



IHDUHAPI

SUMMER 2026

campihduhapi.org
612-822-2267
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TRADITIONAL CAMP

5 days | Ages 7–15 | \$950

This is a classic sleepaway camp experience. Each day, campers choose to participate in four one-hour “Achievement” activity blocks, where they explore a variety of activities such as swimming, boating, arts and crafts, archery, and more! A week at camp includes all-camp games, evening campfires, a special Theme Day, and one night of cooking over the fire — with the option for the cabin group to camp overnight in tents.

- June 14–18
- June 21–25
- June 28–July 2
- July 5–9
- July 12–16
- July 19–23
- August 2–6
- August 9–13

TRADITIONAL + HORSE CAMP

5 days | Ages 8–15 | \$1,150

Horse specialty campers spend a full afternoon block at our horse barn each day during the afternoon “Achievement” time. The rest of the day is spent participating in the Traditional Camp experience.

Each day, campers spend two hours at the barn, where they can groom, bridle, saddle and ride a horse. Whether beginner or advanced, campers will spend time improving their western riding technique and learning about horse safety.

- June 14–18
- June 21–25
- June 28–July 2
- July 5–9
- July 12–16
- July 19–23
- August 2–6
- August 9–13

TRADITIONAL + OUTDOOR CHALLENGE

5 days | Ages 9–15 | \$1,150

Outdoor Challenge specialty campers will spend a full two-hour block participating in challenges and initiatives each day during the morning or afternoon “Achievement” time. The rest of the day is spent participating in the Traditional Camp experience.

Outdoor Challenge camp combines Camp Ihduhapi’s renowned High Ropes Challenges and Group Initiatives led by excellent facilitators to create an opportunity for campers to strengthen their character and learn group cohesion skills. Climbers spend two hours each day experiencing some high and low ropes events such as the Climbing Wall, Leap of Faith, Giant Zipline, Giant’s Ladder, and Tree Highs Course.

- June 14–18
- June 21–25
- June 28–July 2
- July 5–9
- July 12–16
- July 19–23
- August 2–6
- August 9–13

TRADITIONAL MINI SESSION

4 days | Ages 7–13 | \$760

Not ready for a full session? Try our three-night/four-day mini session! It is a terrific way to introduce the overnight experience to our new Ihduhapi campers. Like a traditional camp session, we provide a variety of activities to give campers a taste of what a full week feels like. There are no specialty add-ons for mini sessions.

- June 9–12

CAMP NOT-A-CLOT

5 days | Ages 8–17 | \$975

Camp Not-A-Clot is a traditional summer camp experience for campers with chronic bleeding disorders. The mission is to foster community among patients with bleeding disorders and promote transition to independence.

- July 26–30

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CAMP SUPERKIDS

5 days | Ages 7–16 | \$975

Camp Superkids is an overnight summer camp for kids with asthma and kids who do not have asthma but want to learn more to better support their friends and family with asthma. Campers get to enjoy all the fun of an outdoor summer camp while in a medically supervised and safe environment. This program provides experiences that foster independence, inspire confidence, and build self-esteem, educating them and their families on how to better manage asthma.

Learn more about this unique experience, and how we ensure campers' health and safety.

- August 23–27

IHDUHAPI PRIDE

5 days | Ages 7–16 | \$950

Camp Ihduhapi is always a safe space for kids to be themselves, and this special pride session celebrates all identities in our camper community! Ihduhapi Pride will provide a fun, safe, and supportive camp experience for self-expression. Campers will build confidence in themselves and their abilities with camp activities, identity affinity groups, and a supportive and welcoming staff.

- August 16–20

PRIDE + HORSE CAMP

5 days | Ages 7–16 | \$1,150

Horse specialty campers will spend a full afternoon block at our horse barn each day. The rest of the day is spent participating in the Traditional Pride Camp experience.

Each day, campers spend two hours at the barn, where they can groom, bridle, saddle and ride a horse. Whether beginner or advanced, campers will spend time improving their western riding technique and learning about horse safety.

- August 16–20

PRIDE + OUTDOOR CHALLENGE

5 days | Ages 7–16 | \$1,150

Outdoor Challenge specialty campers will spend a full two-hour block participating in challenges and initiatives each day. The rest of the day is spent participating in the Traditional Pride Camp experience.

Outdoor Challenge Camp combines Camp Ihduhapi's renowned High Ropes Challenges and Group Initiatives with excellent facilitators to create an opportunity for campers to strengthen their character and learn group cohesion skills. Climbers spend two hours each day experiencing some high and low ropes events such as the Climbing Wall, Leap of Faith, Giant Zipline, Giant's Ladder, and Tree Highs Course.

- August 16–20

LEADERSHIP AND WILDERNESS

Our Leadership Development Program is a leadership progression for teens. LDP instructors coach on group facilitation and leadership, teach technical outdoor skills, and guide participants to collaboratively make consequential decisions. LDP programs develop well-rounded leaders through a variety of activities, projects, and team-building exercises. Campers learn leadership skills and valuable lessons that will last a lifetime. The Leadership Development Program is set up as a progression for teens that includes sessions from two to four weeks.

EXPLORERS (CANOE)

12 days | Entering Grade 8 | \$1,900

Explorers is a two-week session that introduces campers to the wonderful adventure of a wilderness canoe trip! The program starts with campers getting to know each other and practicing canoeing skills in camp. The next few days are spent on a short canoe trip in the Boundary Waters Canoe Area Wilderness (BWCAW) or similar wilderness area. Upon return, Explorers participate in traditional camp activities at Camp Ihduhapi. (Cabin groups are co-ed)

- July 5–16

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VOYAGEURS (CANOE)

12 days | Entering Grade 9 | \$1,900

Voyageurs is a two-week session that expands on canoeing and leadership skills. Before and after the canoe trip in the BWCAW or similar wilderness area, Voyageurs participate in trip preparations and traditional camp activities at Camp Ihduhapi. (Cabin groups are co-ed)

- August 2–13

JUNIOR LEADERS (CANOE)

12 days | Entering Grade 10 | \$1,900

Junior Leaders is a two-week session that builds even further on the wilderness canoe experience. Most of the session is spent preparing for their longer, pinnacle canoe trip to the BWCAW or similar wilderness area. Most of the session takes place on trail, with limited time at Camp Ihduhapi. (Cabin groups are co-ed)

- July 12–23

COUNSELORS IN TRAINING

3 weeks | Entering Grade 11 | \$2,400

Counselor In Training (CIT) is a three-week session for teens that want to develop mentoring and leadership opportunities as Camp Counselors CITs develop mentoring skills through team building and leadership training. CITs will embark on a 4–5-day local wilderness trip. For the last week of their experience, CITs will apply their new skills by shadowing experienced counselors in a cabin of younger campers and leading all camp activities (Cabin groups are co-ed)

- July 5–23

YMCA SERVICE LEADERS

5 days | Ages 14–16 | \$750

YMCA Service Leaders is a five-day session for teens who want to build leadership skills through hands-on service. Campers take part in traditional camp activities while also spending time working on projects that give back to the Ihduhapi community.

Service projects may include building benches, clearing trails, painting, planting, or other projects that support Camp. Campers strengthen teamwork, communication, and problem-solving skills in a fun and supportive environment. (Cabin groups are co-ed)

- June 21–25
- June 28–July 2
- August 2–6

IHDUHAPI ISLANDERS

5 days | Ages 11–12 & 13–14 | \$950

Ihduhapi Islanders is a one-week session designed to teach campers fundamental outdoor skills. Beginning with lessons on canoeing, outdoor cooking, fire building and more, staff ensure that campers fully understand the essentials of wilderness trips. Islanders spend the remainder of their session camping on Ihduhapi's Island, providing a hands-on experience that builds confidence for all skill levels. (Cabin groups are co-ed)

- June 28–July 2

IHDUHAPI INTERNSHIP

3 Weeks | Age 17*

The Ihduhapi Internship is a three-week session for 17-year-olds who are ready to begin their camp counselor career! Interns will take a deep dive into the skills and leadership required of camp staff. Interns return home each weekend. Meals and housing are provided while at Camp Ihduhapi. Spaces are limited and interns must interview prior to registration. (Cabin groups are co-ed)

Please email Grace Larsen (Grace.Larsen@ymcamn.org) for more information. Successful completion may lead to paid employment opportunities.

- June 14–July 2

*(Entering Grade 12)

SCHOLARSHIPS:

Camp Ihduhapi welcomes all who wish to participate and annually raises campership funds to ensure camp fees are not a barrier for anyone. For more information about our scholarships please visit campihduhapi.org or call 612-822-2267.