

GYM SCHEDULE

June 1st - June 7th

| | SUNDAY | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | |
|---|--|---------------------------------|-----------------------------------|--------------------|------------------------------------|--------------------|---|--------------------|------------------------------------|--------------------|---------------------------------|------------------------------|--|--------------------|
| | COURT 1 SOUTH GYM | COURT 2 NORTH GYM | COURT 1 SOUTH GYM | COURT 2 NORTH GYM | COURT 1 SOUTH GYM | COURT 2 NORTH GYM | COURT 1 | COURT 2 NORTH GYM | COURT 1 | COURT 2 NORTH GYM | COURT 1 | COURT 2 NORTH GYM | COURT 1 | COURT 2 NORTH GYM |
| 5AM 6AM | CLOSED | | OPEN GYM 5AM-8AM | | OPEN GYM 5AM-8AM | | OPEN GYM 5AM-8AM | | OPEN GYM 5AM-8AM | | OPEN GYM 5AM-8AM | | CLOSED | |
| 7AM 8AM 9AM 10AM 11AM 12PM | MEMBER ONLY PICKLE BALL 7AM- 12PM | MEMBER ONLY OPEN GYM 7AM- 12PM | ADULT PICKLEBALL 8AM-12PM | | BEGINNER PICKLEBALL 8AM-12PM | | UKULELE CONCERT 11AM-12PM Gym Reserved 8am-1pm | | BEGINNER PICKLEBALL 8AM-12PM | | ADULT PICKLEBALL 8AM-12PM | | OPEN GYM 7AM-1PM | |
| 1PM 2PM 3PM 4PM | FAMILY GYM 12PM - 4:30PM | OPEN GYM 12PM - 4:30PM | OPEN 12PM | | MEMBER ONLY OPEN GYN 12PM- | GYM | мемве ОРЕN | R ONLY | MEMBER ONLY OPEN GYM 12PM- | OPEN 12PM | -4PM YBALL | FAMILY GYM 1PM- 5PM | PICKLE BALL FOR ALL 1PM- 5PM | |
| 5PM 6PM 7PM 8PM | VOLLEYBALL FOR ALL 5PM-7:30PM | | ADULT PICKLEBALL 5PM-8:30PM | | 8:30PM | | 12PM- 8:30PM | | 8:30PM | | ADULT VOLLEYBALL 6PM-8:30PM | ADULT PICKLEBALL 5PM- 7:30PM | | |
| 9PM | CLOSED | | CLOSED | | CLOSED | | CLO | SED | CLO | SED | C1 101 0.301 101 | | CLOSED | |

GYM RULES

- NO BACKPACKS
 PERMITTED IN THE GYMNASIUM
- MEMBERS RESPONSIBLE FOR SET UP & TAKE DOWN OF EQUIPMENT
- SPORTS EQUIPMENT LIKE NETS & HOOPS CANNOT BE SET UP OUTSIDE OF SCHEDULED TIMES
- BE CONSIDERATE OF
 OTHERS AND SHARE THE
 COURT SPACE
 RESPECTFULLY

GYM SCHEDULE IS SUBJECT TO CHANGE FREQUENTLY WITHOUT NOTICE

ADULT PROGRAMING IS FOR 18+

NON MEMBER
MINOR GUESTS (UNDER 18) MUST BE
ACCOMPANIED BY AN ADULT AT ALL
TIMES. NO GUESTS DURING MEMBER
ONLY SCHEDULED TIMES

* DENOTES PAID PROGRAMMING

KID STUFF HOURS

WEEKDAY AM (MON-FRI)

8:30AM - 2PM

WEEKDAY PM (MON-THUR)

4PM - 8PM

(FRIDAY) 4PM-7PM

WEEKENDS

<u>SAT:</u> 8AM - 2PM <u>SUN:</u> 9AM-1PM & 4PM-7PM

https://www.ymcanorth.org/all y schedules/pdf schedules

REV. 05.28.2025



GYM SCHEDULE

June 8th - July 5th

| | SUNDAY | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|--------|-------------------------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|------------------------|--|
| | COURT 1 | COURT 2 | COURT 1 COURT 2 | COURT 1 COURT 2 | COURT 1 COURT 2 | COURT 1 COURT 2 | COURT 1 COURT 2 | COURT 1 COURT 2 | |
| | SOUTH GYM | NORTH GYM | SOUTH GYM NORTH GYM | SOUTH GYM NORTH GYM | SOUTH GYM NORTH GYM | SOUTH GYM NORTH GYM | SOUTH GYM NORTH GYM | SOUTH GYM NORTH GYM | |
| 5AM | CLOSED | | OPEN GYM | CLOSED | |
| 6AM | | | 5AM-7AM | 5AM-7AM | 5AM-7AM | 5AM-7AM | 5AM-7AM | | |
| 7AM | | | | | | | | ODENI CVM | |
| 8AM | MEMBER ONLY ONLY | | *BEFORE | *BEFORE | *BEFORE | *BEFORE | *BEFORE | OPEN GYM 7AM-8:30AM | |
| OAW | | | CAMP CARE | | |
| 9AM | PICKLE BALL | OPEN GYM | 7AM-9:30AM | 7AM-9:30AM | 7AM-9:30AM | 7AM-9:30AM | 7AM-9:30AM | MEMBER ONLY | |
| 10AM | | | | | | | | OPEN GYM | |
| 44014 | 7AM- | 7AM- | ADULT | BEGINNER | ADULT | BEGINNER | ADULT | 8:30AM- | |
| 11AM | 12PM 12PM | | PICKLEBALL | PICKLEBALL | PICKLEBALL | PICKLEBALL | PICKLEBALL | | |
| 12PM | | | 9:30AM-1PM | 9:30AM-1PM | 9:30AM-1PM | 9:30AM-1PM | 9:30AM-1PM | 1PM | |
| | | | WEATHER | | | | | | |
| 1PM | | | OPEN GYM | | |
| 2PM | FAMILY | OPEN | 1PM-3PM | 1PM-3PM | 1PM-3PM | 1PM-3PM | 1PM-3PM | FAMILY BALL | |
| 21 171 | GYM | GYM | 11 101 31 101 | 11 101 31 101 | 11 101 31 101 | 11 101 31 101 | 11 101 31 101 | GYM FOR ALL | |
| 3PM | 12:00PM - 4:30PM | 12:00PM - 4:30PM | | | | | | 1PM- 1PM- | |
| 4DM | | | *AFTER | *AFTER | *AFTER | *AFTER | *AFTER | 5PM 5PM | |
| 4PM | | | CAMP CARE | | |
| 5PM | | | 3PM-6PM | 3PM-6PM | 3PM-6PM | 3PM-6PM | 3PM-6PM | ADULT | |
| | VOLLEYBALL FOR ALL 5PM-7:30PM | | | | | | | PICKLEBALL 5PM- | |
| 6PM | | | | | | | | | |
| 7PM | | | MEMBER ONLY | MEMBER ONLY | MEMBER ONLY | MEMBER ONLY | ADULT | | |
| | | | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | VOLLEYBALL | 7:30PM | |
| 8PM | CLOSED | | 6PM-8:30PM | 6PM-8:30PM | 6PM-8:30PM | 6PM-8:30PM | 4PM-8:30PM | CLOSED | |
| 9PM | | | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED | | |

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