



White Bear Lake Area YMCA

GYM SCHEDULE

6/2/2025 -6/22/2025

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2		
	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym		
5:00	Open Gym 5:00AM-9:15AM		Open Gym 5:00AM-10:00AM		Open Gym 5:00AM-9:15AM		Open Gym 5:00AM-8:50PM		Open Gym 5:00AM-10:15AM		CLOSED		CLOSED			
5:30																
6:00																
6:30																
7:00																
7:30	CHAIR SET UP 9:15AM-9:45AM				CHAIR SET UP 9:15AM-9:45AM				CHAIR SET UP 10:15AM-10:45AM		Open Gym 7:00AM-4:50PM		Catalyst Church 7:00 AM-12:00PM			
8:00																
8:30	Foreverwell Strength 9:45AM-10:30AM		CHAIR SET UP 10:00AM-10:30AM		Silver Sneakers Classic 9:45AM-10:30AM				Silver Sneakers Circuit 10:45AM-11:30AM							
9:00																
9:30	Chair Yoga 10:30AM-11:15AM						Chair Yoga 11:45M-12:30PM									
10:00																
10:30	Open Gym 10:45AM-5:30PM				Open Gym 10:45AM-5:30PM		Open Gym 5:00AM-8:50PM		Open Gym 12:45PM-8:50PM		Open Gym 12:15PM-4:50PM					
11:00																
11:30																
12:00																
12:30																
1:00	YMCA Basketball Class 5:30PM- 8:50PM				YMCA Basketball Class 5:30PM- 8:50PM						CLOSED		CLOSED			
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