## New Hope YMCA

## **GYM SCHEDULE**

April 1st - June 1st

5:00		North Gym n 5:00am-6:30am	South Gym	North Gym	South Gym	North Cym	0 41- 0		0 11 0			Saturday		Sunday	
5:30 Drop- 6:00 6:30	op-in Open Gym	n 5:00am-6:30am			South Gym North Gym		South Gym North Gym		South Gym North Gym		South Gym North Gym		South Gym North Gym		
		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		CLOSED		CLOSED	
8:00 Gym 8:30 9:00	Orop-in Open Gym 6:30am- 9:30am	Childcare Programs 6:30am- 9:30am			Drop-in Open Gym 6:30am- 9:30am	Childcare Programs 6:30am- 9:30am			Drop-in Open Gym 6:30am- 9:30am	Childcare Programs 6:30am- 9:30am					
9:30 10:00 Childca	Childcare Programs 9:30am-10:30am					Childcare Programs 9:30am-10:30am			Childcare Programs 9:30am-10:30am		7:00am-4:30pm Drop-in Open Gym		7:00am-2:30pm Drop-in Open Gym		
10:30 11:00 11:30 12:00 12:30 1:00	Drop-in Pickleball 10:30am-1:30pm		Drop-in Open Gym 6:30am- 5:00pm 5:00pm 5:00pm		Drop-in Pickleball 10:30am-1:30pm		Drop-in Open Gym 6:30am- 5:00pm	Childcare Programs 6:30am- 5:00pm	Drop-in Pickleball 10:30am-1:30pm						
3:00 Gym	Orop-in Open Gym 1:30pm- 5:00pm	Childcare Programs 1:30pm- 5:00pm			Drop-in Open Gym 1:30pm- 5:00pm	Childcare Programs 1:30pm- 5:00pm			Drop-in Open Gym 1:30pm- 5:00pm	Childcare Programs 1:30pm- 5:00pm			2:30pm-4:30pm Family Gym		
5:00											4:30pm-5:00pm Closed		4:30pm-5:00pm Closed		
5:30 6:00 6:30 7:00 7:30 8:00 8:30	:00		Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		Drop-in Open Gym 5:00pm-8:30pm		CLOSED	CLOSED	CLOSED	CLOSED	
	8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed						

April 28th Last Updated: 2025