



Hudson YMCA

GYM SCHEDULE

June 2 – June 8, 2025

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday																					
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2																				
	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym																				
5:00	5:00am-11:40am Drop-In Open Gym		5:00am-9:00pm Drop-In Open Gym EP ROCK ELEM (shared space) 10:30am-1:30pm		5:00am-11:40am Drop-In Open Gym		5:00am-8:45am Drop-In Open Gym		6:00am-11:40am Drop-In Open Gym		CLOSED		CLOSED																					
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10:00	11:40am-1:10pm Adult Pick-Up Basketball				11:40am-1:10pm Adult Pick-Up Basketball				11:40am-1:10pm Adult Pick-Up Basketball		10:00am-12:00pm High School Pick-up Basketball		10:00am-1:00pm Drop-In Open Gym																					
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12:00	1:15pm-9:00pm Drop-In Open Gym		EP ROCK ELEM 1:30pm-3:00pm		1:15pm-9:00pm Drop-In Open Gym		10:00am-9:00pm Drop-In Open Gym		1:15pm-9:00pm Drop-In Open Gym		12:00pm-5:00pm Drop-In Open Gym		1:00pm-5:00pm Drop-In Open Gym																					
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8:30																																		
9:00																																		

**Gym Schedule is subject to change, due to events, weather, and programming

Last Updated: 5/27/2025

Youth & Adult Sports Game Days:

There could be frequent adjustments to the gym schedule.

YMCA Sports Program	Family Gym	Open Int/Adv Pickleball	Open Beg. Pickleball	Open Pickleball
Open Adult Basketball	Fitness Class	Kids Fitness Class	Gym Event/Rental	