



White Bear Lake Area YMCA

GYM SCHEDULE

December 8-14 2025

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym
5:00	Open Gym 5:00AM-7:00AM		Open Gym 5:00AM-7:00AM		Open Gym 5:00AM-7:00AM		Open Gym 5:00AM-7:00AM		Open Gym 5:00AM-7:00AM		CLOSED		CLOSED	
5:30														
6:00	Pickleball 7:00 AM-9:00 AM <i>Please Share the Courts</i>		Pickleball 7:00 AM-9:00 AM <i>Please Share the Courts</i>		Pickleball 7:00 AM-9:00 AM <i>Please Share the Courts</i>		Pickleball 7:00 AM-9:00 AM <i>Please Share the Courts</i>		Pickleball 7:00 AM-9:00 AM <i>Please Share the Courts</i>					
6:30														
7:00	CHAIR SET UP 9:15AM-9:45AM		Open Gym 9:15AM-10:00AM CHAIR SET UP 10:00AM-10:30AM		CHAIR SET UP 9:15AM-9:45AM		Open Gym 9:15AM-10:00AM CHAIR SET UP 10:00AM-10:30AM		CHAIR SET UP 9:15AM-9:45AM				Catalyst Church 7:00 AM-12:00PM	
7:30														
8:00	ForeverWell Strength 9:45AM-10:30AM		Chair Yoga 10:30AM-11:15AM		Silver Sneakers Classic 9:45AM-10:30AM		Chair Yoga 10:30AM-11:15AM		Silver Sneakers Classic 9:45AM-10:30AM					
8:30														
9:00	Open Gym 10:45AM-12PM		PICKLEBALL SET UP 11:45AM- 12:00PM		Silver Sneakers Circut 11:00AM-11:45AM				Silver Sneakers Circut 11:00AM-11:45AM					
9:30														
10:00	Beginners Pickleball 12PM-1:30 PM <i>Please Share the Courts</i>		YMCA Paid Pickleball Lessons 12:00PM-3:00PM				Beginners Pickleball 12PM-1:30 PM <i>Please Share the Courts</i>		Walking Soccer 12:00PM-1:00PM		Open Gym 7:00AM - 4:50PM			
10:30														
11:00	Intermediate/Advance Pickleball 1:30PM-3:00PM				Open Gym 12:00PM-4:45PM		Intermediate/Advance Pickleball 1:30PM-3:00PM						Open Gym 12:15PM-4:50 PM	
11:30														
12:00	Open Gym 3:15PM-4:45PM		Open Gym 3:15PM-4:45PM											
12:30														
1:00	YMCA Youth Sports Class 5:00PM-Close		YMCA Youth Sports Class 5:00PM-Close		YMCA Youth Sports Class 5:00PM-Close		Open Gym 3:15PM-8:50PM		Open Gym 1:15PM-8:50PM		CLOSED		CLOSED	
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9:00														

Gym Schedule is subject to change, due to events, weather, and programming
There could be last minute adjustments to the gym schedule.