



New Hope YMCA

# GYM SCHEDULE

Nov 10th - Dec 31st

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym
Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		Drop-in Open Gym 5:00am-6:30am		CLOSED		CLOSED	
Drop-in Open Gym 6:30am - 9:30am	Childcare Programs 6:30am-9:30am	Drop-in Open Gym 6:30am-5:00pm	Childcare Programs 6:30am-5:00pm	Drop-in Open Gym 6:30am - 9:30am	Childcare Programs 6:30am-9:30am	Drop-in Open Gym 6:30am-5:15pm	Childcare Programs 6:30am-5:15pm	Drop-in Open Gym 6:30am - 9:30am	Childcare Programs 6:30am-9:30am	7:00am-9:30am Drop-in Open Gym		7:00am-2:30pm Drop-in Open Gym	2:30pm-4:30pm Family Gym
Childcare Programs 9:30am-10:30am				Childcare Programs 9:30am-10:30am				Childcare Programs 9:30am-10:30am		Drop-in Pickleball 9:30am-11:30am			
Drop-in Pickleball 10:30am-1:30pm				Drop-in Pickleball 10:30am-1:30pm				Drop-in Pickleball 10:30am-1:30pm		Drop-in Pickleball 10:30am-1:30pm			
Drop-in Open Gym 1:30pm-5:00pm	Childcare Programs 1:30pm-5:00pm			Drop-in Open Gym 1:30pm-5:00pm	Childcare Programs 1:30pm-5:00pm			Drop-in Open Gym 1:30pm-5:00pm	Childcare Programs 1:30pm-5:00pm	11:30am-4:30pm Drop-in Open Gym			
Drop-in Open Gym 5:00pm-8:30pm				Drop-in Open Gym 5:00pm-8:30pm				Drop-in Open Gym 5:00pm-8:30pm		Boys Basketball Practice 5:30pm - 8:30pm			
8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		8:30pm-9:00pm Closed		CLOSED		CLOSED	

## Dates Closed:

Saturday Dec 6th 12:00pm - 5pm

Friday Dec 19th - Closed at 7:30pm

Saturday Dec 20th - All Day

Last Updated: 12/5/2025