



**FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# ADVANCED LDP APPLICATION PACKET 2024

## SERVICE, SKILLS, AND TEAMWORK

The Leadership Development Program, “LDP” is our leadership progression for teens. LDP instructors teach participants skills in group facilitation and leadership, technical outdoor skills, and build upon participants’ confidence, problem solving and decision making, and collaboration skills to create well rounded leaders. The LDP is a two-step progression (Intro and Advanced), with the advanced level requiring admission by application.

### GROUP LEADERSHIP

The advanced LDP’s will gain leadership skills and confidence, through leading their own group while on trail and throughout different camp activities, as well as by leading campers in program areas, while shadowing counselors, around camp. LDP’s will learn about different leadership styles and competencies and understand how our communication strongly plays into leadership.

### TEAMWORK

LDP participants are continually asked to make consequential decisions as a group. To debrief and learn from those experiences, Camp St. Croix has developed the 545 Leadership Model. That framework conceptualizes leadership as a set of five values, four roles, and five skills. The LDP program strongly focuses on the importance of teamwork and how different individuals bring their own strengths to the team.

### SKILL DEVELOPMENT

This three-week session is designed to take out leadership development model to the next level. Advance LDP Campers will rock climb, paddle, sail, and ride—all while working as a group to make decisions and utilize our 545 leadership model. They will also take on a great amount of responsibility at Camp St. Croix, facilitating games and activities for younger campers.

### 5-4-5 LEADERSHIP MODEL

*Five Values;* Caring, Honesty, Equity, Respect, Responsibility

*Four Roles;* Self Leader, Peer, Team Member, Team Leader

*Five Skills;* Grit, Emotional Intelligence, Communication, Judgement, Initiative

## ADVANCED LDP 2024 EXPERIENCES (what to expect)

### **7 Day/6 Night BWCA and Grand Marais Trip ---**

With the amazing guides from YMCA Camp Menogyn in Grand Marais, MN, our Advanced LDP's will experience four days of canoeing on the Boundary Waters, along with three nights of camping, hiking and exploring the BWCA and North Woods. LDP participants should be prepared for the physical challenge of a lake canoe trip, ready to paddle and portage (carrying Duluth backpacks and even canoes on their shoulders) along with a substantial amount of walking and hiking.

### **7 Day/6 Night Isle Royale Circumnavigation Sailing Trip ---**

With our sailing captain partners from Amicus Sailing out of Grand Marais, MN, our Advanced LDP's will also get to experience a 6 day sailing adventure, circumnavigating Isle Royale and getting to visit the island and surrounding areas by boat. LDP participants should be prepared for spending a week on the water, ready to learn about sailing skills and participate as a "crew mate".

### **Teambuilding, Service Projects, and Leadership Development at Camp ---**

The remaining days of the LDP program will be spent at Camp St. Croix, facilitating hands-on service projects, teambuilding experiences such as low and high ropes initiatives, and leadership development sessions with group leaders. LDP participants should come to the program with an attitude of positivity, following our five core values; Caring, Honesty, Equity, Respect and Responsibility as they go about their three weeks with us.

## PARTICIPATION REQUIREMENTS AND ACCESSIBILITY

Campers coming to a Y of the North overnight camp should be motivated and excited to experience residential summer camp, which involves working as a team, embracing physical and mental challenges, and embodying our five core values; Caring, Honesty, Equity, Respect and Responsibility. If your child has a disability or mental health concern requiring an accommodation, or a special need you would like us to be aware of, please let us know by filling out the accommodation request form (found in Forms & Publications on your camp's website) and submitting it to your camp's Program Director before your child comes to camp. This information enables us to better meet the needs of your child within available resources. Y of the North Camps reserve the right to send any camper home early who does not abide by our code of community, or whose behavior is disruptive, uncontrollable, illegal, dangerous, or disrespectful to other campers or the camp community. Our staff works within the scope of their training to support all campers. We do not issue refunds for campers that leave early due to code of community violations. Our Code of Community can be found in the Camper Family Handbook.

# DATES, RATES & APPLICATION PROCESS

## ADVANCED LDP 2024 SESSION DATES & RATE

Our advanced LDP program is for **teens entering 11<sup>th</sup> and 12<sup>th</sup> grade.**

### Session Dates:

Group A – June 23 to July 19, 2024

Group B – July 14 to August 9, 2024

Price: \$3,775

**Financial assistance is available.** The LDP, like all Camp St. Croix programs, is for all. Email customerservice@ymcamn.org for information on scholarship options.

## APPLICATION PROCESS

Priority deadline for applications is February 1<sup>st</sup>, 2024 with rolling application to follow.

Space is not guaranteed for all applicants.

### **To apply for our advanced LDP session**

Please complete our Advanced LDP Application Form here; [Application Form](#)

If your application is approved for registration, we will take the pre-requisite off of your camper account, and **you'll be requested to register online**, as folks would for our standard camp programs.

### **ADDITIONAL INFO**

If accepted into our Advanced LDP Program, you will receive follow-up paperwork to be completed by May 31<sup>st</sup>, 2024 including our vendor safety waiver with Amicus Sailing, and setting up your CampDoc account for any/all health information.

### **CANCELLATION & CHANGE POLICY**

- Cancellations must be in writing and can be submitted to customerservice@ymcamn.org.
- Cancellations received on or before May 15 will be refunded however, your deposit is non-refundable.
- All cancellations made after May 15 are nonrefundable and non-transferable.
- If cancellation is due to a camper's illness or medical reasons, or other uncontrollable circumstance, your camp fees may be refunded minus the deposit when cancellation is accompanied by a doctor's record/official statement.
- Additional cancellation information, including change fees and deadlines, can be found in the Camper Family Handbook.