



Hastings YMCA GYM SCHEDULE May 1-31, 2025

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym
5:00					5:00am-6:00am Drop In Open Gym						CLOSED		CLOSED	
5:30			5:00am-7:45am Drop In Open Gym		6:00am-8:00am All Ages Pickleball		5:00am-9:00am Drop In Open Gym		5:00am-9:05am Drop In Open Gym		7:00am-8:30am Pick Up Basketball			
6:00					8:00am-9:05am Drop In Open Gym									
6:30	5:00am-9:00am Drop-In Open Gym				9:05am-11:15am Group Exercise Class		9:00am - 10:00 am Walking		9:05am-11:15am Group Exercise Class					
7:00			7:45am-10:30am Group Exercise Classes		9:05am - 11:15am Quiet Walking		10:00 am-11:15 am Group Exercise		9:05am - 11am Quiet Walking					
7:30					11:15am - 12pm Open Gym		11:15am-12:00pm Open Gym		11:15am-12pm All Ages Pickleball		8:30am-3:00pm Open Gym			
8:00	9am-11:15am Group Exercise Class				12:00pm - 2:00pm Adult Pickleball		12:00pm-2:00pm Adult Pickleball		12:00pm-2:00pm Adult Pickleball					
8:30	9 am-11 am Quiet Walking										8:30am -5:00pm Open Gym			
9:00	11am-12pm Open Gym		10:30am-12pm Open Gym		2:00 pm - 4:00 pm Drop In Open Gym		2:00 pm - 5:00 pm Drop In Open Gym		2:00 pm - 5:00 pm Drop In Open Gym					
9:30	11am-12pm All Ages Pickleball				4pm-6pm Pick Up Basketball		Open Gym pm - 8:50 pm		5pm - 6pm Pick Up Basketball				3pm-4:50pm All Ages Pickleball	
10:00	12:00pm-2:00pm Adult Pickleball		12:00pm-2:00pm Adult Pickleball		6:00pm - 8:50pm All Ages Pickleball				6:00 pm - 8:50 pm All Ages Pickleball				3pm-4:50pm Drop In Open Gym	
10:30			2:00pm-5:30pm Drop In Open Gym						Open Gym 5:00 pm - 8:50 pm		CLOSED		CLOSED	
11:00	2:00 pm - 8:50 pm Open Gym		5:30pm-8:50pm Pick Up Basketball								CLOSED		CLOSED	
11:30			5:30pm-8:50pm Open Gym								CLOSED		CLOSED	
12:00											CLOSED		CLOSED	
12:30											CLOSED		CLOSED	
1:00											CLOSED		CLOSED	
1:30											CLOSED		CLOSED	
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7:00											CLOSED		CLOSED	
7:30											CLOSED		CLOSED	
8:00											CLOSED		CLOSED	
8:30											CLOSED		CLOSED	
9:00											CLOSED		CLOSED	

Facility Closed:

Monday 5/23 Memorial Day

GYM Occupied:

Pickleball:

Adult Pickleball Description

Rotating Adult pick-up games on a first come, first serve basis. Open to all levels of Adult players

All Ages Pickleball Description

Rotating pickleball play for youth and adults. Open to all ages and ability levels

****Gym Schedule is subject to change, due to weather and Y programming.**

Updated 5/1/2025