

POOLS CLOSED ON MONDAY EVENINGS

SAUNA WILL REMAIN OPEN TO PUBLIC

DUE TO THE AMOUNT OF LESSONS BEING OFFERED, THE POOL WILL BE CLOSED FOR SWIM LESSONS ON MONDAYS STARTING APRIL 15 - MAY 27TH FROM 4:15-7:30PM

Please check for schedules and times at other YMCA locations for usage of the pool during this time. See member services for more details. Thank you

April 8 - April 14th, 2024

Private lessons may use lap lanes if available

AP LANES ARE FOR LAP SWIMMERS ONLY - NO EXERCISE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:45am	5:00am - 8:00 am	5:00am - 7:00am	5:00am - 8:00am	5:00am - 7:45am		
		Lap Swim (4)				
Lap Swim (4)	Lap Swim (4)	Exercise (1)	Lap Swim (4)	Lap Swim (4)		01 0055
Exercise (1) 7:45-8:05	Exercise (1)	7:00-7:20 7:20am- 7:55am	Exercise (1)	Exercise (1) 7:45-8:05	CLOSED	CLOSED
CLOSED		WATERBALL		CLOSED		
8:15am-9:00am	8:00-8:20	8:15am-9:00am	8:00-8:20	8:15am-9:00am		
Water X Class	CLOSED 8:30am-9:00am	Water X Class	8:30am-9:00am	Water X Class	7:00am- 9:00am	7:00am - 9:00am
Trais. A Glass	Water X Class	Trailor X Grado	Water X Class	Traisi X Giass	Lap Swim (4)	riocani orocani
0.450		0.45 40.00		0.450	Exercise (1)	Lap Swim (4)
9:15am - 10:00am Water X Class	9:15am - 10:00am	9:15am - 10:00am Water X Class	9:15am - 10:00am	9:15am - 10:00am Water X Class		Exercise (1)
Water A Glass	Water X Class	Water A Class	Water X Class	Water A Glass		
10:20-12:55pm	10:20-12:55pm	10:20-12:55pm	10:20-12:55pm	10:20-12:55pm		
·	·	•	·		9:00-12:00pm	9:00-4:45pm
Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (2)	Lap Swim (2)
Exercise (1)	Exercise (1)	Exercise (1)	Exercise (1)	Exercise (1)	Open Swim (2)	Exercise (1)
					Swim Lessons	Open Swim (2)
					(1)	
					12:00pm-4:45pm	
1:00pm- 4:20pm	1:00pm- 4:20pm	1:00pm- 4:20pm	1:00pm- 8:45pm	1:00pm- 8:45pm	Lap Swim (3)	
Lap Swim (3)	Lap Swim (3)	Lap Swim (3)	Lap Swim (3)	Lap Swim (3)	Open Swim (2)	
Open Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)		
4:30pm-7:30pm	4:30pm-7:30pm	4:30pm-7:30pm				
7.00pm 7.00pm	oop 7.oop	oop r.oop				
Lap Swim (1)	Lap Swim (1)	Lap Swim (1)				
Open Swim (2)	Open Swim (2)	Open Swim (2)				
Swim Lessons	Swim Lessons	Swim Lessons				
(2)	(2)	(2)				
7:40pm-8:45pm	7:40pm-8:45pm	7:40pm-8:45pm			CLOSED	CLOSED
Lap Swim (3)	Lap Swim (3)	Lap Swim (3)				
Open Swim (2)	Open Swim (2)	Open Swim (2)				
During Lan S	wim vou are requi	rod to share a lane	with another swir	nmer if all lanes ar	o full! This includes	circle curim

During Lap Swim, you are required to share a lane with another swimmer if all lanes are full! This includes circle swim.



WOODBURY YMCA SCHEDULE SUBJECT TO CHANGE 6/5/2023

EISURE POOL SCHEDULE

April 8 - April 14th, 2024

Private lessons may use part of pool if available

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 11:00am	5:00 - 11:00am	5:00 -11:00am	5:00 - 11:00am	5:00am - 11:00am	7:00am-8:00am CLOSED	7:00-8:00am CLOSED
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	8:00 - 9:00am Open Swim	8:00 - 2:00pm Open Swim
11:00 - 4:30pm Open Swim	11:00 - 4:30pm Open Swim	11:00 - 11:30am Open Swim 11:30 - 12:15pm Water X 12:15-4:30pm Open Swim 4:30pm -7:30PM	11:00 - 5:00pm Open Swim	11:00 - 4:00pm Open Swim 4:00 - 8:45pm	9:00-12:00pm Swim Lessons (portion of pool will be open for Open Swim) 12:00 - 2:00pm Open Swim	
Swim Lesson In Pool (PORTION OF POOL WITH BE ROPED OFF FOR OPEN SWIM)	Swim Lesson In Pool (PORTION OF POOL WITH BE ROPED OFF FOR OPEN SWIM)	Swim Lesson In Pool (PORTION OF POOL WITH BE ROPED OFF FOR OPEN SWIM)	5:00 - 8:45pm Open Swim Slide Running (5:05 - 8:30pm)	Open Swim Slide Running (5:05 - 8:30pm)	2:00pm - 4:45pm Open Swim Slide Running (5;05-8:30pm)	2:00pm - 4:45pm Open Swim Slide Running (2:05-4:30pm)
7:40pm - 8:45pm Open Swim	7:40pm - 8:45pm Open Swim	7:40pm - 8:45pm Open Swim			CLOSED	CLOSED