



MENOGYN SUMMER 2023

NOTE ON GENDER AT MENOGYN: YMCA of the North’s camping programs welcome all participants into our programming including transgender, gender non-conforming, gender non-binary, and other gender expansive campers. Campers who identify with any of these categories are always welcome to register for our single gender trips according to where they feel most comfortable. Additionally, we offer several all gender trips to better serve this population of young people. Our all gender trips are open to any camper seeking a trail experience less defined by gender, regardless of the gender identity they hold.

The sessions below indicated with a ▼ include single gender and all gender trips.

CANOING

INTRO TO CANOEING: BOUNDARY WATERS

Entering grades 7 - 8

This is a great opportunity for younger campers to experience Menogyn Magic for the first time. Campers will prepare for their trip in camp and then spend two nights and three days on trail exploring the beautiful Boundary Waters Canoe Area Wilderness. Everyone will have fun learning how to paddle, portage, and set up camp.

Date	# Days	Fees
6/26-6/30 ▼	5	\$685
7/3-7/7	5	\$685
7/17-7/21	5	\$685
7/24-7/28	5	\$685
7/31-8/4 ▼	5	\$685
8/7-8/11	5	\$685
8/14-8/18	5	\$685
8/21-8/25 ▼	5	\$685

LONGER BOUNDARY WATERS ADVENTURES

Entering grades 8 - 12

An incredible adventure for all teens! Regardless of skill level or previous canoeing experience, Menogyn guides work with campers to develop their wilderness skills as they enjoy eight or nine nights on trail canoeing the Boundary Waters Canoe Area Wilderness. There is also more time to create lasting friendships and have fun!

In addition to our classic canoe trip, we also offer three emphasis trips for campers to enrich their Menogyn experience.

Date	Emphasis		Fees
6/26-7/7	Fishing	Boys	\$1,870
7/10-7/21	Paddle Building		\$1,870
7/24-8/4	Cooking	Girls	\$1,870

Date	# Days	Fees
6/18-6/30	13	\$1,990
6/26-7/7 ▼	12	\$1,835
7/3-7/14	12	\$1,835
7/10-7/21 ▼	12	\$1,835
7/24-8/4	12	\$1,835
7/31-8/11 ▼	12	\$1,835
8/7-8/18 ▼	12	\$1,835
8/14-8/25 ▼	12	\$1,835

MENOGYN TRIPS

QUETICO CANOE

Entering grades 10 - 12

Campers deepen their expedition canoeing skills as they paddle and portage through the beautiful lakes and rivers of Ontario's Quetico Provincial Park. The Quetico is more remote and challenging than the BWCAW – a perfect opportunity for experienced campers. **Quetico campers must bring a valid passport or passport card.**

Date	# Days	Fees
6/18-7/7	20	\$3,160
7/10-7/28 ▼	19	\$3,000
7/31-8/18 ▼	19	\$3,000

BOYS AND GIRLS OUTDOOR LEADERSHIP DEVELOPMENT (BOLD AND GOLD) CANOE

BOLD and GOLD trips are ideal for beginner and experienced canoers alike. BOLD and GOLD trail groups intentionally bring together campers from many different backgrounds to explore leadership with a focus on building courage, emotional intelligence, confidence, community awareness, and a sense of wonder for the natural environment. To learn more visit ymcanorth.org/boldgold.

Date	Grades	# Days	Fees
6/26-6/30	7-10	5	\$685
8/21-8/25	7-10	5	\$685
7/3-7/14	8-12	12	\$1,835
8/7-8/18	8-12	12	\$1,835

BACKPACKING

INTRO TO BACKPACKING: BORDER ROUTE TRAIL

Entering grades 7 - 8

Campers will spend time in camp preparing for their trip and then enjoy two nights and three days in the beautiful Boundary Waters Canoe Area Wilderness.

Date	# Days	Fees
7/24-7/28	5	\$685
7/31-8/4	5	\$685
8/7-8/11	5	\$685
8/21-8/25	5	\$685

ISLE ROYALE BACKPACK

Entering grades 9-11

After a 90-minute ferry ride from Grand Portage, campers enjoy 9 days backpacking established trails on Isle Royale. Isle Royale is a beautiful island national park in Gitchi Gami, also known as Lake Superior.

Isle Royale trips are exceedingly remote and challenging. Previous backpacking experience required.

Date	# Days	Fees
6/26-7/7	12	\$2,045
7/10-7/21	12	\$2,045
8/7-8/18	12	\$2,045

MENOGYN TRIPS

ROCKY MOUNTAINS BACKPACK

Entering grades 8 - 12

Campers hike deep into Rocky Mountain wilderness areas to experience spectacular mixed-alpine terrain at elevations up to 11,000 feet. Campers will learn crucial backpacking skills like mountain navigation and Leave No Trace practices.

12-day sessions travel to Helena National Forest for a 5-day backpacking trip.

19-day sessions travel to Yellowstone National Park for an 11-day backpacking trip. **Previous wilderness experience is required for 19-day Rocky Mountain sessions.**

Locations are subject to change in the event that a travel area is inaccessible.

Entering grades 8-10

Date	# Days	Fees
7/3-7/14	12	\$2,045
7/24-8/4	12	\$2,045
8/14-8/25	12	\$2,045

Entering grades 10-12

Date	# Days	Fees
7/3-7/21	19	\$3,245
7/24-8/11	19	\$3,245

ROCK CLIMBING

CANOE & ROCK CLIMB COMBO

Entering grades 8 - 11

Campers get an excellent taste of both wilderness canoeing and rock climbing on this combined trip. Trail groups split their time between canoeing through the Boundary Waters Canoe Area Wilderness and climbing a Seagull Palisade. This trip is appropriate for both new and experienced climbers.

Date	# Days	Fees
8/7-8/18	12	\$2,005

BACKPACK & ROCK CLIMB COMBO

Entering grades 9 - 12

While backpacking the Superior Hiking Trail, campers will climb at sites including Section 13 and Mystical Mountain. Basic climbing knowledge is helpful but not required.

Date		# Days	Fees
6/26-7/7	Girls	12	\$2,005
7/10-7/21	Boys	12	\$2,005

SCHOLARSHIPS:

Menogyn welcomes all who wish to participate and raises campership funds annually to ensure camp fees are not a barrier to participate. For more information about scholarships please visit campmenogyn.org or call 612-822-2267.