

Dayton YMCA GYM SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Court 1 Court 2	Court 1 Court 2	Court 1 Court 2				
5:30 6:00 6:30 7:00						CLOSED	
7:30 8:00 8:30 9:00 9:30 10:00 10:30 11:00	5:30am-11:25am Open Gym	7:00am-2:45pm Open Gym					
11:30 12:00 12:30 1:00	11:30am-1:30pm Pick-Up Basketball		CLOSED				
1:30 2:00 2:30 3:00 3:30	1:45pm-3:45pm Drop-in Pickleball		1:45pm-3:45pm Drop-in Pickleball		1:45pm-3:45pm Drop-in Pickleball		
4:00 4:30 5:00 5:30 6:00 6:30 7:00	4:00pm-7:45pm Open Gym	1:45pm-7:45pm Open Gym	4:00pm-7:45pm Open Gym	1:45pm-7:45pm Open Gym	4:00pm-6:45pm Open Gym	CLOSED	
7:30 8:00					CLOSED		

^{**}Gym Schedule is subject to change, due to events, weather, and programming There could be frequent adjustments to the gym schedule.

Last Updated:

1/6/25