Stages 1-2 Mon/Wed 6:45 PM Register	6:45PM-7:15PM (School Age)		6:45PM-7:15PM (School Age)				
7/15-17 Woodbury YMCA Summer Power Pre-K/Toddler AM Extended Care T/Th Register		8:15AM-9:15AM (Summer Power Pre-K)		8:15AM-9:15AM (Summer Power Pre-K)			
7/15-17 Woodbury YMCA Summer Power Pre-K T/Th Register		9:15AM-2:15PM (Summer Power Pre-K)		9:15AM-2:15PM (Summer Power Pre-K)			
7/15-17 Woodbury YMCA Summer Power Pre-K - Toddlers T/Th Register		9:15AM-2:15PM (Summer Power Pre-K)		9:15AM-2:15PM (Summer Power Pre-K)			
7/15-17 Woodbury YMCA Summer Power Pre-K/Toddler PM Extended Care T/Th Register		2:15PM-4:00PM (Summer Power Pre-K)		2:15PM-4:00PM (Summer Power Pre-K)			
Woodbury Parent/Child Swim Starters Stages A-B Tue/Thu 5:00 PM Register		5:00PM-5:30PM (Parent/Child)		5:00PM-5:30PM (Parent/Child)			
Woodbury Preschool Swim Lessons Stages 1-2 Tue/Thu 5:00 PM Register		5:00PM-5:30PM (Preschool)		5:00PM-5:30PM (Preschool)			
Woodbury Preschool Swim Lessons Stages 2-3 Tue 5:35 PM Register		5:35PM-6:05PM (Preschool)					

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Woodbury Preschool Swim Lessons Stages 2-3 Tue/Thu 5:35 PM Register		5:35PM-6:05PM (Preschool)		5:35PM-6:05PM (Preschool)			
Woodbury School Age Swim Lessons Stages 1-2 Tue/Thu 5:35 PM Register		5:35PM-6:05PM (School Age)		5:35PM-6:05PM (School Age)			
Woodbury Preschool Swim Lessons Stages 1-2 Tue/Thu 6:10 PM Register		6:10PM-6:40PM (Preschool)		6:10PM-6:40PM (Preschool)			
Woodbury School Age Swim Lessons Stage 3 Tue/Thu 6:10 PM Register		6:10PM-6:40PM (School Age)		6:10PM-6:40PM (School Age)			
Woodbury Preschool Swim Lessons Stages 2-3 Tue/Thu 6:45 PM Register		6:45PM-7:15PM (Preschool)		6:45PM-7:15PM (Preschool)			
Woodbury Adult Swim Lessons Stages 1-3 Tue/Thu 6:45 PM Register		6:45PM-7:15PM (Teen/Adult)		6:45PM-7:15PM (Teen/Adult)			
Water Ball Lap Pool REGISTER			7:30AM-8:05AM (Water Exercise) <i>Staff</i>				
Woodbury School Age Swim Lessons Stage 4 Wed 5:00 PM Register			5:00PM-5:30PM (School Age)				
Woodbury School Age Swim Lessons Stage 4 Wed 6:10 PM Register			6:10PM-6:40PM (School Age)				
Group Cycle Studio 2 REGISTER				9:15AM-10:00AM (Cardio) <i>Randy B.</i>		9:15AM-10:00AM (Cardio) <i>Staff</i>	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Woodbury School Age Swim Lessons Stage 4 Fri 5:00 PM Register					5:00PM-5:30PM (School Age)		
Woodbury Babysitting In-Person Class Sat 7/19 9:00 AM-3:00 PM Register						9:00AM-3:00PM (Education)	
Woodbury Preschool Swim Lessons Stages 2-3 Sat 10:05 AM Register						10:05AM-10:35AM (Preschool)	



Eagan YMCA | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Water Exercise Lap Pool	9:00AM-9:45AM (Water Exercise) <i>Staff</i>						
BodyCombat Studio B	5:30PM-6:30PM (Cardio) <i>Tommy S.</i>						
BodyBalance Studio B					10:45AM-11:45AM (Pilates & Yoga) <i>Tommy S.</i>		
BodyPump™ Studio A					5:30PM-6:30PM (Strength) <i>Staff</i>		



Forest Lake YMCA | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Forest Lake School Age Swim Lessons Stage 2 Mon-Fri 9:10 AM Register	9:10AM-9:50AM (School Age)	9:10AM-9:50AM (School Age)	9:10AM-9:50AM (School Age)	9:10AM-9:50AM (School Age)	9:10AM-9:50AM (School Age)		
ForeverWell Combo Studio 1	10:45AM-11:30AM (55+) <i>Tammy S.</i>						
ForeverWell Stretch & Strength Studio 1			10:45AM-11:30AM (55+) <i>Tammy S.</i>				
Forest Lake ForeverWell Scenic Boat Tour Thu 7/17 11:00 AM Register				11:00AM-12:20PM (Social Activities)			



Blaisdell YMCA - South Minneapolis | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SilverSneakers™ Yoga Studio A	10:15AM-11:00AM (55+) <i>Chris A.</i>						
SilverSneakers™ Classic Studio A	11:15AM-12:00PM (55+) <i>Chris A.</i>						
Coffee Talk Blaisdell YMCA Register			9:45AM-11:00AM (Virtual Social Groups and Classes Coffee Chats and Social Groups) <i>Tami H.</i>				



Virtual Studio | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ForeverWell Combo Dayton Virtual Studio	1:30PM-2:15PM (55+) <i>Maureen B.</i>			10:30AM-11:15AM (Cardio & Strength Combo) <i>Maureen B.</i>			
Mat Pilates Dayton Virtual Studio	2:30PM-3:00PM (Pilates & Yoga) <i>Maureen B.</i>						
Step Southdale Virtual Studio				9:30AM-10:15AM (Cardio & Strength Combo) <i>JoJo G.</i>			
Core Conditioning Southdale Virtual Studio				10:30AM-11:00AM (Strength) <i>JoJo G.</i>			



Blaisdell YMCA - South Minneapolis - Swim | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open/Recreation Swim Pool REGISTER	2:00PM-2:55PM (Swim) Staff 3:00PM-3:55PM (Swim) Staff 4:00PM-4:55PM (Swim) Staff 5:00PM-5:55PM (Swim) Staff	2:00PM-2:55PM (Swim) Staff 3:00PM-3:55PM (Swim) Staff 4:00PM-4:55PM (Swim) Staff 5:00PM-5:55PM (Swim) Staff	10:00AM-10:55AM (Swim) Staff 11:00AM-11:55AM (Swim) Staff	10:00AM-10:55AM (Swim) Staff 11:00AM-11:55AM (Swim) Staff	2:00PM-2:55PM (Swim) Staff 3:00PM-3:55PM (Swim) Staff 4:00PM-4:55PM (Swim) Staff 5:00PM-5:55PM (Swim) Staff		
Open/Recreation Swim Lap Pool REGISTER						1:00PM-1:55PM (Swim) Staff 2:00PM-2:55PM (Swim) Staff 3:00PM-3:55PM (Swim) Staff	



Southdale YMCA - Edina - Swim | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open/Rec Swim Vortex On Leisure Pool REGISTER	6:40PM-7:20PM (Swim) <i>Staff</i> 7:25PM-7:55PM (Swim) <i>Staff</i>		5:00PM-5:55PM (Swim) <i>Staff</i> 6:00PM-6:55PM (Swim) <i>Staff</i> 7:00PM-7:55PM (Swim) <i>Staff</i>		5:00PM-5:55PM (Swim) <i>Staff</i> 6:00PM-6:55PM (Swim) <i>Staff</i> 7:00PM-7:55PM (Swim) <i>Staff</i>	9:00AM-9:55AM (Swim) <i>Staff</i> 10:00AM-10:55AM (Swim) <i>Staff</i> 11:00AM-11:55AM (Swim) <i>Staff</i> 12:00PM-12:55PM (Swim) <i>Staff</i> 1:00PM-1:55PM (Swim) <i>Staff</i> 2:00PM-2:55PM (Swim) <i>Staff</i>	2:00PM-2:50PM (Swim) <i>Staff</i> 3:00PM-3:50PM (Swim) <i>Staff</i> 4:00PM-4:45PM (Swim) <i>Staff</i>
Vortex Current Channel 18+ Leisure Pool REGISTER		4:20PM-4:50PM (Swim) <i>Staff</i> 4:55PM-5:25PM (Swim) <i>Staff</i> 5:30PM-6:00PM (Swim) <i>Staff</i> 6:05PM-6:35PM (Swim) <i>Staff</i> 6:40PM-7:10PM (Swim) <i>Staff</i>		4:20PM-4:50PM (Swim) <i>Staff</i> 4:55PM-5:25PM (Swim) <i>Staff</i> 5:30PM-6:00PM (Swim) <i>Staff</i> 6:05PM-6:35PM (Swim) <i>Staff</i> 6:40PM-7:10PM (Swim) <i>Staff</i>			



Dayton at Gaviidae YMCA - Downtown Minneapolis | July 14th - July 20th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ForeverWell Combo StudioEx		9:30AM-10:15AM (55+) <i>Maureen B.</i>					
ForeverWell Strength StudioEx			10:30AM-11:15AM (55+) <i>Maureen B.</i>				
HIIT StudioEx					11:30AM-12:15PM (Cardio & Strength Combo) <i>Jessica W.</i>		