



Elk River YMCA | June 16th - June 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Elk River School Age Swim Lessons Stage 4 Mon/Wed 10:05 AM Register	10:05AM-10:35AM (School Age)		10:05AM-10:35AM (School Age)				
Elk River School Age Swim Lessons Stage 4 Mon/Wed 10:40 AM Register	10:40AM-11:10AM (School Age)		10:40AM-11:10AM (School Age)				
Elk River School Age Swim Lessons Stages 5-6 Mon/Wed 11:15 AM Register	11:15AM-11:45AM (School Age)		11:15AM-11:45AM (School Age)				
6/17-19 Elk River YMCA Summer Power T/Th Register		6:30AM-6:00PM (Summer Power)		6:30AM-6:00PM (Summer Power)			
Elk River School Age Swim Lessons Stage 4 Tue/Thu 4:30 PM Register		4:30PM-5:00PM (School Age)		4:30PM-5:00PM (School Age)			
Elk River School Age Swim Lessons Stages 1-3 Tue/Thu 4:30 PM Register		4:30PM-5:00PM (School Age)		4:30PM-5:00PM (School Age)			
Elk River Preschool Swim Lessons Stages 1-3 Tue/Thu 4:30 PM Register		4:30PM-5:00PM (Preschool)		4:30PM-5:00PM (Preschool)			
Elk River Preschool Swim Lessons Stages 1-3 Tue/Thu 5:05 PM Register		5:05PM-5:35PM (Preschool)		5:05PM-5:35PM (Preschool)			

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Elk River School Age Swim Lessons Stage 4 Tue/Thu 5:05 PM Register		5:05PM-5:35PM (School Age)		5:05PM-5:35PM (School Age)			
Elk River School Age Swim Lessons Stages 1-3 Tue/Thu 5:05 PM Register		5:05PM-5:35PM (School Age)		5:05PM-5:35PM (School Age)			
Elk River Preschool Swim Lessons Stages 1-3 Tue/Thu 5:40 PM Register		5:40PM-6:10PM (Preschool)		5:40PM-6:10PM (Preschool)			
Elk River School Age Swim Lessons Stages 1-3 Tue/Thu 5:40 PM Register		5:40PM-6:10PM (School Age)		5:40PM-6:10PM (School Age)			
Elk River School Age Swim Lessons Stages 5-6 Tue/Thu 5:40 PM Register		5:40PM-6:10PM (School Age)		5:40PM-6:10PM (School Age)			
Elk River Preschool Swim Lessons Stages 1-3 Tue/Thu 6:15 PM Register		6:15PM-6:45PM (Preschool)		6:15PM-6:45PM (Preschool)			
Elk River School Age Swim Lessons Stages 1-3 Tue/Thu 6:15 PM Register		6:15PM-6:45PM (School Age)		6:15PM-6:45PM (School Age)			
Elk River School Age Swim Lessons Stages 5-6 Tue/Thu 6:15 PM Register		6:15PM-6:45PM (School Age)		6:15PM-6:45PM (School Age)			
Indoor Walking Groups Gym			8:00AM-10:00AM (General) <i>Staff</i>		8:00AM-10:00AM (General) <i>Staff</i>		
Yoga Studio A				8:15AM-9:15AM (Pilates & Yoga) <i>Kristin G.</i>			
Boot Camp Studio A				9:30AM-10:15AM (Cardio & Strength Combo) <i>Brittany W.</i>			

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BodyPump™ Studio A					9:30AM-10:30AM (Strength) <i>Brittany W.</i>		
Mat Pilates Studio A					10:45AM-11:30AM (Pilates & Yoga) <i>Brittany W.</i>		
Group Cycle Studio B						8:15AM-9:00AM (Cardio) <i>Brittany W.</i>	
Tabata Studio A						9:20AM-10:05AM (Cardio & Strength Combo) <i>Brittany W.</i>	
Pickup Volleyball South Gym						10:00AM-12:00PM (Kids & Family) <i>Staff</i>	