

Forest Lake YMCA GYMNASIUM SCHEDULE JUNE 1 - 7

	SUNDAY 6/1	MONDAY 6/2	TUESDAY 6/3	WEDNESDAY 6/4	THURSDAY 6/5	FRIDAY 6/6	SATURDAY 6/7	
	North Gym South Gym	North Gym South Gym	North Gym South Gym	North Gym South Gym	North Gym South Gym	North Gym South Gym	North Gym	South Gym
5:00 5:30 6:00 6:30 7:00 7:30 8:00 9:30 10:00 10:30 11:30 12:00 12:30 1:00	CLOSED	5:00am - 7:00am Open Gym	5:00am - 7:00am Open Gym	5:00am - 6:00am Open Gym 6:00am - 9:00am Drop-In Pickleball (All Levels Welcome) 9:00am - 10:30am Group X Class ForeverWell Strength	5:00am - 7:00am Open Gym	5:00am - 7:00am Open Gym	CLOSED	
	7:00am - 11:00am Open Gym	7:00am - 10:00am Drop-in Pickleball (All Levels Welcome)	7:00am - 10:00am Drop-In Pickleball (All Levels Welcome)		7:00am - 10:00am Drop-In Pickleball (All Levels Welcome)	7:00am - 10:00am Drop-In Pickleball (All Levels Welcome)	7:00am - 11:00am Open Gym	
		Open Gym	10:00am - 11:30am Open Gym	10:30am - 11:30am	10:00am - 11:30am Open Gym	10:00am - 11:30am Open Gym		
	11:00am - 1:00pm Drop-In Pickleball (All Levels Welcome) 1:00pm - 5:00pm Open Gym CLOSED	11:30am - 11:30am PB Lessons 11:30am - 2:30pm Drop-In Pickleball	11:30am - 2:30pm Drop-In Pickleball	11:30am - 2:30pm Drop-In Pickleball	11:30am - 2:30pm Drop-In Pickleball	11:30am - 2:30pm Drop-In Pickleball	11:00am - 1:00pm Drop-In Pickleball (All Levels Welcome)	
1:30		(All Levels Welcome)	(All Levels Welcome)	(All Levels Welcome)	(All Levels Welcome)	(All Levels Welcome)		
2:00 2:30 3:00 3:30 4:00 4:30 5:00 5:30 6:00 6:30 7:00 7:30 8:00 8:45		2:30pm - 8:45pm Open Gym	2:30pm - 6:30pm Open Gym	2:30pm - 6:00pm Open Gym	2:30pm - 6:30pm Open Gym	2:30pm - 8:45pm Open Gym	1:00pm - 5:00pm Open Gym	
			6:30pm - 8:45pm Open Volleyball (All Levels Welcome)	6:00pm - 8:45pm Drop-In Pickleball (All Levels Welcome)	6:30pm - 8:45pm Open Volleyball (All Levels Welcome)		CLOS	ED

**Gym Schedule is subject to change due to events, Holidays, weather, and programming There could be frequent adjustments to the gym schedule.

Last Updated: 5/31/2025

To be respectful of all those who would like to use the gymnasium space, full court basketball games are not allowed when only half the gymnasium is open
*Pickleball & Volleyball Nets cannot be set up on the court outside of designated scheduled time