

# Andover YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 8 & under at Andover Y Practice Mon 5:30p, Games Wed	5:30PM-6:30PM (Soccer)						
Register							
All Gender Soccer League: 10 & under at Andover Y Practice Mon 6:30p, Games Wed	6:30PM-7:30PM (Soccer)						
Register							
All Gender Soccer League: 12 & under at Andover Y Practice Mon 7:30p, Games Wed	7:30PM-8:30PM (Soccer)						
Register							
All Gender Soccer League: 14 & under at Andover Y Practice Mon 7:30p, Games Wed	7:30PM-8:30PM (Soccer)						
Register							
<b>Studio Combo</b> Studio 2					8:30AM-9:15AM (Cardio & Strength Combo) <i>Tara M.</i>		



# Burnsville YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 8 & under at Burnsville Y Practice Mon 5:30p Games Wed	5:30PM-6:30PM (Soccer)						
Register All Gender Soccer League 10 & under at Burnsville Y Practice Mon 6:30p Games Wed	6:30PM-7:30PM (Soccer)						
Register							
All Gender Soccer League 12 & under at Burnsville Y Practice Mon 7:30p Games Wed Register	7:30PM-8:30PM (Soccer)						
All Gender Soccer League 14 & under at Burnsville Y Practice Mon 7:30p Games Wed Register	7:30PM-8:30PM (Soccer)						
ARC Lifeguard + Oxygen - Recertification 6/29 9 AM-3 PM, 6/30 4 PM-9 PM							9:00AM-9:00PM (ARC Lifeguard + Oxygen Recertification)
Register							



### White Bear Area YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 8 & under at White Bear Y Practice Mon 5:30p Games Wed	5:30PM-6:30PM (Soccer)						
Register							
All Gender Soccer League: 10& under at White Bear Y Practice Mon 6:30p Games Wed	6:30PM-7:30PM (Soccer)						
Register							
All Gender Soccer League: 12&under at White Bear Y Practice Mon 7:30p Games Wed	7:30PM-8:30PM (Soccer)						
<u>Register</u>							
All Gender Soccer League: 14& under at White Bear Y Practice Mon 7:30p Games Wed	7:30PM-8:30PM (Soccer)						
Register							
Basketball Class: grades 1-2 @ White Bear Y Tue 5:30p		5:30PM-6:30PM (Basketball)					
<u>Register</u>							
Track & Field/Running Training: grades 1-4 at White Bear Lake Tue 5:30 PM		5:30PM-6:30PM (Track & Field/Running Training)					
Register							
Basketball Class: grades 3-4 @ White Bear Y Tue 6:30p		6:30PM-7:30PM (Basketball)					
Register							
Basketball Class: grades 5-6 @ White Bear Y Tue 6:30p		6:30PM-7:30PM (Basketball)					
<u>Register</u>							

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Track & Field/Running Training: grades 5-8 at White Bear Lake Tue 6:30 PM		6:30PM-7:30PM (Track & Field/Running Training)					
<u>Register</u>							
Mat Pilates Studio B					11:45AM-12:30PM (Pilates & Yoga) <i>Devan B.</i>		



# Woodbury YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 8 & under at Woodbury Y Practice Mon 5:30p, Games Wed	5:30PM-6:30PM (Soccer)						
Register							
Woodbury School Age Swim Lessons Stage 5 Mon 6:10 PM	6:10PM-6:40PM (School Age)						
<u>Register</u>							
All Gender Soccer League: 10 & under at Woodbury Y Practice Mon 6:30p, Games Wed	6:30PM-7:30PM (Soccer)						
<u>Register</u>							
All Gender Soccer League: 12 & under at Woodbury Y Practice Mon 7:30p, Games Wed	7:30PM-8:30PM (Soccer)						
Register							
All Gender Soccer League: 14 & under at Woodbury Y Practice Mon 7:30p, Games Wed Register	7:30PM-8:30PM (Soccer)						
Woodbury Preschool Swim		5:35PM-6:05PM					
Lessons Stages 2-3 Tue 5:35 PM		(Preschool)					
Register							
Woodbury School Age Swim Lessons Stage 4 Wed 5:00 PM			5:00PM-5:30PM (School Age)				
Register							
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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Woodbury School Age Swim Lessons Stage 4 Wed 6:10 PM			6:10PM-6:40PM (School Age)				
Register							
Pickleball Class: Intermediate at Woodbury YMCA Thu 8:00 AM				8:00AM-9:00AM (Racket Sports)			
Register							
Pickleball Class: Beginner at Woodbury YMCA Thu 9:15 AM				9:15AM-10:15AM (Racket Sports)			
Register							
Woodbury School Age Swim Lessons Stage 4 Fri 5:00 PM					5:00PM-5:30PM (School Age)		
Register							
Group Cycle Studio 2 REGISTER						9:15AM-10:00AM (Cardio ) Staff	
Woodbury Preschool Swim Lessons Stages 2-3 Sat 10:05 AM						10:05AM-10:35AM (Preschool)	
Register							



# Hudson YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Vertical Jump Program at Hudson YMCA Mon/Wed/Fri 5:30-7:00 PM	5:30PM-7:00PM (Basketball)		5:30PM-7:00PM (Basketball)		5:30PM-7:00PM (Basketball)		
Register							
Basketball Shooting Mechanics at Hudson YMCA Tue/Thu 5:30-7:00 PM		5:30PM-7:00PM (Basketball)		5:30PM-7:00PM (Basketball)			
<u>Register</u>							
Advanced Basketball Concepts at Hudson YMCA Tue/Thu 7:00-8:30 PM		7:00PM-8:30PM (Basketball)		7:00PM-8:30PM (Basketball)			
Register							
6/28 High School Pickup Basketball at Hudson YMCA						10:00AM-12:00PM (Pickup Basketball)	
Register							



# Shoreview YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 10 & under at Shoreview Y Practice Tue 6:30p Games Wed	6:30PM-7:30PM (Soccer)						
Register							
All Gender Soccer League: 8 & under at Shoreview Y Practice Tue 5:30p Games Wed		5:30PM-6:30PM (Soccer)					
<u>Register</u>							
All Gender Soccer League: 12 & under at Shoreview Y Practice Tue 7:30p Games Wed		7:30PM-8:30PM (Soccer)					
<u>Register</u>							
All Gender Soccer League: 14 & under at Shoreview Y Practice Tue 7:30p Games Wed		7:30PM-8:30PM (Soccer)					
<u>Register</u>							
ARC Lifeguard + Oxygen - Full (Blended) 6/27 9AM-5PM, 6/28 8AM-4PM, 6/29 8AM-4PM					9:00AM-4:00PM (ARC Lifeguard + Oxygen - Full (Blended))	9:00AM-4:00PM (ARC Lifeguard + Oxygen - Full (Blended))	9:00AM-4:00PM (ARC Lifeguard + Oxygen - Full (Blended))
<u>Register</u>							



# DICK'S House of Sport | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Gender Soccer League: 8 & under at Dick's HoS Practice Tue 5:00p, Games Wed		5:00PM-6:00PM (Soccer)					
Register							
All Gender Soccer League: 10 & under at Dick's HoS Practice Tue 6:00p, Games Wed		6:00PM-7:00PM (Soccer)					
Register							
All Gender Soccer League: 12 & under at Dick's HoS Practice Tue 7:00p, Games Wed Register		7:00PM-8:00PM (Soccer)					
All Gender Soccer League: 14 & under at Dick's HoS Practice Tue 8:00p, Games Wed		8:00PM-9:00PM (Soccer)					
Register							



# Ridgedale YMCA - Minnetonka | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Basketball Class: grades 1-2 at Ridgedale Y Wed 5:00p			5:00PM-6:00PM (Basketball)				
<u>Register</u>							
Basketball Class: grades 3-4 at Ridgedale Y Wed 6:00p			6:00PM-7:00PM (Basketball)				
Register							
Basketball Class: grades 5-6 at Ridgedale Y Wed 7:00p			7:00PM-8:00PM (Basketball)				
<u>Register</u>							



# Elk River YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Indoor Walking Groups Gym					8:00AM-10:00AM (General) Staff		
BodyPump™ Studio A					9:30AM-10:30AM (Strength) Brittany W.		
Mat Pilates Studio A					10:45AM-11:30AM (Pilates & Yoga) Brittany W.		
Group Cycle Studio B						8:15AM-9:00AM (Cardio ) Brittany W.	
<b>Tabata</b> Studio A						9:20AM-10:05AM (Cardio & Strength Combo) Brittany W.	
Pickup Volleyball South Gym						10:00AM-12:00PM (Kids & Family ) Staff	



# Hastings YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Studio Combo Studio B					8:15AM-9:00AM (Cardio & Strength Combo) <i>DeAnn N.</i>		
<b>Yoga Flow</b> Studio B					9:15AM-10:15AM (Pilates & Yoga) <i>DeAnn N.</i>		



# Southdale YMCA - Edina | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>SilverSneakers™ Classic</b> Gym					9:30AM-10:15AM (55+) JoJo G.		
<b>Pickleball Full Gym</b> Gym					10:30AM-3:00PM (General) Staff		
Pickleball Half Gym Gym							9:00AM-11:30AM (General) <i>Staff</i>



# New Hope YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Pickleball Full Gym</b> Gym					10:30AM-1:30PM (Gym) <i>Staff</i>		
Adult Water Volleyball Pool					11:00AM-1:00PM (General) Staff		



# Eagan YMCA | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BodyBalance Studio B					10:45AM-11:45AM (Pilates & Yoga) <i>Tommy S.</i>		



# St. Paul YMCA - Eastside | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SilverSneakers™ Classic Studio					10:55AM-11:40AM (55+) Staff		



### Dayton at Gaviidae YMCA - Downtown Minneapolis | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>HIIT</b> StudioEx					11:30AM-12:15PM (Cardio & Strength Combo) <i>Jessica W.</i>		



### Emma B. Howe YMCA - Coon Rapids | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Social Group - Happy Hour Emma B. Howe YMCA - Coon Rapids Register					4:00PM-5:00PM (Virtual Social Groups and Classes Social Groups) <i>Kim G.</i>		
ARC Adult CPR/AED - Full (Blended) 6/28 10:00a-11:30a						10:00AM-11:30AM (ARC Adult CPR/AED - Full (Blended))	
Register							



### Blaisdell YMCA - South Minneapolis - Swim | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open/Recreation Swim Pool <u>REGISTER</u>					4:00PM-4:55PM (Swim) Staff 5:00PM-5:55PM (Swim) Staff		
<b>Open/Recreation Swim</b> Lap Pool <u>REGISTER</u>						1:00PM-1:55PM (Swim) <i>Staff</i> 2:00PM-2:55PM (Swim) <i>Staff</i> 3:00PM-3:55PM (Swim) <i>Staff</i>	



### Southdale YMCA - Edina - Swim | June 23rd - June 29th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open/Rec Swim Vortex On Leisure Pool REGISTER					5:00PM-5:55PM (Swim) Staff	9:00AM-9:55AM (Swim) Staff	
					6:00PM-6:55PM (Swim) Staff	10:00AM-10:55AM (Swim) Staff	
					7:00PM-7:55PM (Swim) Staff	11:00AM-11:55AM (Swim) <i>Staff</i>	
CANCELED: Open/Rec Swim Vortex On Leisure Pool REGISTER						12:00PM-12:55PM (Swim) Staff	2:00PM-2:50PM (Swim) Staff
						1:00PM-1:55PM (Swim) Staff	3:00PM-3:50PM (Swim) Staff
						2:00PM-2:55PM (Swim) Staff	4:00PM-4:45PM (Swim) Staff