Forest Lake YMCA

GYMNASIUM SCHEDULE

MAY 11 – 17

	SUNDAY 5/11		MONDAY 5/12		TUESDAY 5/13		WEDNESDAY 5/14		THURSDAY 5/15		FRIDAY 5/16		SATURDAY 5/17	
	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym
5:00	CLOSED		5:00am - 7:00am Open Gym		5:00am - 7:00am Open Gym		5:00am - 6:00am Open Gym		5:00am - 7:00am Open Gym		5:00am - 7:00am Open Gym		CLOSED	
5:30														
6:00							6:00am - 9:00am Drop-In Pickleball (All Levels Welcome)							
6:30														
7:00	7:00am - 11:00am Open Gym		7:00am - 10:00am Drop-In Pickleball (All Levels Welcome)		7:00am - 10:00am Drop-In Pickleball (All Levels Welcome)				7:00am - 10:00am Drop-In Pickleball (All Levels Welcome)		7:00am - 10:00am Drop-In Pickleball (All Levels Welcome)		7:00am - 9:00am Open Gym	
7:30														
8:00							9:00am - 10:30am Group X Class ForeverWell Strength							
8:30														
9:00														
9:30														
10:00			10:00am - 11:30am Open Gym		10:00am - 11:30am Open Gym				10:00am - 11:30am Open Gym		10:00am - 11:30am Open Gym			
10:30							10:30am - 11:30am Open Gym							
11:00	11:00am - 1:00pm Drop-In Pickleball (All Levels Welcome)													
11:30			11:30am - 2:30pm Drop-In Pickleball (All Levels Welcome)		11:30am - 2:30pm Drop-In Pickleball (All Levels Welcome)		11:30am - 2:30pm Drop-In Pickleball (All Levels Welcome)		11:30am - 2:30pm Drop-In Pickleball (All Levels Welcome)		11:30am - 2:30pm Drop-In Pickleball (All Levels Welcome)		9am-4pm GYMNASIUM CLOSED for YMCA Youth Volleyball Tournament	
12:00														
12:30														
1:00	1:00pm - 5:00pm Open Gym													
1:30														
2:00														
2:30			2:30pm - 6:30pm Open Gym		2:30pm - 6:30pm Open Gym		2:30pm - 6:00pm Open Gym		2:30pm - 6:30pm Open Gym		2:30pm - 8:45pm Open Gym			
3:00														
3:30														
4:00													4:00pm - 5:00pm Open Gym	
4:30														
5:00	CLOSED												CLOSED	
5:30														
6:00							6:00pm - 8:45pm Drop-In Pickleball (All Levels Welcome)							
6:30			6:30pm - 8:45pm Youth Volleyball League ($)		6:30pm - 8:45pm Open Volleyball (All Levels Welcome)				6:30pm - 8:45pm Open Volleyball (All Levels Welcome)					
7:00														
7:30														
8:00														
8:45														

**Gym Schedule is subject to change due to events, Holidays, weather, and programming
There could be frequent adjustments to the gym schedule.

Last Updated: 5/11/2025

To be respectful of all those who would like to use the gymnasium space, **full court basketball games are not allowed when only half the gymnasium is open**

***Pickleball & Volleyball Nets cannot be set up on the court outside of designated scheduled time**

ATTENTION: ALL YMCA LOCATIONS ARE CLOSED MONDAY, MAY 26TH (MEMORIAL DAY)

UPCOMING GYMNASIUM CLOSURE:

SATURDAY, MAY 17TH - FOR YMCA OF THE NORTH YOUTH VOLLEYBALL TOURNAMENT