



Hudson YMCA

# GYM SCHEDULE

December 8 – December 14, 2025

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday							
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2						
	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym						
5:00	5:00am-7:00am Drop-In Open Gym		5:00am-8:30am Drop-In Open Gym		5:00am-7:00am Drop-In Open Gym		5:00am-8:45am Drop-In Open Gym		5:10am-5:55am HIIT Class		CLOSED		CLOSED							
5:30									6:00am-6:55am Drop-In Open Gym											
6:00									7:00am-10:00am Open Pickleball Int/Advanced		8:30am-12:00pm Drop-In Open Gym		7:00am-10:00am Open Pickleball Int/Advanced		7:00am-10:00am Open Pickleball Int/Advanced		7:00am-9:00am Adult Pick-Up Basketball		7:00am-10:00am Open Pickleball ALL LEVELS	
6:30																				
7:00																				
7:30																				
8:00	10:00am-11:40am Drop-In Open Gym		9:00am-11:30am Family Gym		10:00am-11:40am Drop-In Open Gym		8:45am-10:00am Open Gym		9:00am-9:45am Circuit		9:00am-5:00pm Youth Sports Game Days (See Dates & Times Below)		10:00am-5:00pm Drop-In Open Gym							
8:30							10:00am-11:00am Open Beginner Pickleball		11:00am-2:00pm Open Pickleball Int/Advanced						10:00am-11:40am Drop-In Open Gym					
9:00																				
9:30																				
10:00	11:40am-1:10pm Adult Pick-Up Basketball		12:00pm-1:00pm Open Beg/Int Pickleball		11:40am-1:10pm Adult Pick-Up Basketball						11:40am-1:10pm Adult Pick-Up Basketball									
10:30																				
11:00																				
11:30																				
12:00	1:10pm-1:30pm Open		1:00-2:00pm Adv. PickleBall Class		1:15pm-4:45pm Drop-In Open Gym		2:00pm-4:45pm Drop-In Open Gym		1:15pm-4:30pm Drop-In Open Gym		9:00am-5:00pm Youth Sports Game Days (See Dates & Times Below)		10:00am-5:00pm Drop-In Open Gym							
12:30																				
1:00																				
1:30																				
2:00	3:00pm-4:45pm Drop-In Open Gym		3:15pm-4:45pm Drop-In Open Gym		4:45pm-9:00pm Drop-In Open Gym		4:45pm-9:00pm Drop-In Open Gym		4:30pm-7:30pm Open Gym		5:00pm-7:00pm Family Gym		CLOSED							
2:30																				
3:00																				
3:30																				
4:00	4:45pm-9:00pm Drop-In Open Gym		5:00pm-9:00pm Youth Sports		5:00pm-9:00pm Youth Sports		5:00pm-9:00pm Youth Sports		7:30pm-9:00pm Drop-In Open Gym		CLOSED		CLOSED							
4:30																				
5:00																				
5:30																				
6:00	4:45pm-9:00pm Drop-In Open Gym		5:00pm-9:00pm Youth Sports		5:00pm-9:00pm Youth Sports		5:00pm-9:00pm Youth Sports		7:30pm-9:00pm Drop-In Open Gym		CLOSED		CLOSED							
6:30																				
7:00																				
7:30																				
8:00	4:45pm-9:00pm Drop-In Open Gym		5:00pm-9:00pm Youth Sports		5:00pm-9:00pm Youth Sports		5:00pm-9:00pm Youth Sports		7:30pm-9:00pm Drop-In Open Gym		CLOSED		CLOSED							
8:30																				
9:00																				

\*\*Gym Schedule is subject to change, due to events, weather, and programming

There could be frequent adjustments to the gym schedule.

YMCA Sports Program
Open Adult Basketball

Family Gym
Fitness Class

Open Int/Adv Pickleball
Kids Fitness Class

Last Updated: 12/5/2025

Open Beg. Pickleball
Gym Event/Rental

Open Pickleball
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## Youth & Adult Sports Game Days:

Saturday, December 20th	10:00am - 5:00pm
Saturday, January 17th	10:00am - 5:00pm
Saturday, January 31st	10:00am - 5:00pm



Hudson YMCA

# GYM SCHEDULE

December 15 - December 21, 2025

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2		
	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym		
5:00	5:00am-7:00am Drop-In Open Gym		5:00am-8:30am Drop-In Open Gym		5:00am-7:00am Drop-In Open Gym		5:00am-8:45am Drop-In Open Gym		5:10am-5:55am HIIT Class		CLOSED		CLOSED			
5:30									6:00am-6:55am Drop-In Open Gym							
6:00																
6:30									7:00am-10:00am Open Pickleball Int/Advanced		8:30am-12:00pm Drop-In Open Gym  9:00am-11:30am Family Gym		7:00am-10:00am Open Pickleball Int/Advanced		8:45am-10:00am Open Gym  9:00am-9:45am Circuit	
7:00																
7:30																
8:00																
8:30	10:00am-11:40am Drop-In Open Gym		12:00pm-1:00pm Open Beg/Int Pickleball		10:00am-11:40am Drop-In Open Gym		10:00am-11:00am Open Beginner Pickleball		11:00am-2:00pm Open Pickleball Int/Advanced		10:00am-11:40am Drop-In Open Gym		9:30am-5:00pm Youth Sports Game Days (See Dates & Times Below)		10:00am-5:00pm Drop-In Open Gym	
9:00																
9:30																
10:00																
10:30	11:40am-1:10pm Adult Pick-Up Basketball		1:00-2:00pm Adv. PickleBall Class		11:40am-1:10pm Adult Pick-Up Basketball		11:00am-2:00pm Open Pickleball Int/Advanced		11:40am-1:10pm Adult Pick-Up Basketball		10:00am-11:40am Drop-In Open Gym		9:30am-5:00pm Youth Sports Game Days (See Dates & Times Below)		10:00am-5:00pm Drop-In Open Gym	
11:00																
11:30																
12:00																
12:30	1:10pm-1:30pm Open		2:10-3:10pm Beg. Pickleball Class		1:15pm-4:45pm Drop-In Open Gym		2:00pm-4:45pm Drop-In Open Gym		1:15pm-4:30pm Drop-In Open Gym		10:00am-11:40am Drop-In Open Gym		9:30am-5:00pm Youth Sports Game Days (See Dates & Times Below)		10:00am-5:00pm Drop-In Open Gym	
1:00																
1:30																
2:00																
2:30	1:30pm-3:00pm Open Beginner Pickleball		3:15pm-4:45pm Drop-In Open Gym		1:15pm-4:45pm Drop-In Open Gym		2:00pm-4:45pm Drop-In Open Gym		1:15pm-4:30pm Drop-In Open Gym		10:00am-11:40am Drop-In Open Gym		9:30am-5:00pm Youth Sports Game Days (See Dates & Times Below)		10:00am-5:00pm Drop-In Open Gym	
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4:00																
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6:00	4:45pm-9:00pm Drop-In Open Gym		5:00pm-9:00pm Youth Sports		4:45pm-9:00pm Drop-In Open Gym		4:45pm-9:00pm Drop-In Open Gym		4:30pm-7:30pm Open Gym		5:00pm-7:00pm Family Gym		CLOSED		CLOSED	
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7:00																
7:30																
8:00	4:45pm-9:00pm Drop-In Open Gym		5:00pm-9:00pm Youth Sports		4:45pm-9:00pm Drop-In Open Gym		4:45pm-9:00pm Drop-In Open Gym		4:30pm-7:30pm Open Gym		5:00pm-7:00pm Family Gym		CLOSED		CLOSED	
8:30																
9:00																

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