

Ridgedale YMCA - "GYM SCHEDULE **DECEMBER 8th - DECEMBER 14th, 2025**

Announcements | Notes:

♦ Youth Basketball: Practices on Tue(s) & Thu(s) evenings with Games on Sat(s)

	Monday Dec. 8th	Tuesday Dec. 9th	Wednesday Dec. 10th	Thursday Dec 11th	Friday Dec. 12th	♦ Saturday Dec. 13th	Sunday Dec. 14th
	South Gym North Gym	South Gym North Gym	South Gym North Gym	South Gym North Gym	South Gym North Gym	South Gym North Gym	South Gym North Gym
5:00							
5:30						Closed	Closed
6:00						Closed	Closed
6:30							
7:00	5:00A -9:55A	5:00A -1:50P	5:00A -9:55A	5:00A -9:30A	5:00A -9:55A	7:00A - 7:50A	
7:30	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	7:00A - 8:50A
8:00		Open dylli					Open Gym
8:30							
9:00							9A-11A
9:30				9:30A -10:30A 9:30A - 10:30A Reserved		8A-5P	Drop In Pickleball
10:00	10:00A - 11:10A		10:00A - 11:10A	Open Gym Pickleball Grp	10:00A - 11:10A		Beginner/Novice & Intermediate
10:30	Group X: ForeverWell Combo		Group X: ForeverWell Combo		Group X: ForeverWell Combo	♦ Youth Sports:	[All Courts]
11:00							
11:30						Basketball	
12:00	11:10A - 1:50P		11:10A - 1:50P	10:30A - 1:50P	11:15A -1:50P		
12:30	Open Gym		Open Gym	Open Gym	Adult Pickup Basketball		11:15A - 4P
1:00							
1:30							Open Gym
2:00 2:30	2P-5P	2P-4:45P	2P-5P	2P-4:45P	2P-5P		
3:00		Drop In Pickleball					
3:30	Drop In Pickleball	[All Courts]	Drop In Pickleball	Drop In Pickleball	Drop In Pickleball		
4:00	[All Courts]		[All Courts]	[All Courts]	[All Courts]		
4:30							
5:00							
5:30							
6:00	5:15P - 8P	5P-8:30P	5:15P - 8P	5P-8:30P	5:15P - 8P		Closed
6:30 7:00	Open Gym	♦ Youth Sports: Basketball	Open Gym	♦ Youth Sports: Basketball	Open Gym	Closed	ciosea
7:00		Dasketball		Daskethall		Closed	
8:00							
8:30	Closed	Classed	Closed	Closed	Closed		
9:00		Closed		Ciosea			

GYM RULES

- FOR EVERYONE'S SAFETY NO BACKPACKS, BAGS, AND COATS ARE NOT
 GYM SCHEDULE IS SUBJECT TO CHANGE FREQUENTLY WITHOUT ALLOWED IN THE GYM.
- WATER ONLY, NO FOOD PERMITTED IN THE GYMNASIUM, NO PHOTOGRAPHY OR VIDEO RECORDING WITHOUT PERMISSION.
- NOTICE DUE TO EVENTS, WEATHER, &/OR OTHER PROGRAMMING.
- BE CONSIDERATE & SHARE THE SPACE
- MEMBERS, GUESTS, & PROGRAM PARTICIPANTS ARE EXPECTED TO FOLLOW THE YMCA CODE OF CONDUCT AT ALL TIMES.

Last Updated: 12/8/2025



Ridgedale YMCA - GYM SCHEDULE **DECEMBER 15th - DECEMBER 21st, 2025**

North Gym - Furthest from the Front Desk South Gym - Closest to the Front Desk

MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19	SATURDAY 20	SUNDAY 21
Open Gym						
North & South Gym						
5:00am - 9:55am	5:00am - 1:50pm	5:00am - 9:55am	5:00am - 9:30am	5:00am - 9:55am	7:00am - 8:50am	7:00am - 8:50am
ForeverWell Combo	Drop In Pickleball	ForeverWell Combo	Open Gym	ForeverWell Combo	Drop In Pickleball	Drop In Pickleball
North & South Gym	North & South Gym	North & South Gym	South Gym	North & South Gym	North & South Gym	North & South Gym
10:00am - 11:10am	All Courts	10:00am - 11:10am	9:30am - 10:30am	10:00am - 11:10am	All Courts	All Courts
Open Gym	2:00pm - 4:45pm	Drop In Pickleball	Pickleball	Adult (18+)	9:00am - 11:00am	9:00am - 11:00am
North & South Gym	Youth Sports:	North & South Gym	North Gym	Basketball	Open Gym	Family
11:10am - 1:50pm	Basketball	All Courts	1 Reserved Court	North & South Gym	North & South Gym	Gym Time
Drop In Pickleball	North & South Gym	2:00pm - 5:00pm	9:30am - 10:30am	11:15am - 1:50pm	11:15am - 4:00pm	Kids Gym
North & South Gym	5:00pm -8:30pm	All Ages	Open Gym	Drop In Pickleball		9:00am - 3:00pm
All Courts		Open Gym	North & South Gym	North & South Gym		Open Gym
2:00pm - 5:00pm		South Gym	10:30am - 1:50pm	All Courts		North & South Gym
Teen & Adult (18+)		5:15pm - 8:00pm	Drop In Pickleball	2:00pm - 4:45pm		11:15am - 4:00pm
Basketball		Adult (18+)	North & South Gym	All Ages		
North & South Gym		Basketball	All Courts	Open Gym		
5:00pm - 8:00pm		North Gym	2:00pm - 4:45pm	South Gym		
		5:15pm - 8:00pm	Youth Sports:	5:15pm - 8:00pm		
			Basketball	Drop In Pickleball		
			North & South Gym	North Gym		
			5:00pm -8:30pm	1 Court		
				5:15pm - 8:00pm	Last Updated	12/9/2025

GYM RULES

- BE CONSIDERATE & SHARE THE GYM SPACE.
- FOR EVERYONE'S SAFETY NO BACKPACKS, BAGS, &/OR COATS ARE ALLOWED IN THE GYM.
- WEATHER & SEASONLLY, A CHANGE OF SHOES IS REQUESTED.
- CLOTHING IS TO BE WORN AT ALL TIMES.

- CHANGING IN & OUT OF CLOTHES IS TO BE DONE IN THE LOCKER ROOMS.
- WATER ONLY. NO FOOD PERMITTED IN THE
- WITHOUT PERMISSION.
- MEMBERS ARE RESPONSIBLE FOR SETUP & TAKE DOWN OF EQUIPMENT (I.E. NETS) & HOOPS CAN'T BE SETUP OUTSIDE SCHEDULED TIMES.
- NO PHOTOGRAPHY OR VIDEO RECORDINGS GUESTS ARE ENCOURAGED TO PRE-REGISTER,
 - GO TO COMMUNITY.YMCANORTH.ORG

• GYM SCHEDULE IS SUBJECT TO CHANGE OFTEN WITHOUT NOTICE DUE TO EVENTS, WEATHER, PROGRAMMING, &/OR OTHER **FACTORS**



Ridgedale YMCA - GYM SCHEDULE DECEMBER 22nd - DECEMBER 28th, 2025

North Gym - Furthest from the Front Desk South Gym - Closest to the Front Desk

MONDAY TUESDAY WEDNESDAY THURSDAY 25 **FRIDAY** SATURDAY 28 SUNDAY Open Gym Open Gym Open Gym Open Gym Open Gym Ridgedale YMCA **Christmas Eve** North & South Gym Hours: 5:00am - 9:55am 5:00am - 1:50pm 5:00am - 9:55am 7:00am - 8:50am 7:00am - 8:50am 7:00am - 12:00pm Drop In Pickleball Drop In Pickleball Drop In Pickleball ForeverWell Combo ForeverWell Combo North & South Gym Open Gym 10:00am - 11:10am All Courts 10:00am - 11:10am All Courts All Courts Open Gym 2:00pm - 4:45pm North & South Gym Adult (18+) 9:00am - 11:00am 9:00am - 11:00am Open Gym 7:00am - 9:55am Basketball Open Gym Family North & South Gvm ForeverWell Combo North & South Gym Gym Time 11:10am - 1:50pm North & South Gym North & South Gym Drop In Pickleball 5:00pm - 8:00pm North & South Gym Kids Gym 11:15am - 1:50pm 11:15am - 4:00pm **CLOSED FOR** Drop In Pickleball North & South Gym 10:00am - 11:10am 9:00am - 3:00pm **CHIRSTMAS** All Courts North & South Gym Open Gym 2:00pm - 5:00pm All Courts North & South Gvm Teen & Adult (18+) 2:00pm - 4:45pm 11:15am - 4:00pm Basketball All Ages Open Gym North & South Gym South Gym 5:00pm - 8:00pm 5:15pm - 8:00pm Drop In Pickleball North Gym 1 Court 5:15pm - 8:00pm Last Updated 12/9/2025

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- CLOTHING IS TO BE WORN AT ALL TIMES.

- CHANGING IN & OUT OF CLOTHES IS TO BE DONE IN THE LOCKER ROOMS.
- WATER ONLY. NO FOOD PERMITTED IN THE GYM
- NO PHOTOGRAPHY OR VIDEO RECORDINGS WITHOUT PERMISSION.
- DOWN OF EQUIPMENT (I.E. NETS) & HOOPS CAN'T BE
- GUESTS ARE ENCOURAGED TO PRE-REGISTER,

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Ridgedale YMCA - GYM SCHEDULE DECEMBER 29th, 2025 - JANUARY 4th, 2026

North Gym - Furthest from the Front Desk South Gym - Closest to the Front Desk

MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 1	FRIDAY 2	SATURDAY 3	SUNDAY 4
Open Gym North & South Gym 5:00am - 9:55am	Open Gym North & South Gym 5:00am - 1:50pm	Ridgedale YMCA New Years Eve Hours:	Ridgedale YMCA New Years Day Hours:	Open Gym North & South Gym 5:00am - 9:55am	Open Gym North & South Gym 7:00am - 8:50am	Open Gym North & South Gym 7:00am - 8:50am
ForeverWell Combo North & South Gym	Drop In Pickleball North & South Gym	7:00am - 5:00pm	7:00am - 5:00pm	ForeverWell Combo North & South Gym	Drop In Pickleball North & South Gym	Drop In Pickleball North & South Gym
Open Gym	All Courts 2:00pm - 4:45pm	Open Gym North & South Gym	Open Gym North & South Gym	10:00am - 11:10am Adult (18+) Basketball	9:00am - 11:00am	All Courts 9:00am - 11:00am Family
North & South Gym 11:10am - 1:50pm Drop In Pickleball	Youth Sports: Basketball North & South Gym	5:00am - 9:55am ForeverWell Combo North & South Gym	5:00am - 9:30am Open Gym South Gym	North & South Gym 11:15am - 1:50pm	Open Gym North & South Gym 11:15am - 4:00pm	Gym Time Kids Gym
North & South Gym All Courts	5:00pm -8:30pm	10:00am - 11:10am Drop In Pickleball North & South Gym	9:30am - 10:30am Pickleball North Gym	Drop In Pickleball North & South Gym All Courts		9:00am - 3:00pm Open Gym North & South Gym
2:00pm - 5:00pm Teen & Adult (18+) Basketball		All Courts 2:00pm - 4:00pm	1 Reserved Court 9:30am - 10:30am	2:00pm - 4:45pm All Ages		11:15am - 4:00pm
North & South Gym 5:00pm - 8:00pm			Open Gym North & South Gym	Open Gym South Gym		
			10:30am - 1:50pm Drop In Pickleball North & South Gym	5:15pm - 8:00pm Drop In Pickleball North Gym		
			All Courts 2:00pm - 4:00pm	1 Court 5:15pm - 8:00pm	Last Updated	12/9/2025

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- CLOTHING IS TO BE WORN AT ALL TIMES.

- CHANGING IN & OUT OF CLOTHES IS TO BE DONE IN THE LOCKER ROOMS.
- WATER ONLY. NO FOOD PERMITTED IN THE GYM
- NO PHOTOGRAPHY OR VIDEO RECORDINGS WITHOUT PERMISSION.
- MEMBERS ARE RESPONSIBLE FOR SETUP & TAKE DOWN OF EQUIPMENT (I.E. NETS) & HOOPS CAN'T BE SETUP OUTSIDE SCHEDULED TIMES.
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