



Southdale YMCA

GYM SCHEDULE

June

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-7:00am OPEN GYM	5:00am-7:00am Adult Full Court Pick UP Basketball	5:00am-7:00am OPEN GYM	5:00am-7:00am OPEN GYM	5:00am-7:00am Adult Full Court Pick UP Basketball	7:00am - 4:30pm OPEN GYM	
7:00am - 9:00am YMCA Summer Programs	7:00am - 9:00am YMCA Summer Programs	7:00am - 9:00am YMCA Summer Programs	7:00am - 9:00am YMCA Summer Programs	7:00am - 9:00am YMCA Summer Programs		7:00am - 9:00am Drop-In Open Gym
9:15am - 11:30am Group Exercise Classes	9:15am-11:00am Group Exercise Classes	9:15am - 11:30am Group Exercise Classes	9:15am-11:00am Group Exercise Classes	9:15am - 10:30am Group Exercise Class		9:00am - 11:30am Drop-In Pickleball(1 court) 1/2 Dodgeball
11:30am - 3:00pm Drop-In Pickleball	11:00am-12:45pm Drop-In Pickleball		11:30am - 3:00pm Drop-In Pickleball	11:00am-12:45pm Drop-In Pickleball		10:30am - 3:00pm Drop-In Pickleball
	12:45pm - 3:30pm OPEN GYM	12:45pm - 2:00pm Youth Sports		1:00pm-4:30pm Drop-In Open Gym		
		2:30pm - 3:30pm Drop In - Beginner Pickleball				
3:30pm - 5:30pm YMCA SUMMER PROGRAMS	3:30pm - 6:00pm YMCA Summer Programs	3:30pm - 6:00pm YMCA Summer Programs	3:30pm - 6:00pm YMCA Summer Programs	3:30pm - 6:00pm YMCA Summer Programs		4:30pm - 5:00pm - Cleaning
5:30pm - 8:50pm Cops on Court	6:00pm - 8:50pm OPEN GYM	6:00pm - 8:50pm Dodgeball	6:00pm - 8:50pm OPEN GYM	6:00pm - 8:50pm Dodgeball		
8:50pm - 9:00pm - Cleaning	8:50pm - 9:00pm - Cleaning	8:50pm - 9:00pm - Cleaning	8:50pm - 9:00pm - Cleaning	8:50pm - 9:00pm - Cleaning		

**Gym Schedule is subject to change, due to events, weather, and programming
There could be frequent adjustments to the gym schedule.