



Ridgedale YMCA *Hot Tub Cleaned Every Other Tuesday Morning.

LAP POOL SCHEDULE

December 8th - 14th, 2025

*Schedule subject to change.

*NO Reservations Required (Except Water Ex Classes)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 8:00am Lap Swim (5) Exercise Lane (1)	5:00am - 8:00am Lap Swim (5) Exercise Lane (1)	5:00am - 7:00am Lap Swim (5) Exercise Lane (1)	5:00am - 8:00am Lap Swim (5) Exercise Lane (1)	5:00am - 8:00am Lap Swim (5) Exercise Lane (1)	CLOSED	CLOSED
					7:00am - 8:45am	7:00am - 10:00am
		CLOSED			Lap Swim (5) Water Exercise (1)	Lap Swim (5) Water Exercise (1)
8:15-8:45 CLOSED						
9:00am - 12:00pm Water Ex Class	9:00am - 9:45am Water Ex Class	9:00am - 12:00pm Water Ex Class	9:00am - 9:45am Water Ex Class	9:00am - 12:00pm Water Ex Class	9:00am - 10:00am Water Ex Class	
> 9:00 - 10:00	10:00am - 3:00pm	> 9:00 - 9:45	10:00am - 3:00pm	> 9:00 - 10:00	10:15am - 1:00pm	10:15am - 11:45am
> 10:15 - 11:00 > 11:15 - 12:00		> 10:00 - 10:45 > 11:15 - 12:00		> 10:15 - 11:00 > 11:15 - 12:00	10.15aiii - 1.00piii	Lap Swim (4)
	Lap Swim (5)		Lap Swim (5)			Open Swim (2)
12:15pm - 3:00pm	Water Exercise (1)	12:15pm - 3:00pm	Water Exercise (1)	12:15pm - 3:00pm	Lap Swim (5)	12:00pm - 1:00pm
12.13piii - 3.00piii		12.13piii - 3.00piii		12.13piii - 3.00piii	Water Exercise (1)	12.00pm - 1.00pm
Lan Swim (F)		Lan Surina (F)		Lan Suring (F)		Water Ex Class
Lap Swim (5) Water Exercise (1)		Lap Swim (5) Water Exercise (1)		Lap Swim (5) Water Exercise (1)	1:15pm - 3:45pm	1:15pm - 2:15pm
(2)				(-,		Lap Swim (5)
					Lap Swim (4) Open Swim (2)	Water Exercise (1)
3:15pm - 4:15pm	3:15pm - 5:00pm	3:15pm - 4:00pm	3:15pm - 5:15pm	3:15pm - 5:00pm	Open Swiii (2)	2:30pm - 4:45pm
Lap Swim (4)		Lap Swim (4)				
Open Swim (2)	Lap Swim (4)	Open Swim (2)	Lap Swim (4)		4:00pm - 4:45pm	Swim Team
	Open Swim (2)	4:00 - 4:30 CLOSED	Open Swim (2)	Lap Swim (4)		
4:30pm - 6:45pm	<u>'</u>	4:30pm - 6:45pm		Open Swim (2)	18+ Lap Swim (5)	
					Water Exercise (1) No Open Swim	
					No Open Swiiii	
Swim Lessons		Swim Lessons				
No Lap Swim		No Lap Swim				
No Open Swim	5:15pm - 6:45pm	No Open Swim	5:30pm - 6:30pm	5:15pm - 6:15pm		
	Swim Team		Swim Team	Water Ex Class		
			6:30pm - 8:30pm	6:30pm - 8:30pm		
6:30pm - 8:00pm	6:45pm - 8:30pm	7:00pm - 8:45pm			CLOSED	CLOSED
Swim Team (3)			Swim Team (5)	Swim Team (4)		
Water Ex Class (3)	Swim Team (5)	18+ Lap Swim (3)	18+ Lap Swim (1)	18+ Lap Swim (2)		
8:00pm - 8:30pm 18+ Lap Swim (5)	18+ Lap Swim (1)	Water Exercise (1)	No Open Swim	No Open Swim		
Water Exercise (1)	No Open Swim	No Open Swim				
No Open Swim						
CLOSED	CLOSED		CLOSED	CLOSED		



Ridgedale YMCA *Hot Tub Cleaned Every Other Tuesday Morning.

LAP POOL SCHEDULE

December 15th - 21st, 2025

*Schedule subject to change.

*NO Reservations Required (Except Water Ex Classes)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 8:00am Lap Swim (5) Exercise Lane (1)	5:00am - 8:00am Lap Swim (5) Exercise Lane (1)	5:00am - 8:00am Lap Swim (5) Exercise Lane (1)	5:00am - 8:00am Lap Swim (5) Exercise Lane (1)	5:00am - 8:00am Lap Swim (5) Exercise Lane (1)	CLOSED	CLOSED
		(-,			7:00am - 8:45am Lap Swim (5) Water Exercise (1)	7:00am - 10:00am Lap Swim (5) Water Exercise (1)
8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	8:15-8:45 CLOSED	(=,	
9:00am - 12:00pm Water Ex Class > 9:00 - 10:00	9:00am - 9:45am Water Ex Class 10:00am - 3:00pm	9:00am - 12:00pm Water Ex Class > 9:00 - 9:45	9:00am - 9:45am Water Ex Class 10:00am - 3:00pm	9:00am - 12:00pm Water Ex Class > 9:00 - 10:00	9:00am - 10:00am Water Ex Class	
> 10:15 - 11:00 > 11:15 - 12:00	Lap Swim (5)	> 10:00 - 9:45 > 10:00 - 10:45 > 11:15 - 12:00	Lap Swim (5)	> 10:15 - 11:00 > 11:15 - 12:00	10:15am - 1:00pm Lap Swim (5)	10:15am - 11:45am Lap Swim (4) Open Swim (2)
12:15pm - 4:00pm	Water Exercise (1)	12:15pm - 4:00pm	Water Exercise (1)	12:15pm - 3:00pm	Water Exercise (1)	12:00pm - 1:00pm Water Ex Class
Lap Swim (5) Water Exercise (1)		Lap Swim (5) Water Exercise (1)		Lap Swim (5) Water Exercise (1)	1:15pm - 3:45pm Lap Swim (4)	1:15pm - 2:15pm Lap Swim (5) Water Exercise (1)
	3:15pm - 5:00pm Lap Swim (4)		3:15pm - 5:15pm Lap Swim (4)	3:15pm - 5:00pm	Open Swim (2) 4:00pm - 4:45pm	2:30pm - 4:45pm Swim Team
4:15pm - 6:45pm	Open Swim (2)	4:15pm - 6:45pm	Open Swim (2)	Lap Swim (4) Open Swim (2)	18+ Lap Swim (5) Water Exercise (1) No Open Swim	Swiiii rediii
Lap Swim (4) Open Swim (2)		Lap Swim (4) Open Swim (2)				
	5:15pm - 6:45pm Swim Team		5:30pm - 6:30pm Swim Team	5:15pm - 6:15pm Water Ex Class		
			6:30pm - 8:30pm	6:30pm - 8:30pm		
6:30pm - 8:00pm Swim Team (3) Water Ex Class (3) 8:00pm - 8:30pm 18+ Lap Swim (5) Water Exercise (1) No Open Swim	6:45pm - 8:30pm Swim Team (5) 18+ Lap Swim (1) No Open Swim	7:00pm - 8:45pm 18+ Lap Swim (3) Water Exercise (1) No Open Swim	Swim Team (5) 18+ Lap Swim (1) No Open Swim	Swim Team (4) 18+ Lap Swim (2) No Open Swim	CLOSED	CLOSED
CLOSED	CLOSED		CLOSED	CLOSED		