



WOODBURY YMCA

SCHEDULE SUBJECT TO CHANGE

Updated: 6/5/2023

# LAP POOL SCHEDULE

June 2nd - June 8th, 2025

Please check for Private Swim Lane Reservations

**LAP LANES MAY BE USED FOR PRIVATE SWIM LESSONS**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:45am Lap Swim (4) Exercise (1) 7:45-8:05 CLOSED	5:00am-8:00 am Lap Swim (4) Exercise (1) 8:00-8:20 CLOSED	5:00am - 7:00am Lap Swim (4) Exercise (1) 7:00-7:20 7:20am- 7:55am WATERBALL	5:00am - 8:00am Lap Swim (4) Exercise (1) 8:00-8:20 CLOSED	5:00am - 7:45am Lap Swim (4) Exercise (1) 7:45-8:05 CLOSED	CLOSED	CLOSED
8:15am-9:00am Water X Class	8:30am-9:00am Water X Class	8:15am-9:00am Water X Class	8:30am-9:00am Water X Class	8:15am-9:00am Water X Class		
9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	9:15am - 10:00am Water X Class	7:00am- 12:00pm Lap Swim (4) Exercise (1) Private lessons (1) 9:15-12pm	7:00am-12:00pm Lap Swim (4) Exercise (1) Private lessons (1) 8:30am- 10:30am
10:20am-5:00pm Lap Swim (4) Exercise(1) Private lesson (1) 4:15-5:15p	10:20am-5:00pm Lap Swim (4) Exercise(1) Private lessons (3) 3-5pm/ 3:45 - 4:45p/ 4:30-5p	10:20am-5:00pm Lap Swim (4) Exercise(1) Private lesson (1) 4-5p	10:20am-5:00pm Lap Swim (4) Exercise(1) Private lesson (3) 4-5p / 4:45-5:15p / 4:30-5p	10:20am-5:00pm Lap Swim (4) Exercise(1) Private lesson (1) 3-5p	12:00pm -4:45pm Lap Swim (2) Exercise (1) Open Swim (2)	12:00pm -4:45pm Lap Swim (2) Exercise (1) Open Swim (2)
5:00pm - 8:45pm Lap Swim (3) Open Swim (2) Private lesson (2) 5:15-5:45p/ 5 - 5:30p	5:00pm - 8:45pm Lap Swim (3) Open Swim (2) Private lessons (2) 5-7:30p / 5-6p	5:00pm - 8:45pm Lap Swim (3) Open Swim (2)	5:00pm - 8:45pm Lap Swim (3) Open Swim (2) Private lesson (2) 5-7:30p / 6:45 -8p	5:00pm - 8:45pm Lap Swim (3) Open Swim (2) Private lesson (1) 5-5:30p/ 6-6:30p		
					CLOSED	CLOSED

During Lap Swim, you are required to share a lane with another swimmer if all lanes are full! This includes circle swim.



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# LEISURE POOL SCHEDULE

June 2nd - June 8th, 2025

Private lessons may use part of pool if available

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:45am Open Swim (Slide area closed)	5:00am - 8:00am Open Swim (Slide area closed)	5:00am - 7:00am Open Swim (Slide area closed)	5:00am - 8:00am Open Swim (Slide area closed)	5:00am - 7:45am Open Swim (Slide area closed)	7:00 - 9:00am Open Swim (Slide Area Closed)	7:00 - 9:00am Open Swim (Slide Area Closed)
7:45 - 10:20am CLOSED	8:00 - 10:20am CLOSED	7:00am-10:20am CLOSED	8:00 - 10:20am CLOSED	7:45am - 10:20am CLOSED	9:00 - 12:00pm Open Swim	9:00 - 12:00pm Open Swim
10:20 -12:00pm Open Swim	10:20 -12:00pm Open Swim	10:20 -12:00pm Open Swim	10:20 -12:00pm Open Swim	10:20 -12:00pm Open Swim	12:00 - 4:00pm Open Swim Slide Running (12-4pm)	12:00 - 4:00pm Open Swim Slide Running (12-4pm)
12:00p -2:00pm Open Swim (Slide Area Closed)	12:00p -2:00pm Open Swim (Slide Area Closed)	12:00p -2:00pm Open Swim (Slide Area Closed)	12:00p -2:00pm Open Swim (Slide Area Closed)	12:00p -2:00pm Open Swim (Slide Area Closed)		
2:00-4:00pm Open Swim	2:00-4:00pm Open Swim	2:00-4:00pm Open Swim	2:00-4:00pm Open Swim	2:00-4:00pm Open Swim		
4:00-5:00p Open Swim (Slide Area Closed)	4:00-5:00p Open Swim (Slide Area Closed)	4:00-5:00p Open Swim (Slide Area Closed)	4:00-5:00p Open Swim (Slide Area Closed)	4:00-5:00p Open Swim (Slide Area Closed)	4:00 - 4:45pm Open Swim	4:00 - 4:45pm Open Swim
5:00 - 7:30pm Open Swim Slide Running (5:00-7:30p)	5:00 - 7:30pm Open Swim Slide Running (5:00-7:30p)	5:00 - 7:30pm Open Swim Slide Running (5:00-7:30p)	5:00 - 7:30pm Open Swim Slide Running (5:00-7:30p)	5:00 - 8:45pm Open Swim Slide Running (5:05-8:30pm)		
7:30 - 8:45pm Open Swim	7:30 - 8:45pm Open Swim	7:30 - 8:45pm Open Swim	7:30 - 8:45pm Open Swim		CLOSED	CLOSED

See Lifeguard(s) for Swim Tests.