



Woodbury YMCA

# GYM SCHEDULE

May 12-18

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00						CLOSED	CLOSED	
5:30								
6:00		5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:45am Open Gym	5:00am-8:00am Open Gym	6:00 am-7:00 am Open Gym		
6:30	5:00am-9:00am Open Gym							
7:00								
7:30						7:00am-9:00am Adult Pick-up Basketball	6:00am-10:00am Open Gym	
8:00				7:45 am-10:15 am Pickleball Lessons	8:00 am-10:00 am All Levels Pickleball Lessons Needed			
8:30		7:30am-11:00am Competitive Pickleball	7:30am-11:00am All Levels Pickleball No Lessons Needed					
9:00	9:30am-10:15am ForeverWell Bootcamp					9:00am-10:00am Teen Basketball		
9:30								
10:00				10:15-11:00 am Kids Stuff	10:00am-10:30am Kids Stuff	10:00am-11:00am Kids Stuff		
10:30	10:30am-11:30am Kids Stuff						10:00am-1:00pm Drop-In Pickleball No Lessons Needed	
11:00		11:00am-1:00pm Preschool	11:00am-1:00pm Preschool	11:00am-1:00pm Preschool	11:00am-1:00pm Preschool	11:00am-12:00pm Open Gym		
11:30	11:30pm-1:00pm Preschool							
12:00						12:00-2:00 pm Drop-In Family Gym		
12:30								
1:00							1:00-2:30 Drop-in Family Gym	
1:30	1:00pm-4:00 pm All Levels Pickleball Lessons Needed	1:00-4:45 PM Open Gym	1:00pm-4:00 pm Open Gym	1:00 pm-4:00 pm Beginner Competitive Pickleball	1:00pm-4:00pm Social Pickleball Lessons Recommended			
2:00								
2:30								
3:00								
3:30								
4:00						2:00pm-6:00pm Open Gym		
4:30			4:00 pm-5:00 pm Stuff Kids	4:00 pm- 5:00 pm Stuff Kids	4:00 pm-5:00 pm Stuff Kids		2:30-6:00 pm Open Gym	
5:00	4:00 pm-7:00 pm Youth Basketball	4:45 pm-7:00 pm Youth Volleyball						
5:30			5:00 pm -6:00 pm Girls Only Gym					
6:00								
6:30								
7:00								
7:30			6:00-9:00 pm Social Pickleball	5:00-9:00 Open Gym	5:00-9:00 Open Gym			
8:00	7:00 pm-9:00 pm Open Gym	7:00 pm-9:00 pm Open Gym				CLOSED	CLOSED	
8:30								
9:00								
		**Gym Schedule is subject to change, due to events, weather, and programming						
		There could be frequent adjustments to the gym schedule.						
	*Paid \$\$ must register							