



Ridgedale

GYM SCHEDULE /EARLY SUMMER

June 1st – June 30th 2025

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday					
	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym				
5:00	5:00A - 9:55A Open Gym		5:00A - 1:55P Open Gym		5:00A - 9:55A Open Gym		5A - 1:55P Open Gym		5:00A - 9:55A Open Gym		Closed		Closed					
5:30																		
6:00																		
6:30																		
7:00																		
7:30																		
8:00	10:00A - 11:10A Group X		10:00A-10:30A Open Gym		10:00A - 11:10A Group X		10:00A-10:30A SGW		10:00A - 11:10A Group X		7:00am - 8:55am Open Gym		7:00am - 8:55am Open Gym					
8:30																		
9:00																		
9:30																		
10:00																		
10:30																		
11:00	11:10A-1:55P Open Gym		10:30A-1:55P Open Gym		11:10A-1:55P Open Gym		10:30A-1:55A Open Gym		11:10A-12:00P Open Gym		11A -4P Open Gym		11A -4P Open Gym					
11:30																		
12:00																		
12:30																		
1:00																		
1:30																		
2:00	2P-4P Drop In Pickleball		2P-4P Drop In Pickleball		2P-4P Drop In Pickleball		2P-4P Drop In Pickleball		2P-4P Drop In Pickleball		11A -4P Open Gym		11A -4P Open Gym					
2:30																		
3:00																		
3:30																		
4:00																		
4:30																		
4:30	4P-6P Summer Power	4P-6P Open Gym	4P-6P Summer Power	4P-6P Open Gym	4P-5P Summer Power	4P-5P Open Gym	4P-6P Summer Power	4P-6P Open Gym	4P-6P Summer Power	4P-6P Open Gym	Closed		Closed					
5:00																		
5:30	6P-8P Open Gym		6P-8P Open Gym		5P-8P Gym Closed- Sports		6P-8P Open Gym		6P-8P Open Gym									
6:00																		
6:30																		
7:00																		
7:30																		
8:00																		
8:30											Closed		Closed					
9:00	Closed		Closed		Closed		Closed		Closed									
**Gym Schedule is subject to change, due to events, weather, and programming There could be frequent adjustments to the gym schedule.																		
Last Updated: 6/2/2025																		

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