

## Hudson YMCA GYM SCHEDULE

June 2 - June 8, 2025

	Mon	nday	Tues	sday	Wedne	esday	Thur	sday	Frie	lay	Satu	rday	Sun	day
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym
5:00														
5:30											CLC	SED	CLO	SED
6:00							5:00am-	-8:45am						
6:30							Drop-In C	pen Gym						
7:00														
7:30 8:00	5:00am-2	11:40am			5:00am-1	11:40am			6:00am-3	11:40am	7:00am	E:00pm	7:00am-1	LO:00am
8:30	Drop-In O	pen Gym	5:00am-	-9:00pm	Drop-In O	pen Gym	8:45am-	9:00am-	Drop-In O	pen Gym	Drop-In C		Open Pi	
9:00			Drop-In C				8.45am 10:00am	9:00am- 9:45am			Diop in e	ipen eyin	ALL LE	VELS
9:30			EP ROC				Open Gym	Circuit						
			(shared) 10:30am											
10:00			10.50am	1-1:50pm							10:00am	-12:00pm		
10:30											High Scho			
11:00											Bask	etball	10:00am Drop-In O	
11:30	11:40am				11:40am				11:40am				Drop-in O	pen Gym
12:00	Adult P Baske				Adult P Baske				Adult P Baske					
12:30	Baske	etball			Baske	etball			Baske	etball				
1:00														
1:30			EP ROC	KELEM										
2:00			1:30pm-											1:00pm-
2:30											12:00pm		1:00pm-	5:00pm
3:00							10:00am	-9:00pm			Drop-In C	open Gym	5:00pm	Youth
3:30							Drop-In C	pen Gym					Drop-In Open Gym	Basketball
4:00													open dym	Class
4:30	1:15pm-	0.00nm			1:15pm-	0.00nm			1:15pm-	0.00pm				
4:30 5:00	Drop-In O				Drop-In O				Drop-In O					
5:00	brop in o	Sector Office	3:00pm-	-9·00nm	Drop in O									
6:00			Drop-In C											
6:30														
7:00											CLOSED	CLOSED	CLOSED	CLOSED
7:30												011020		
8:00														
8:30														
9:00														

\*\*Gym Schedule is subject to change, due to events, weather, and programming

Last Updated: 5/27/2025

Youth & Adult Sports Game Days:

There could be frequent adjustments to the gym schedule.

YMCA Sports Program	Family Gym	Open Int/Adv Pickleball	Open Beg. Pickleball	Open Pickleball
Open Adult Basketball	Fitness Class	Kids Fitness Class	Gym Event/Rental	