



Ridgedale YMCA - ^{**} GYM SCHEDULE

DECEMBER 8th - DECEMBER 14th, 2025

Announcements | Notes:

◇ Youth Basketball: Practices on Tue(s) & Thu(s) evenings with Games on Sat(s)

	Monday Dec. 8th		Tuesday Dec. 9th		Wednesday Dec. 10th		Thursday Dec 11th		Friday Dec. 12th		◇ Saturday Dec. 13th		Sunday Dec. 14th	
	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym
5:00	5:00A - 9:55A Open Gym		5:00A - 1:50P Open Gym		5:00A - 9:55A Open Gym		5:00A - 9:30A Open Gym		5:00A - 9:55A Open Gym		Closed	7:00A - 7:50A Open Gym	Closed	
5:30														
6:00														
6:30														
7:00														
7:30														
8:00														
8:30														
9:00														
9:30	10:00A - 11:10A				10:00A - 11:10A		9:30A - 10:30A Open Gym	9:30A - 10:30A Reserved Pickleball Grp	10:00A - 11:10A		8A-5P ◇ Youth Sports: Basketball	9A-11A Drop In Pickleball Beginner/Novice & Intermediate [All Courts]		
10:00														
10:30	Group X: ForeverWell Combo		Group X: ForeverWell Combo		Open Gym		Group X: ForeverWell Combo		Group X: ForeverWell Combo					
11:00	11:10A - 1:50P Open Gym				11:10A - 1:50P Open Gym		10:30A - 1:50P Open Gym		11:15A - 1:50P Adult Pickup Basketball				11:15A - 4P Open Gym	
11:30														
12:00														
12:30														
1:00														
1:30	2P-5P Drop In Pickleball [All Courts]		2P-4:45P Drop In Pickleball [All Courts]		2P-5P Drop In Pickleball [All Courts]		2P-4:45P Drop In Pickleball [All Courts]		2P-5P Drop In Pickleball [All Courts]				Closed	
2:00														
2:30														
3:00														
3:30														
4:00	5:15P - 8P Open Gym		5P-8:30P ◇ Youth Sports: Basketball		5:15P - 8P Open Gym		5P-8:30P ◇ Youth Sports: Basketball		5:15P - 8P Open Gym		Closed			
4:30														
5:00														
5:30														
6:00														
6:30	Closed		Closed		Closed		Closed		Closed		Closed			
7:00														
7:30														
8:00														
8:30														
9:00														

GYM RULES

- FOR EVERYONE'S SAFETY NO BACKPACKS, BAGS, AND COATS ARE NOT ALLOWED IN THE GYM.
- WATER ONLY. NO FOOD PERMITTED IN THE GYMNASIUM.
- NO PHOTOGRAPHY OR VIDEO RECORDING WITHOUT PERMISSION.
- GYM SCHEDULE IS SUBJECT TO CHANGE FREQUENTLY WITHOUT NOTICE DUE TO EVENTS, WEATHER, &/OR OTHER PROGRAMMING.
- BE CONSIDERATE & SHARE THE SPACE
- MEMBERS, GUESTS, & PROGRAM PARTICIPANTS ARE EXPECTED TO FOLLOW THE YMCA CODE OF CONDUCT AT ALL TIMES.

Last Updated: 12/8/2025

****Gym Schedule is subject to change, due to events, weather, and programming**
There could be frequent adjustments to the gym schedule, if you have questions
please refer to the Ridgedale Front Desk speak with a Member Services Team Member



Ridgedale YMCA - GYM SCHEDULE

DECEMBER 15th - DECEMBER 21st, 2025

North Gym - Furthest from
the Front Desk
South Gym - Closest to the
Front Desk

MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19	SATURDAY 20	SUNDAY 21
Open Gym North & South Gym 5:00am - 9:55am	Open Gym North & South Gym 5:00am - 1:50pm	Open Gym North & South Gym 5:00am - 9:55am	Open Gym North & South Gym 5:00am - 9:30am	Open Gym North & South Gym 5:00am - 9:55am	Open Gym North & South Gym 7:00am - 8:50am	Open Gym North & South Gym 7:00am - 8:50am
ForeverWell Combo North & South Gym 10:00am - 11:10am	Drop In Pickleball North & South Gym All Courts 2:00pm - 4:45pm	ForeverWell Combo North & South Gym 10:00am - 11:10am	Open Gym South Gym 9:30am - 10:30am	ForeverWell Combo North & South Gym 10:00am - 11:10am	Drop In Pickleball North & South Gym All Courts 9:00am - 11:00am	Drop In Pickleball North & South Gym All Courts 9:00am - 11:00am
Open Gym North & South Gym 11:10am - 1:50pm	Youth Sports: Basketball North & South Gym 5:00pm - 8:30pm	Drop In Pickleball North & South Gym All Courts 2:00pm - 5:00pm	Pickleball North Gym 1 Reserved Court 9:30am - 10:30am	Adult (18+) Basketball North & South Gym 11:15am - 1:50pm	Open Gym North & South Gym 11:15am - 4:00pm	Family Gym Time Kids Gym 9:00am - 3:00pm
Drop In Pickleball North & South Gym All Courts 2:00pm - 5:00pm		All Ages Open Gym South Gym 5:15pm - 8:00pm	Open Gym North & South Gym 10:30am - 1:50pm	Drop In Pickleball North & South Gym All Courts 2:00pm - 4:45pm		Open Gym North & South Gym 11:15am - 4:00pm
Teen & Adult (18+) Basketball North & South Gym 5:00pm - 8:00pm		Adult (18+) Basketball North Gym 5:15pm - 8:00pm	Drop In Pickleball North & South Gym All Courts 2:00pm - 4:45pm	All Ages Open Gym South Gym 5:15pm - 8:00pm		
			Youth Sports: Basketball North & South Gym 5:00pm - 8:30pm	Drop In Pickleball North Gym 1 Court 5:15pm - 8:00pm		

Last Updated

12/9/2025

GYM RULES

- BE CONSIDERATE & SHARE THE GYM SPACE.
- CHANGING IN & OUT OF CLOTHES IS TO BE DONE IN THE LOCKER ROOMS.
- MEMBERS ARE RESPONSIBLE FOR SETUP & TAKE DOWN OF EQUIPMENT (I.E. NETS) & HOOPS CAN'T BE SETUP OUTSIDE SCHEDULED TIMES.
- GYM SCHEDULE IS SUBJECT TO CHANGE OFTEN WITHOUT NOTICE DUE TO EVENTS, WEATHER, PROGRAMMING, &/OR OTHER FACTORS
- FOR EVERYONE'S SAFETY NO BACKPACKS, BAGS, &/OR COATS ARE ALLOWED IN THE GYM.
- WATER ONLY. NO FOOD PERMITTED IN THE GYM
- GUESTS ARE ENCOURAGED TO PRE-REGISTER,
- WEATHER & SEASONALLY, A CHANGE OF SHOES IS REQUESTED.
- NO PHOTOGRAPHY OR VIDEO RECORDINGS WITHOUT PERMISSION.
- CLOTHING IS TO BE WORN AT ALL TIMES.



GO TO [COMMUNITY.YMCANNORTH.ORG](https://community.ymcannorth.org)



Ridgedale YMCA - GYM SCHEDULE

DECEMBER 22nd - DECEMBER 28th, 2025

North Gym - Furthest from
the Front Desk
South Gym - Closest to the
Front Desk

MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26	SATURDAY 27	SUNDAY 28
Open Gym North & South Gym 5:00am - 9:55am	Open Gym North & South Gym 5:00am - 1:50pm	Ridgedale YMCA Christmas Eve Hours: 7:00am - 12:00pm	 CLOSED FOR CHRISTMAS 	Open Gym North & South Gym 5:00am - 9:55am	Open Gym North & South Gym 7:00am - 8:50am	Open Gym North & South Gym 7:00am - 8:50am
ForeverWell Combo North & South Gym 10:00am - 11:10am	Drop In Pickleball North & South Gym All Courts 2:00pm - 4:45pm	Open Gym North & South Gym 7:00am - 9:55am		ForeverWell Combo North & South Gym 10:00am - 11:10am	Drop In Pickleball North & South Gym All Courts 9:00am - 11:00am	Drop In Pickleball North & South Gym All Courts 9:00am - 11:00am
Open Gym North & South Gym 11:10am - 1:50pm	Open Gym North & South Gym 5:00pm - 8:00pm	ForeverWell Combo North & South Gym 10:00am - 11:10am		Adult (18+) Basketball North & South Gym 11:15am - 1:50pm	Open Gym North & South Gym 11:15am - 4:00pm	Family Gym Time Kids Gym 9:00am - 3:00pm
Drop In Pickleball North & South Gym All Courts 2:00pm - 5:00pm				Drop In Pickleball North & South Gym All Courts 2:00pm - 4:45pm		Open Gym North & South Gym 11:15am - 4:00pm
Teen & Adult (18+) Basketball North & South Gym 5:00pm - 8:00pm				All Ages Open Gym South Gym 5:15pm - 8:00pm		
				Drop In Pickleball North Gym 1 Court 5:15pm - 8:00pm		

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Ridgedale YMCA - GYM SCHEDULE

DECEMBER 29th, 2025 - JANUARY 4th, 2026

North Gym - Furthest from the Front Desk
South Gym - Closest to the Front Desk

MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 1	FRIDAY 2	SATURDAY 3	SUNDAY 4
Open Gym North & South Gym 5:00am - 9:55am	Open Gym North & South Gym 5:00am - 1:50pm	Ridgedale YMCA New Years Eve Hours: 7:00am - 5:00pm	Ridgedale YMCA New Years Day Hours: 7:00am - 5:00pm	Open Gym North & South Gym 5:00am - 9:55am	Open Gym North & South Gym 7:00am - 8:50am	Open Gym North & South Gym 7:00am - 8:50am
ForeverWell Combo North & South Gym 10:00am - 11:10am	Drop In Pickleball North & South Gym All Courts 2:00pm - 4:45pm			ForeverWell Combo North & South Gym 10:00am - 11:10am	Drop In Pickleball North & South Gym All Courts 9:00am - 11:00am	Drop In Pickleball North & South Gym All Courts 9:00am - 11:00am
Open Gym North & South Gym 11:10am - 1:50pm	Youth Sports: Basketball North & South Gym 5:00pm - 8:30pm	Open Gym North & South Gym 5:00am - 9:55am	Open Gym North & South Gym 5:00am - 9:30am	Adult (18+) Basketball North & South Gym 11:15am - 1:50pm	Open Gym North & South Gym 11:15am - 4:00pm	Family Gym Time Kids Gym 9:00am - 3:00pm
Drop In Pickleball North & South Gym All Courts 2:00pm - 5:00pm		ForeverWell Combo North & South Gym 10:00am - 11:10am	Open Gym South Gym 9:30am - 10:30am	Drop In Pickleball North & South Gym All Courts 2:00pm - 4:45pm		Open Gym North & South Gym 11:15am - 4:00pm
Teen & Adult (18+) Basketball North & South Gym 5:00pm - 8:00pm		Drop In Pickleball North & South Gym All Courts 2:00pm - 4:00pm	Pickleball North Gym 1 Reserved Court 9:30am - 10:30am			
			Open Gym North & South Gym 10:30am - 1:50pm	All Ages Open Gym South Gym 5:15pm - 8:00pm		
			Drop In Pickleball North & South Gym All Courts 2:00pm - 4:00pm	Drop In Pickleball North Gym 1 Court 5:15pm - 8:00pm		

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