



BLAISDELL YMCA

Schedule is Subject to Change

# LAP POOL SCHEDULE

December 8th-14th

\*\*\*Reservations Required for Peak \*Open Swim Hours and Water X Class

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-8:10 Lap Swim (6) Self-Led Water Exercise (Pit)	5:00-8:10 Lap Swim (6) Self-Led Water Exercise (Pit)	5:00-8:10 Lap Swim (6) Self-Led Water Exercise (Pit)	5:00-8:10 Lap Swim (6) Self-Led Water Exercise (Pit)	5:00-8:10 Lap Swim (6) Self-Led Water Exercise (Pit)	YMCA CLOSED	YMCA CLOSED
					7:00-7:55 Lap Swim (6)	
8:15-9:00 Water X Class	8:15-9:00 Water X Class	8:15-9:00 Water X Class		8:15-9:00 Water X Class	8:00-8:45 Water X Class	CLOSED 6:45-10am
9:00-9:40 Lap Swim (6)	9:00-9:40 Lap Swim (6)	9:00-9:40 Lap Swim (6)		9:00-9:40 Lap Swim (6)	8:45-12:40 Lap Swim (1) Swim Lessons (5+Pit)	
LG BREAK 9:40-10	LG BREAK 9:40-10	LG BREAK 9:40-10	LG BREAK 9:40-10	LG BREAK 9:40-10		10:00-12:40 Lap Swim (5) Self-Led Water Exercise (1+Pit)
10:00-12:00 Lap Swim (5) Swim Lessons (1+Pit)	10:00-12:00 Lap Swim (5) Swim Lessons (1+Pit) <b>HOT TUB CLOSED FOR CLEANING 10-2</b>	10:00-12:00 Lap Swim (6) Self-Led Water Exercise (1) Open Swim (Pit)	10:00-12:00 Lap Swim (5) Self-Led Water Exercise (1+Pit)	10:00-12:00 Lap Swim (6) Self-Led Water Exercise (1) Open Swim (Pit)	<b>ONLY ONE LAP LANE AVAILABLE DURING THIS TIME</b>	
		12:00-3:00 Lap Swim (5) Self-Led Water Exercise (1+Pit)		12:00-4:00 Lap Swim (5) Self-Led Water Exercise (1+Pit)	12:40-1:00 LG BREAK	12:40-1:00 LG BREAK
	12:00-4:00 Lap Swim (5) Self-Led Water Exercise (1+Pit) <b>HOT TUB CLOSED FOR CLEANING 10-2</b>		CLOSED 12-3:15pm		1:00-4:00 Lap Swim (2) <b>*Open Swim (2+Pit)</b> 1:00-1:55 2:00-2:55 3:00-3:55	1:00-4:45 Lap Swim (5) Self-Led Water Exercise (1+Pit)
		3:00-7:30 Lap Swim (4) Swim Lessons (2+Pit)	3:15-4:00 Lap Swim (6)			
	4:00-6:00 Lap Swim (4) <b>*Open Swim (2+Pit)</b> 4:00-4:55 5:00-5:55		4:15-7:30 Lap Swim (3) Swim Lessons (3+Pit)	4:00-6:00 Lap Swim (4) <b>*Open Swim (2+Pit)</b> 4:00-4:55 5:00-5:55	4:00-4:45 18+ Lap Swim (6)	
	6:00-6:20 LG BREAK			6:00-6:20 LG BREAK		
	6:20-8:45 18+ Lap Swim (5) Self-Led Water Exercise (1+Pit)			6:20-8:45 18+ Lap Swim (5) Self-Led Water Exercise (1+Pit)		
		7:30-8:45 18+ Lap Swim (5)	7:30-8:45 18+ Lap Swim (5)			
CLOSED 12-8:45pm					YMCA CLOSED	YMCA CLOSED

During Lap swim, you are required to share a lane with another swimmer if all lanes are full. This may include circle swimming. All swimmers under 15 must have a pink wristband in order to lap swim.

\*Please Note: During peak open swim hours there are limited spots available. Open swimmers must have a reservation to swim during these times. Reservations can be made on our website. Please contact customer service or front desk for more details.



BLAISDELL YMCA

Schedule is Subject to Change

# LAP POOL SCHEDULE

December 15th-21st

\*\*\*Reservations Required for Peak **\*Open Swim** Hours and Water X Class

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-8:10 <b>Lap Swim (6)</b> <b>Self-Led Water Exercise (Pit)</b>	CLOSED 5-8am	CLOSED 5-8am	5:00-8:10 <b>Lap Swim (6)</b> <b>Self-Led Water Exercise (Pit)</b>	5:00-8:10 <b>Lap Swim (6)</b> <b>Self-Led Water Exercise (Pit)</b>	YMCA CLOSED	YMCA CLOSED
8:15-9:00 Water X Class	8:15-9:00 Water X Class	8:15-9:00 Water X Class		8:15-9:00 Water X Class	7:00-7:55 <b>Lap Swim (6)</b>	7:00-12:40 <b>Lap Swim (5)</b> <b>Self-Led Water Exercise (1+Pit)</b>
9:00-9:40 <b>Lap Swim (6)</b>	9:00-9:40 <b>Lap Swim (6)</b>	9:00-9:40 <b>Lap Swim (6)</b>		9:00-9:40 <b>Lap Swim (6)</b>	8:00-8:45 Water X Class	
LG BREAK 9:40-10	LG BREAK 9:40-10	LG BREAK 9:40-10		LG BREAK 9:40-10	8:45-12:40 <b>Lap Swim (5)</b> <b>Self-Led Water Exercise (1+Pit)</b>	
10:00-12:00 <b>Lap Swim (5)</b> <b>Self-Led Water Exercise (1+Pit)</b>	10:00-4:00 <b>Lap Swim (5)</b> <b>Self-Led Water Exercise (1+Pit)</b>  <b>HOT TUB CLOSED FOR CLEANING 10-2</b>	10:00-12:00 <b>Lap Swim (6)</b> <b>Self-Led Water Exercise (1)</b> <b>*Open Swim (Pit)</b>	10:00-12:00 <b>Lap Swim (6)</b> <b>Self-Led Water Exercise (1)</b> <b>*Open Swim (Pit)</b>	10:00-12:00 <b>Lap Swim (6)</b> <b>Self-Led Water Exercise (1)</b> <b>*Open Swim (Pit)</b>		
CLOSED 12-2:30pm		12:00-4:00 <b>Lap Swim (5)</b> <b>Self-Led Water Exercise (1+Pit)</b>	12:00-6:00 <b>Lap Swim (5)</b> <b>Self-Led Water Exercise (1+Pit)</b>	12:00-4:00 <b>Lap Swim (5)</b> <b>Self-Led Water Exercise (1+Pit)</b>	12:40-1:00 LG BREAK	12:40-1:00 LG BREAK
2:30-6:00 <b>Lap Swim (5)</b> <b>Self-Led Water Exercise (1+Pit)</b>					1:00-4:00 <b>Lap Swim (2)</b> <b>*Open Swim (2+Pit)</b> 1:00-1:55 2:00-2:55 3:00-3:55	1:00-4:00 <b>Lap Swim (2)</b> <b>*Open Swim (2+Pit)</b> 1:00-1:55 2:00-2:55 3:00-3:55
	4:00-6:00 <b>Lap Swim (4)</b> <b>*Open Swim (2+Pit)</b> 4:00-4:55 5:00-5:55	4:00-6:00 <b>Lap Swim (4)</b> <b>*Open Swim (2+Pit)</b> 4:00-4:55 5:00-5:55		4:00-6:00 <b>Lap Swim (4)</b> <b>*Open Swim (2+Pit)</b> 4:00-4:55 5:00-5:55	4:00-4:45 <b>18+ Lap Swim (6)</b>	4:00-4:45 <b>18+ Lap Swim (6)</b>
6:00-6:20 LG BREAK	6:00-6:20 LG BREAK	6:00-6:20 LG BREAK	6:00-6:20 LG BREAK	6:00-6:20 LG BREAK		
6:20-8:45 <b>18+ Lap Swim (5)</b> <b>Self-Led Water Exercise (1+Pit)</b>	6:20-8:45 <b>18+ Lap Swim (5)</b> <b>Self-Led Water Exercise (1+Pit)</b>	6:20-8:45 <b>18+ Lap Swim (5)</b> <b>Self-Led Water Exercise (1+Pit)</b>	6:20-8:45 <b>18+ Lap Swim (5)</b> <b>Self-Led Water Exercise (1+Pit)</b>	6:20-8:45 <b>18+ Lap Swim (5)</b> <b>Self-Led Water Exercise (1+Pit)</b>	YMCA CLOSED	YMCA CLOSED

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