December 8th - December 14th, 2025 Please check for Private Swim Lane Reservations

### AP LANES MAY BE USED FOR PRIVATE SWIM LESSONS

| Mondoy                           | Tuesday                         | Wodpoodov                        | Thursday                                | Friday                            | Saturday                     | Sunday                                 |
|----------------------------------|---------------------------------|----------------------------------|-----------------------------------------|-----------------------------------|------------------------------|----------------------------------------|
| Monday 5:00am - 7:45am           | Tuesday<br>5:00am-8:00 am       | Wednesday<br>5:00am - 7:00am     | Thursday 5:00am - 8:00am                | 5:00am - 7:45am                   | Saturday                     | Sunday                                 |
| Lap Swim (4)                     | Lap Swim (4)                    | Lap Swim (4)                     | Lap Swim (4)                            | Lap Swim (4)                      |                              |                                        |
| Exercise (1)                     | Exercise (1)                    | Exercise (1)                     | Exercise (1)                            | Exercise (1)                      |                              |                                        |
| 7.45.0.05                        |                                 | 7:00-7:20                        |                                         | 7.45.0.05                         | CLOSED                       | CLOSED                                 |
| 7:45-8:05<br>CLOSED              |                                 | 7:20am- 7:55am<br>WATERBALL      |                                         | 7:45-8:05<br>CLOSED               |                              |                                        |
| 8:15am-9:00am                    | 8:00-8:20                       | 8:15am-9:00am                    | 8:00-8:20                               | 8:15am-9:00am                     |                              |                                        |
| Water X Class                    | CLOSED<br>8:30am-9:00am         | Water X Class                    | 8:30am-9:00am                           | Water X Class                     | 7:00am-9:20am                | 7:00am-12:00pm                         |
|                                  | Water X Class                   |                                  | Water X Class                           |                                   | Lap Swim (4)                 | Lap Swim (3)                           |
| 9:15am - 0:00am                  | 9:15am -10:00am                 | 9:15am -10:00am                  | 9:15am -10:00am                         | 9:15am - 0:00am                   | Exercise (1)                 | Exercise (1)                           |
| Water X Class                    | Water X Class                   | Water X Class                    | Water X Class                           | Water X Class                     | 9:20 - 12:00pm               | Private lesson (1)                     |
| 10:20am-4:00pm                   | 10:20am-3:00pm                  | 10:20am-4:50pm                   | 10:20am- 4:50pm                         | 10:20am-3:00pm                    | Swim Lessons (3)             |                                        |
| Lap Swim (4)                     | Lap Swim (4)                    | Lap Swim (4)                     | Lap Swim (4)                            | Lap Swim (4)                      | Lap Swim (1)                 |                                        |
| Exercise(1)                      | Exercise(1)                     | Exercise(1)                      | Exercise(1)                             | Exercise(1)                       | Private lesson (1)<br>11:30a |                                        |
|                                  | Private lesson (1)              |                                  | Private lesson (1)                      |                                   | 11.000                       |                                        |
|                                  |                                 | 4:30p                            |                                         |                                   |                              |                                        |
|                                  | 3:00 - 4:50pm                   |                                  |                                         | 3:00 - 5:00pm                     |                              |                                        |
|                                  | Lap Swim (3)                    |                                  |                                         | Lap Swim (2)                      |                              |                                        |
|                                  | Exercise (1) Private lesson (1) |                                  |                                         | Open Swim (2) Private lesson (1)  |                              |                                        |
| 4:00 - 4:50pm                    | 11114110 1033011 (1)            |                                  |                                         | Titvate lesson (1)                | 12:00pm 4:45pm               | 12:00pm 1:00pm                         |
| Lap Swim (3)                     |                                 |                                  |                                         |                                   | Lap Swim (2)                 | Lap Swim (2)                           |
| Open Swim (2)                    |                                 |                                  |                                         |                                   |                              | Exercise (1) Open                      |
|                                  |                                 |                                  |                                         |                                   | Swim (2)                     | Swim (2)                               |
|                                  |                                 |                                  |                                         |                                   |                              |                                        |
|                                  |                                 |                                  |                                         |                                   |                              | 1:00 - 2:00pm Lap<br>Swim (2) Exercise |
| 4:50 - 6:00pm                    | 4:50 - 6:00pm                   | 4:50 - 6:00pm                    | 4:50 - 6:00pm                           | 5:00 - 5:30pm Lap                 |                              | (1) Lifeguard                          |
|                                  | Swim Lessons (3)                |                                  |                                         | Swim (3) Private                  |                              | Inservice (2)                          |
| Lap Swim (3)                     | Private lesson (1)              | Lap Swim (1)                     | Lap Swim (2)                            | lesson (2) 5pm-                   |                              |                                        |
| Private lesson (1)               |                                 | Private lesson (2)               | • • • • • • • • • • • • • • • • • • • • | 5:30                              |                              | 2:00 - 4:45pm Lap                      |
|                                  |                                 |                                  | Private lesson (1)                      |                                   |                              | Swim (2) Exercise                      |
|                                  |                                 |                                  |                                         | 5:30 - 8:45pm Lap                 |                              | (1) Open Swim (2)                      |
| 6:00 - 7:30pm                    | 6:00 - 7:30pm                   | 6:00 - 7:30pm                    | 6:00 - 7:30pm                           | Swim (3) Open<br>Swim (2) Private |                              | Private lesson (1)                     |
|                                  | Swim Lessons (4)                |                                  |                                         | lesson (1) 5:30 -                 |                              | 3pm                                    |
| Lap Swim (1)                     | Private lesson (1)              |                                  | Lap Swim (2)                            | 6:00p                             |                              |                                        |
| Open Swim (2) Private lesson (1) |                                 | Open Swim (2) Private lesson (1) | Open Swim (1) Private lesson (1)        |                                   |                              |                                        |
| 7-7:30p                          |                                 | 6pm                              | (.)                                     |                                   |                              |                                        |
|                                  |                                 |                                  |                                         |                                   |                              |                                        |
| 7:30 8:45nm l an                 | 7:20 9:45nm l an                | 7:20 9:45nm l an                 | 7:20 9:45nm l on                        |                                   |                              |                                        |
| Swim (3)                         | Swim (3)                        | Swim (3)                         | 7:30 - 8:45pm Lap<br>Swim (3)           |                                   |                              |                                        |
| Open Swim (2)                    | Open Swim (2)                   | Open Swim (2)                    | Open Swim (2)                           |                                   |                              |                                        |
|                                  |                                 |                                  |                                         |                                   |                              |                                        |
|                                  |                                 |                                  |                                         |                                   | CLOSED                       | CLOSED                                 |
|                                  |                                 |                                  |                                         |                                   |                              |                                        |
|                                  |                                 |                                  |                                         |                                   |                              |                                        |
|                                  |                                 |                                  |                                         | nmor if all lance are             |                              |                                        |

During Lap Swim, you are required to share a lane with another swimmer if all lanes are full! This includes circle swim.



# WOODBURY YMCA SCHEDULE SUBJECT TO CHANGE Updated: 6/5/2023 EISURE POOL SCHEDULE

December 8th - December 14th, 2025 Private lessons may use part of pool if available

| Monday                           | Tuesday                       | Wednesday                                | Thursday                      | Friday                         | Saturday                          | Sunday                                 |
|----------------------------------|-------------------------------|------------------------------------------|-------------------------------|--------------------------------|-----------------------------------|----------------------------------------|
| 5:00am - 7:45am<br>Open Swim     | 5:00am - 8:00am<br>Open Swim  | 5:00am - 7:00am Open<br>Swim (Slide area | 5:00am - 8:00am<br>Open Swim  | 5:00am - 7:45am<br>Open Swim   | 7:00 - 8:00am<br>Open Swim (Slide | 7:00 - 8:00pm Open<br>Swim (Slide Area |
| (Slide area                      | (Slide area                   | closed)                                  | (Slide area                   | (Slide area                    | Area closed)                      | closed)                                |
| closed)                          | closed)                       | 7:00am-10:20am                           | closed)                       | closed)                        | 8:00 - 9:20am Open                | 0.00 40.00                             |
| 7:45 - 10:20am<br>CLOSED         | 8:00 - 10:20am                | CLOSED                                   | 8:00 - 10:20am                | 7:45 - 10:20am<br>CLOSED       | Swim                              | 8:00 - 12:00pm<br>Open Swim            |
|                                  | CLOSED                        |                                          | CLOSED                        |                                | 9:20am - 12:00pm<br>Swim Lessons  |                                        |
|                                  |                               |                                          |                               |                                | (Section will be                  |                                        |
|                                  |                               |                                          |                               |                                | closed off)                       |                                        |
|                                  |                               |                                          |                               |                                | Open Swim available               |                                        |
|                                  | 10:30am-11:30am               |                                          |                               | 10:30am-11:30am                | 10.00 1.15                        | 40.00 4.00                             |
| Preschool Swim & Open Swim       | Preschool Swim<br>& Open Swim | Preschool Swim<br>& Open Swim            | Preschool Swim<br>& Open Swim | Preschool Swim<br>& Open Swim  | 12:00 - 4:45pm<br>Open Swim       | 12:00 - 1:00pm<br>Open Swim            |
| & Open Swiiii                    | & Open Swilli                 | & Open Swiiii                            | & Open Swiiii                 | & Open Swiiii                  | Slide Running                     | Slide Running                          |
| 11:30 - 4:50pm                   | 11:30 - 4:50pm                | 11:30 - 4:50pm                           | 11:30 - 4:50pm                | 11:30 - 5:00pm                 | (12-4pm)                          | (12-4p)                                |
| Open Swim                        | Open Swim                     | Open Swim                                | Open Swim                     | Open Swim                      |                                   |                                        |
|                                  |                               |                                          |                               |                                |                                   |                                        |
|                                  |                               |                                          |                               |                                |                                   |                                        |
|                                  |                               |                                          |                               |                                |                                   |                                        |
|                                  |                               |                                          |                               |                                |                                   |                                        |
|                                  |                               |                                          |                               |                                |                                   |                                        |
|                                  |                               |                                          |                               |                                |                                   |                                        |
|                                  |                               |                                          |                               |                                |                                   |                                        |
|                                  |                               |                                          |                               |                                |                                   |                                        |
| 4:50 - 5:00pm                    | 4:50 - 5:00pm                 | 4:50 - 5:00pm                            | 4:50 - 5:00pm                 |                                |                                   |                                        |
| CLOSED                           | CLOSED                        | CLOSED                                   | CLOSED                        |                                |                                   |                                        |
| 5:00 - 7:30pm                    | 5:00 - 7:30pm                 | 5:00 - 7:30pm                            | 5:00 - 7:30pm                 | 5:00 - 8:45pm                  |                                   |                                        |
| Swim Lessons (Section will be    | Swim Lessons (Section will be | Swim Lessons (Section will be            | Swim Lessons (Section will be | Open Swim Slide<br>Running (5- |                                   |                                        |
| closed off)                      | closed off)                   | closed off)                              | closed off)                   | 8:30pm)                        |                                   |                                        |
| Open Swim                        | Open Swim                     | Open Swim                                | Open Swim                     |                                |                                   |                                        |
| available                        | available                     | available                                | available                     |                                |                                   |                                        |
|                                  |                               |                                          |                               |                                |                                   |                                        |
|                                  |                               |                                          |                               |                                |                                   |                                        |
|                                  |                               |                                          |                               |                                |                                   |                                        |
| 7.00 6.17                        | 7.00 6.17                     | 7.00 6.47                                | 7.00 6.17                     |                                |                                   |                                        |
| 7:30 - 8:45pm<br>Open Swim       | 7:30 - 8:45pm<br>Open Swim    | 7:30 - 8:45pm<br>Open Swim               | 7:30 - 8:45pm<br>Open Swim    |                                | 01.00=5                           | 01.00=5                                |
|                                  |                               |                                          |                               |                                | CLOSED                            | CLOSED                                 |
|                                  |                               |                                          |                               |                                |                                   |                                        |
|                                  |                               |                                          |                               |                                |                                   |                                        |
|                                  |                               |                                          |                               |                                |                                   |                                        |
|                                  |                               |                                          |                               |                                |                                   |                                        |
| See Lifeguard(s) for Swim Tests. |                               |                                          |                               |                                |                                   |                                        |

## **Private Swim Lesson Lane Reservations**

Dec 8th- Dec 14th Lap Lanes may be used for private lessons

| Monday    | Time           | Instructor |  |  |
|-----------|----------------|------------|--|--|
|           | 4:30 - 6:00pm  | Megan      |  |  |
|           | 7:00 - 7:30pm  | Netta      |  |  |
|           |                |            |  |  |
|           |                |            |  |  |
| Tuesday   | Time           | Instructor |  |  |
|           | 3:00 - 6:30pm  | Anne       |  |  |
|           | 1:00 - 2:00pm  | Luke       |  |  |
|           |                |            |  |  |
|           |                |            |  |  |
|           |                |            |  |  |
|           |                |            |  |  |
| Wednesday | Time           | Instructor |  |  |
|           | 5:00 - 5:30pm  | Rhianna    |  |  |
|           | 4:30 - 5:30pm  | Megan      |  |  |
|           | 6:00 - 6:30pm  | Rhianna    |  |  |
| _         |                |            |  |  |
|           |                |            |  |  |
| Thursday  | Time           | Instructor |  |  |
| _         | 3:30 - 6:30pm  | Anne       |  |  |
| <u> </u>  |                |            |  |  |
| -         |                |            |  |  |
| H         |                |            |  |  |
| Friday    | Time           | Instructor |  |  |
|           | 5:00 - 5:30pm  | Netta      |  |  |
|           | 5:00 - 5:30pm  | Rhianna    |  |  |
|           | 3:30 - 4:00pm  | Anne       |  |  |
|           | 5:30 - 6:00pm  | Anne       |  |  |
|           | ·              |            |  |  |
| Saturday  | Time           | Instructor |  |  |
|           |                |            |  |  |
|           |                |            |  |  |
|           |                |            |  |  |
|           |                |            |  |  |
|           |                |            |  |  |
| Sunday    | Time           | Instructor |  |  |
| <u>_</u>  | 8:00 - 12:30pm | Instructor |  |  |
| <u>_</u>  | 3:00 - 3:30pm  | Edward     |  |  |
| <u></u>   |                |            |  |  |
|           |                |            |  |  |