



# YMCA CAMP NORTHERN LIGHTS

## FALL WINTER SPRING PACKING LIST

### EVERYDAY ESSENTIALS

- Towels (bath, hand, kitchen, beach)
- Paper towels/napkins
- Charcoal for grill (we also sell this at camp)
- Food for meals, snacks and beverages (our camp store will have some essentials if you forget something)
- Condiments (salt and pepper provided)
- Coffee/tea (coffee filters provided)
- Ziploc bags, saran wrap, tinfoil, food storage containers
- Toiletries and medicines (toilet paper, garbage bags, hand and dish soap provided in cabins. Some common medicines and toiletries are also sold in our camp store)
- Flashlight/headlamp (no candles please)
- Small first aid kit (camp has first aid kits, AEDs, and oxygen if needed)
- Fishing tackle, bait, and fishing license
- Camera/phone/chargers
- Water bottle for each family member
- Backpack and/or beach bag
- Fixin's for s'mores!

### OUTERWEAR

- Warm clothes, layering is best
- Hat and gloves/mittens
- Boots
- Wool socks – dry quickly and are great for those who want to jump in the ice hole after a sauna

### FOOTWEAR

- Shoes/boots that you can hike in and get wet
- Lightweight shoes (running, tennis, etc.) for evenings in camp
- Sport sandals/water shoes (flip flops are tough for hiking and playing!)

### BEDDING

- Blankets and pillows (camp provides sheets and mattress covers in all cabins and bungalows)
- Favorite blankie or stuffed animal

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## ADDITIONAL ITEMS FOR A RAINY DAY OR FOR RELAXING TIME

- Book or journal
- Musical instruments
- Board games
- Puzzles
- Playing cards
- Coloring books/art supplies (you will also have access to lots of art supplies at our Family Art Barn)

## RECREATION EQUIPMENT (OPTIONAL)

- Cross Country Skis / Snowshoes/ Bikes \*camp has a large inventory of all these for most ages but we encourage you to bring your own., if space allows for it
- Binoculars for bird watching
- Compass
- Sports equipment (camp has some sports equipment to check-out, like soccer balls, volleyballs, ping pong paddles and balls, etc)
- PFDs and paddles. \*camp can provide a PFD and paddle for everyone in camp to keep for the duration of your stay. We may be limited on toddler and infant PFDs, so please bring them if you have them.
- Camping chairs for sitting around the campfire or lounging at the beach (camp provides benches, picnic tables and some beach chairs)
- Yoga mat (we will also have some available)
- ATVs and snowmobiles: We welcome these recreational vehicles but require that you only ride on local trails and not within the camp boundaries.

## PETS

- Please review our complete pet policy so that everyone can enjoy their stay with us. Dogs are welcome during Fall, Winter and Spring months only in the following cabins:
  - Revontulet
  - Cassiopeia
  - Callisto
  - Polaris
  - Jack Pine
  - Red Pine
  - Fir
  - Lyra