



Hudson YMCA GYM SCHEDULE

May 12 – May 18, 2025

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym
5:00	5:00am-7:00am Drop-In Open Gym		5:00am-8:30am Drop-In Open Gym		5:00am-7:00am Drop-In Open Gym		5:00am-8:45am Drop-In Open Gym		5:10am-5:55am HIIT Class		CLOSED		CLOSED	
5:30									6:00am-6:55am Drop-In Open Gym					
6:00														
6:30														
7:00	7:00am-9:00am Open Pickleball Int/Advanced				7:00am-9:00am Open Pickleball Int/Advanced				7:00am-9:00am Open Pickleball Int/Advanced				7:00am-10:00am Open Pickleball ALL LEVELS	
7:30														
8:00														
8:30	9:00am-10:00am Open Beginner Pickleball		8:30am-12:00pm Drop-In Open Gym		9:00am-10:00am Open Beginner Pickleball		8:45am-10:00am Open Gym		9:00am-10:00am Open Beginner Pickleball					
9:00			9:00am-11:30am Family Gym				9:00am-9:45am Circuit							
9:30														
10:00	10:00am-11:40am Drop-In Open Gym				10:00am-11:40am Drop-In Open Gym		10:00am-11:00am Open Beginner Pickleball		10:00am-11:40am Drop-In Open Gym					
10:30														
11:00														
11:30	11:40am-1:10pm Adult Pick-Up Basketball		12:00pm-1:00pm Open Beg/Int Pickleball		11:40am-1:10pm Adult Pick-Up Basketball		11:00am-1:00pm Open Pickleball Int/Advanced		11:40am-1:10pm Adult Pick-Up Basketball		7:00am-5:00pm Drop-In Open Gym			
12:00														
12:30														
1:00	1:10pm-1:30pm Open		1:00-2:00pm PickleBall Class											
1:30	1:30pm-3:00pm Open Beginner Pickleball		2:10-3:10pm Pickleball Class		1:15pm-4:45pm Drop-In Open Gym		1:00pm-4:45pm Drop-In Open Gym		1:15pm-4:30pm Drop-In Open Gym				10:00am-5:00pm Drop-In Open Gym	
2:00														
2:30														
3:00	3:00pm-4:45pm Drop-In Open Gym		3:15pm-4:45pm Drop-In Open Gym											
3:30														
4:00														
4:30														
5:00									4:30pm-7:30pm Open Gym		5:00pm-7:00pm Family Gym			
5:30	4:45pm-9:00pm Drop-In Open Gym		4:45pm-9:00pm Drop-In Open Gym		4:45pm-9:00pm Drop-In Open Gym		4:45pm-9:00pm Drop-In Open Gym						CLOSED	
6:00	5:00pm-9:00pm Youth Sports		5:00pm-9:00pm Youth Sports		5:00pm-9:00pm Youth Sports		5:00pm-9:00pm Youth Sports						CLOSED	
6:30														
7:00														
7:30														
8:00														
8:30														
9:00									7:30pm-9:00pm Drop-In Open Gym					

**Gym Schedule is subject to change, due to events, weather, and programming

Last Updated: 5/12/2025

Youth & Adult Sports Game Days:

There could be frequent adjustments to the gym schedule.

YMCA Sports Program	Family Gym	Open Int/Adv Pickleball	Open Beg. Pickleball	Open Pickleball
Open Adult Basketball	Fitness Class	Kids Fitness Class	Gym Event/Rental	



Hudson YMCA GYM SCHEDULE

May 19 – May 25, 2025

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym
5:00	5:00am-7:00am Drop-In Open Gym		5:00am-8:30am Drop-In Open Gym		5:00am-7:00am Drop-In Open Gym		5:00am-8:45am Drop-In Open Gym		5:10am-5:55am HIIT Class		CLOSED		CLOSED	
5:30									6:00am-7:00am Drop-In Open Gym					
6:00									7:00am-9:00am Open Pickleball Int/Advanced					
6:30														
7:00	7:00am-9:00am Open Pickleball Int/Advanced				7:00am-9:00am Open Pickleball Int/Advanced				7:00am-9:00am Open Pickleball Int/Advanced				7:00am-10:00am Open Pickleball ALL LEVELS	
7:30									9:00am-10:00am Open Beginner Pickleball					
8:00	9:00am-10:00am Open Beginner Pickleball		8:30am-12:00pm Drop-In Open Gym		9:00am-10:00am Open Beginner Pickleball		8:45am-10:00am Open Gym		9:00am-10:00am Open Beginner Pickleball					
8:30			9:00am-11:30am Family Gym				9:00am-9:45am Circuit							
9:00	10:00am-11:40am Drop-In Open Gym				10:00am-11:40am Drop-In Open Gym		10:00am-11:00am Open Beginner Pickleball		10:00am-11:40am Drop-In Open Gym					
9:30									11:40am-1:10pm Adult Pick-Up Basketball					
10:00	11:40am-1:10pm Adult Pick-Up Basketball		12:00pm-1:00pm Open Beg/Int Pickleball		11:40am-1:10pm Adult Pick-Up Basketball		11:00am-1:00pm Open Pickleball Int/Advanced		11:40am-1:10pm Adult Pick-Up Basketball		7:00am-5:00pm Drop-In Open Gym			
10:30														
11:00	1:10pm-1:30pm Open		1:00-2:00pm PickleBall Class						1:15pm-4:30pm Drop-In Open Gym				10:00am-5:00pm Drop-In Open Gym	
11:30	1:30pm-3:00pm Open Beginner Pickleball		2:10-3:10pm Pickleball Class		1:15pm-4:45pm Drop-In Open Gym		1:00pm-4:45pm Drop-In Open Gym							
12:00									4:30pm-7:30pm Open Gym		5:00pm-7:00pm Family Gym			
12:30	3:00pm-4:45pm Drop-In Open Gym		3:15pm-4:45pm Drop-In Open Gym						7:30pm-9:00pm Drop-In Open Gym					
1:00											CLOSED		CLOSED	
1:30														
2:00														
2:30														
3:00														
3:30														
4:00														
4:30														
5:00	4:45pm-9:00pm Drop-In Open Gym		4:45pm-9:00pm Drop-In Open Gym		4:45pm-9:00pm Drop-In Open Gym		4:45pm-9:00pm Drop-In Open Gym							
5:30	5:00pm-9:00pm Youth Sports		5:00pm-9:00pm Youth Sports		5:00pm-9:00pm Youth Sports		5:00pm-9:00pm Youth Sports							
6:00														
6:30														
7:00														
7:30														
8:00														
8:30														
9:00														

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