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Contact Information

YMCA Customer Service Center. 612-822-2267. Call about registration, payments, financial assistance, cancellations, etc...

Camp Warren Office. 218-744-4222. Summer only. Call for general info about programs, registration, logistics, transportation, etc...

Laura Villano, Executive Director. 612-371-8780. Call if you have specific questions about programs, concerns about a camper, etc...

Jeanna Nesbitt, Program Director. 763-230-6574. Call if you have specific questions about programs, concerns about a camper, etc...

This Document

This document undergoes occasional changes. You can always find the most up to date version at campwarren.org/forms_publications/

Virtual Open House

Please see our 2021 Summer Adaptations page on our website for a recording of our open house.

Y of the North Mission

The Y's mission is to put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Camp Warren Mission

Camp Warren's mission is to provide transformational experiences in a single-gender environment emphasizing character development, self-reliance and leadership skills.



Registration and Forms

Registration

Registration can be completed online at campwarren.org, by calling the YMCA Customer Service Center at 612-822-2267, or by downloading a registration form from campwarren.org.

Camp will send you a confirmation within three weeks of receiving your registration and deposit.

The balance for your session is due one month prior to the start of the session. This can be done in one lump sum or using our default pricing plan - 1/4 in February, March, April, May. If you need further assistance, the Customer Service Center can setup a longer term pricing plan. If the balance is not paid or plan established by one month prior, you may forfeit your place at camp along with the deposit.

Changes and Cancellations

Call the Customer Service Center if you must change or cancel your registration to camp and they can walk you through the process.

We charge \$25 for any change of session.

Transportation changes made less than one month prior are subject to a change fee and can be made up to one week before.

If a camper has a significant discipline problem during a session we reserve the right to dismiss him or her, without refund, for the remainder of the session.

If our program offering this summer changes as a result of current circumstances, or your ability to attend camp changes, please know we will work with each of you. If we need to cancel a program, a refund will be generated (including deposit), and no action is necessary.

If you would like to cancel your camp session, we will provide a few options:

- Donate.
- Refund and donate.
- Full refund.

More details can be found online

Forms

HEALTH EXAM FORM: A completed *Health Exam Form* is required each year to attend camp. Forms are available at campwarren.org, under the 'Forms and Publications' tab or in your CampDoc account. A new physical exam is required each year before attending camp.

Please upload completed *Health Exam Form* to your CampDoc account.

NEGATIVE COVID-19 TEST: For Summer 2021 we require a negative COVID-19 test to be uploaded to your CampDoc account. The test should be taken within 3 days of arriving to camp.

Between testing and arriving to camp, we strongly recommend a quarantine period defined as:

- Avoiding all non-essential travel and gatherings, included but no limited to restaurants, social gathering, etc.
- Mask wearing in groups and indoor spaces outside of home environment.
- 6 feet physical distancing in groups outside of home environment.
- Conscious awareness of risk factors associated with COVID transmission.
- Immunity boosting practices: rest, vitamins, healthy diet, etc.

CAMP STORE: If you would like your camper to shop in the camp store, please purchase a Gift Certificate prior to their arrival. These are purchased in your online Y account.

Gift Certificates can be used toward any YMCA program, membership, or camp experience. Certificates can be redeemed at any YMCA of the Greater Twin Cities location, are transferrable, and never expire.

Gift Certificates can be used toward camp store merchandise during your child's stay at Overnight Camp. Any remaining balance at the end of the session can be used toward future YMCA camps or programs.



First and Last Day

Bus Transportation

Taking the bus to Camp Warren is a fun and exciting way to begin the summer camp experience. All buses depart from and return to the Shoreview YMCA located at 3760 Lexington Ave North, Shoreview, MN 55126.

There are bathrooms on the bus, but make sure to use the bathroom before boarding the bus. Once loaded, campers are asked not to get off the bus. The bus ride is approximately 3 hours. Make sure the camper and camp know who is authorized to pick up the camper at the end of their session.

Transportation changes made less than one month prior are subject to a change fee and can be made up to one week before.

Departure

Please have medications ready to turn in at check-in. Check in with bus stop staff between 8:00-8:30am. The bus will depart from the Shoreview YMCA at 8:45am.

Return

Parents must be on-time to pick up their campers. A valid picture ID must be presented to pick up your camper. Return time is approximate due to varied traffic patterns. If road closures or weather significantly change our departure/return times or locations we will communicate this first via Facebook: facebook.com/ymcacampwarren.

Bus Rules

- Campers must sit in their assigned seat facing forward while the bus is moving.
- Masks must be worn at all times.
- No eating or drinking on the bus.
- No screaming or yelling.
- Inappropriate touching, pushing or poking is not allowed.

Summer 2021 Bus Schedule

1G	Sunday, June 13	Depart at 8:45am
	Friday, June 18	Return at 4:30pm
2G	Sunday, June 20	Depart at 8:45am
	Friday, July 2	Return at 4:30pm
3G	Sunday, July 4	Depart at 8:45am
	Friday, July 16	Return at 4:30pm
1B	Sunday, July 18	Depart at 8:45am
	Friday, July 30	Return at 4:30pm
2B	Sunday, August 1	Depart at 8:45am
	Friday, August 13	Return at 4:30pm
3B	Sunday, August 15	Depart at 8:45am
	Friday, August 20	Return at 4:30pm

Driving Your Child to Camp

We welcome campers and their families to drive directly to camp for drop-off or pick-up at the beginning and end of sessions. If you are dropping your child off at camp, plan to arrive at camp at 11:00am. For Summer 2021, we will ask parents/guardians to remain at their vehicles the duration of the camper check-in process.

If you are picking your child up from camp, plan to arrive at camp by 12:45pm. For Summer 2021, our closing festivities will only include campers. We look forward to including families in these celebrations again in the future!



First and Last Day

Pick-up and Drop-off Safety

Because the safety of your camper has been and will continue to be the number one priority for the YMCA, we have drop-off and pick-up procedures. When you arrive at a bus stop, please follow the signs, and remain in your vehicle until a Warren staff member or volunteer greets you and checks you in. If you choose to drive to camp, you will be greeted in the parking lot by camp staff. When you pick up your child from camp or from a bus stop, campers will be asked to remain on the bus or at a designated place at camp. A lead staff person will connect parents and campers. If a friend or relative is picking up your child, please call our office to let us know. They will be asked to show their ID and sign next to your child's name. If an adult does not come to pick up a camper, a staff member will try to locate the identified emergency contact. If no one is available after one half hour, the Camp Director will call the police. YMCA staff members are not allowed to transport campers at the end of a session.

Pro Parent Tip

Please have medications ready to turn in when you arrive at the bus stop or at Camp Warren upon drop-off.

Definitely don't forget your ID on pick-up day.

Closing Day

Typically family and friends of Camp Warren campers are invited to join us for closing festivities and lunch on the last day of your child's session. However, we are postponing this for Summer 2021, and will celebrate and recognize campers with a private award ceremony. We look forward to inviting you to join us in future years for singing, watching as campers receive awards of recognition for participation during their time at camp, and meeting fellow campers and staff.

Driving Directions to Camp

(Note: please use these directions; sometimes sites like Google Maps, Yahoo and Mapquest do not provide accurate directions.)

Camp Warren is located about three hours north of Minneapolis/St. Paul, just south of Eveleth, Minnesota.

From Minneapolis/St. Paul travel north on I-35 until you reach Highway 33. Take the Cloquet/Range Cities exit and travel north on Highway 33 through Cloquet. Highway 33 ends and becomes Highway 53. Continue north on Highway 53. About 1 mile past the St. Louis River near mile marker 55 is County Road 690 (also Miller Trunk Road). Turn right on County Road 690. The Camp Warren entrance is just ahead on the right.

Pro Parent Tip

The Three-Five Rule. Getting to Camp Warren is easy if you remember the Three-Five Rule! All of the major roads include a three and/or a five from the Twin Cities all the way to Half Moon Lake!

I-35W to Hwy 33 to Hwy 53 to mile marker 55!



Life at Camp

Cabins. Campers spend their session with two counselors and a group of other campers in a cabin group. Our counselors are well-trained and love their jobs (they're not in it for the money, we assure you).

Campers are organized into cabin groups by age. We will do our best to honor up to two friend requests provided that the requests are made in advance and the campers are within two years in age. Many of our campers come alone and make friends quickly.

Activities. Camp Warren offers several activities designed for all ages and abilities, including:

- Archery
- Arts & Crafts
- Athletics (sports)
- Black & White Photography
- Canoeing
- Drama/Theater
- Fishing
- High & Low Ropes Course (ages 12+ for high ropes)
- Horseback Riding (emphasis campers only during Girls sessions)
- Kayaking
- Music
- Polar Bear Swim
- Pottery
- Sailing
- Stand Up Paddleboarding
- Swimming
- Tennis
- Wilderness Exploration

Traditional or Emphasis Programming. Most campers are Traditional Campers, but some sign up as Emphasis Campers to spend two of their four activities focusing on one skill or program. Traditional and Emphasis Campers are placed in

cabins together. Traditional Campers can sign up for any of the activities listed above on the first day of camp; Emphasis Campers will sign up for their other two activity slots on that day too. The only exception to this is that due to high demand, girl campers must sign up for Horse Emphasis Camp if they would like to ride horses. We have a great article on the differences and similarities between these offerings on our News and Events blog at <http://campwarren.org>.

Devotions and Reflection. YMCA Camp Warren welcomes campers and staff members of all faiths. In addition to daily reflection time, we bring all of camp together on the second Sunday of a two-week session for a larger non-denominational reflection consisting of inspirational readings, stories and songs. In holding with YMCA Camp Warren tradition, campers typically wear nice, clean clothes (often white or light-colored) to this reflection.

Waterfront Activities. Each camper's swimming ability will be evaluated upon arrival. Swimming is a camp activity but swim lessons are not. If you are interested in swim lessons, please contact your local YMCA for their swim lesson information. For their safety, any camper who is a non-swimmer will be asked to wear a lifejacket during all waterfront activities.

Overnights. We see great value in the overnight camping experience. During two-week sessions, every camper will have the opportunity to go on a one-night overnight trip to a campsite that is across the lake from the main site (a 15 minute paddle). Campers will learn basic camping skills including outdoor cooking, setting up tents and practicing leave no trace camping. Campers will be provided with all group equipment necessary to make their overnight experience a success, but they will need a personal sleeping bag.



Life at Camp

Camp Store. The Camp Warren store offers t-shirts, sweatshirts, water bottles, hats,, postcards, stickers, stamps, pins and more. Clothing items typically range in price from \$10-\$40.

If you would like your camper to shop in the camp store, please purchase a Gift Certificate prior to their arrival. These are purchased in your online Y account.

Gift Certificates can be used toward any YMCA program, membership, or camp experience. Certificates can be redeemed at any YMCA of the Greater Twin Cities location, are transferrable, and never expire.

Gift Certificates can be used toward camp store merchandise during your child's stay at Overnight Camp. Any remaining balance at the end of the session can be used toward future YMCA camps or programs.

Pro Parent Tip

If your child has any food allergies or dietary needs, please note them on their medical forms and we will do our best to accommodate. A phone call to the Camp Director well in advance of the camper's session is also appreciated. In some cases we will ask families to supplement food in order to best meet the camper's needs.

Food. Camp menus are carefully selected to provide a balanced diet. Meals are hearty and campers are given "seconds" on most items. Meal times are 8am, noon and 5:45pm. A supplemental cereal option is offered at breakfast and a salad is available at lunch and dinner. There is snack between lunch and dinner.

Camp Warren Staff. Camp Warren staff members are carefully selected based on leadership skills, prior experience working with children, decision

making capabilities, respect for the environment and safety awareness. All are currently certified in CPR and First Aid. Based on job responsibility, waterfront staff are certified lifeguards and others are certified as an EMT, First Responder or have been trained in Wilderness First Aid.

YMCA Camp Warren staff members come from various parts of the country and the world. Over the last few summers, staff have joined us from: the Twin Cities area, Duluth, Eveleth, California, Iowa, North Carolina, Wisconsin, Kosovo, Paraguay, France, India, The Netherlands, Costa Rica, Australia and Canada. Most staff members are past Camp Warren campers that have come up through Warren programs. In addition to required training and certifications listed above, all staff participate in an 8-day in-camp training prior to summer. Camp Warren staff members are committed to providing your child with an adventure filled with friendships, new experiences, traditions and outdoor fun!

Homesickness. For many campers, a week or two away at Warren will be the longest time they've ever been away from home. The challenge can be significant for both kids and their parents. Warren counselors and staff are very experienced in coaching campers through their experience and we believe that overcoming the challenge of homesickness can be a hugely positive experience.



Communication

Snail Mail. If you would like to be in contact with your camper you may send mail directly to Camp Warren in Eveleth. It often takes **3-4 days** for mail to arrive at camp. If you have a one-week camper, consider sending mail to camp ahead of time. **Please do not fax or email letters to the Camp.** We simply don't have the infrastructure to support this.

Packages. Over the last few summers we have experienced an excessively high volume of packages at Camp. While these packages can be fun for campers, they can also detract from the camper experience. If you choose to send a package, please take into consideration the other 9 campers in the cabin. **We ask that you do not send packages of food to camp.** These policies exist as a way of discouraging rodents from moving into the cabins, in consideration of food allergies, and to create an equitable camp experience for all campers. Any packages containing food will be held in the main office. **Please waive the signature for express packages.**

Your Camper's Name
 YMCA Camp Warren
 3726 Miller Trunk Road
 Eveleth, MN 55734

Phoning Home. Campers may not have cell phones, smart watches, laptops or tablets at camp. We ask families to refrain from communicating with their camper via phone, fax or email. Except for emergency situations, phone and email by campers are off limits as it distracts from the camp experience. Likewise, we are not equipped to handle fax communications from parent to child. If you have questions, a Camp Warren staff member will be available to speak with you over the phone.

Pro Parent Tip

Don't send your camper with a cell phone or other electronics. Much of camp's value is that it forces young people to enjoy the natural world and to make new face to face friends. Both of these are impeded by cell phones and other electronics.

When to Expect to Hear from Camp. All campers are asked to write home within 24 hours of arrival. We supply each camper with a pre-stamped postcard. Campers are encouraged to write home part way through each session. We suggest that you send pre-addressed, stamped envelopes with your child. Following the conclusion of the session, your child's counselors will send a letter home, summarizing the experience.

Visiting Camp. Due to COVID-19, there will be no available visitor times during camp sessions.

Stay in the Loop! View photos of your camper while they're at camp! We post photos on our SmugMug site often. Photos and other merchandise are also available for purchase on SmugMug.

Photo Gallery: campwarren.smugmug.com

Twitter: twitter.com/YMCACampWarren

Facebook: facebook.com/ymcacampwarren

Instagram: [@ymcacampwarren](https://www.instagram.com/ymcacampwarren)



Health and Safety

Health Information. In order to give your camper the best care, it is important that we know their health history and information. Please update this information in your CampDoc account, including a new **Health Exam** form each year. The camp physical needs to be current within the last 90 days.

HIPPA And Test Authorization. This summer we will be administering surveillance COVID tests for all two week campers and diagnostic tests if necessary. It is important that we have authorization to test your camper while in our program. You will find the HIPPA and Authorization Forms in your CampDoc account.

Administering Medication. If your child requires insulin shots, Diastat or other medications requiring similar procedures, please contact us. Our staff will work with parents/guardians, the child and the child's medical providers to explore reasonable accommodations to permit the child to enjoy our programs to the fullest extent possible.

Allergy Injections. If a camper is to be given allergy injections, please send one disposable tuberculin syringe and needle for each injection needed while at camp. Please clearly label all medication. These must be checked in with the Camp Health Care Provider and can be checked in at the bus stop. A Health Care Provider lives on camp 24 hours a day and a Physician is available by phone 24 hours a day.

Medications. Medication will be turned in to the Camp Health Provider upon arrival at camp. Medication should be in the **original container** and **labeled** clearly with dosage, frequency and camper's name. This includes both prescription and over the counter medication.

Insurance and Illness. Health insurance information is requested during registration. This information

will only be used to facilitate outside medical treatment if required. In the event of serious illness or injury, parents will be notified immediately.

Safety Considerations. The safety of each child is our primary concern. Campers and parents need to be aware that camping at YMCA Camp Warren requires effort and the ability to communicate. To insure that your child has a safe summer camp experience, your child should:

- be able to understand, remember and follow instructions;
- be able to respect and relate responsibly to others in a group;
- be able to participate in primarily outdoor activities in large and small groups for the duration of their stay at camp;
- be able to enter and exit a canoe independently or with moderate assistance from a companion;
- be able to right themselves and remain face up in the water with the aid of a Personal Flotation Device (lifejacket);
- PFDs (Personal Flotation Devices) are provided by camp and must be worn and zipped in all boating activities;
- Horse helmets are provided by camp. **Due to guidelines set by the Horse Safety Association, campers are required to use the helmets provided by the camp.**



Health and Safety

Bullying Policy. Bullying is when one or more people exclude, tease, taunt, gossip, hit, kick, or put down another person with the intent to hurt another. Bullying happens when a person or group of people want to have power over another and use their power to get their way, at the expense of someone else. Bullying can also happen through cyberspace: through the use of emails, text messaging, instant messaging, personal web pages and other less direct methods. This type of bullying can lead to persons being hurt during or between the camp seasons and be especially hurtful when persons are targeted with meanness and exclusion.

At YMCA Camp Warren, bullying is inexcusable, and we have a firm policy against all types of bullying. Each camper is expected to treat all other campers with respect, and to help each other achieve the best possible experience. If a camper has difficulty meeting this expectation, **parents may be called upon to assist.** We work together as a team to ensure that campers gain self-confidence, make new friends, and go home with their camp experience.

Our leadership addresses all incidents of bullying seriously and trains staff to promote communication with their staff and their campers. Both staff and campers will be comfortable alerting us to any problems during their camp experience and between camp seasons. Every person has the right to expect to have the best possible experience at camp. By working together as a team to identify and manage bullying, we can help ensure that all campers and staff have a great summer at YMCA Camp Warren.

Illness/Injury. In the event of non-emergency medical treatment, campers are taken to the Camp Health Care Provider on-site, who administers minor first aid. In the event of a more serious injury or illness, the camper will be taken to a local clinic or hospital and a parent will be contacted. In the event of an illness or injury where the camper will not be able to stay in camp, a parent or emergency contact will be called to make arrangements for pick up.

Lice. Please carefully check your camper for nits and/or lice before driving them to camp or the bus stop. Should we discover that your camper has nits or lice during our first day health inspections, you will be given three options:

- 1) For a fee of \$30 we will provide treatment
- 2) You may come pick up your camper, treat them and return them to camp when they are free of nits/lice
- 3) You can remove your child from camp (but we hope you don't choose this option!)

Bugs/Ticks. Campers spend the majority of the day/evening outside. There are mosquitoes and flies in the area and many campers choose to bring bug repellent. Occasionally campers may find a tick. They are encouraged to check themselves for ticks daily. The healthcare staff will provide appropriate assistance, as needed, for tick removal.

Severe Weather. Camp Warren has weather radios and access to weather radar to be aware of pending weather conditions. If severe storms are approaching, campers and staff will be moved to the lodge, dining hall, or Homaji basement.

COVID-19



Notices

Diversity and Inclusion

It is the YMCA of the Greater Twin Cities' vision to serve relentlessly with our community until all can thrive in each stage of life. At Camp Warren we make sure that all really does mean all; we gladly welcome campers of all backgrounds and walks of life. We cherish diversity and want to make sure all feel enthusiastically at home at Camp Warren.

Please contact us if you have perspective on your camper that may help us support your camper better while they are at camp.

Camper Behavior

Caring, honesty, respect, and responsibility are the YMCA's core values and are the foundation of how we engage with each other.

- We expect campers to take responsibility for their actions.
- We expect campers to respect themselves, one another, the environment, and camp equipment.
- We expect campers to be honest with one another and their counselors.
- We expect campers to care for themselves and one another.

Camp Warren staff do a great job at coaching campers who behave inappropriately. If we find that we are unable to redirect your camper's behavior we may be in contact with you.

We reserve the right to send a camper home, without refund, if consistent misbehavior affects the experience of other campers.

Risks at Camp

Camp Warren is a member of the American Camp Association, meaning we are rigorously held to account on over 300 pages of standards regarding health and wellness, transportation safety, aquatic safety, and more. These standards guide us to use the best practices regarding ticks and other insects, sun exposure, hygiene, bullying prevention, staff medical training, and many more.

Nonetheless, like all other experiences in life camp is not risk-free. We simply cannot guarantee that no harm will befall a camper. Please refer to our waiver at campwarren.org/forms_publications/ if you would like to review our indemnification policies.



Packing for Camp

The following is a suggested packing list. Many items are not required. Please do not send your child's best clothing, as camp activities are outside and rugged. Pack items and clothing that can get muddy, dirty, wet, sandy, torn, grass stained, etc.

Bring

- Facemasks (1 mask/day is recommended)
- 1 fitted twin sheet and 1 sleeping bag or blankets (sleeping bag needed for two-week session overnight)
- 1 pillow and pillow case
- 1 set of rain gear (jacket and pants are recommended, ponchos are discouraged)
- 1 bath towel, 1 beach towel and 1 wash cloth
- 2 swimming suits
- 1-2 pairs of pajamas
- 2 pairs of sneakers
- 1 pair of hard-soled shoes/boots with heel (for horse campers)
- 1 pair of "shower shoes" or sandals
- 1 nice outfit for Sunday reflection (2-week only)
- 1 pair of underwear for each day of camp
- 1 hat or cap for sun protection
- 1 knit hat/beanie for warmth
- 1 fleece-type jacket
- 1 bar of soap and soap box
- 1 toothbrush, case and toothpaste
- 1 flashlight/headlamp with batteries
- Personal grooming items
- 2 heavy sweatshirts or sweaters
- 2-3 pairs of pants
- 3-4 pairs of shorts
- 1 shirt for each day of camp (including long-sleeves)
- 1 pair of socks for each day of camp
- Bug repellent, sun block, chapstick
- Water bottle

Pro Parent Tip

*Make sure all items are clearly labeled with your camper's full name. This will assist us in claiming lost and found items throughout the summer and make sure your camper returns home with all of their belongings. Valuables and meaningful items should be left at home. **YMCA Camp Warren is not responsible for lost, stolen or damaged items.***

Desirable Additions to Camper Equipment

- Rain boots
- Camera
- Musical instruments
- Journal and pen
- Paper, envelopes and stamps for letters (pre-addressed post cards work well)
- Books
- Tennis racket
- Baseball glove
- Fishing pole and tackle
- Extra batteries for flashlight/camera



Packing for Camp

Long Border, Short Border, Fifty-Fifty and CIT Participants

In addition to regular camp clothing, the following items will make your out of camp trip successful. They are readily available at REI, Target, Dick's Sporting Goods, Midwest Mountaineering and other similar stores:

- 1 fleece jacket
- 1 pair of warm pants (fleece or wool)
- 3 pair of wool socks
- 1 pair of sturdy hiking boots that are broken in well in advance of camp session (Short Border, Long Border and CIT campers)
- 1 pair of synthetic long underwear (top and bottom)
- 1 set of rain gear (jacket and pants, no ponchos)
- 1 32 oz. water bottle—Nalgene brand or similar
- 1 synthetic or down sleeping bag with compression stuff sack (please do not send bulky or cotton sleeping bags)
- 1 wool/synthetic winter hat
- 1 pair of sunglasses
- 1 pair of strapped sandals—Teva or Chaco brand recommended (Fifty-Fifty campers)
- 1 headlamp (versus a flashlight)
- Chapstick with SPF

Other Optional Items

- 1 dry bag
- 1 waterproof camera case—Pelican brand recommended
- 1 sleeping pad or Thermarest (Long and Short Border campers)
- 1 pair of sailing gloves (Fifty-Fifty campers)

What not to bring to Camp

The following items should not be brought to camp. If they are found they will be confiscated and returned at the end up the session:

- Electronics
- Cell phones
- Tablets, Computers
- Smart Watches
- Vaporizers, drugs
- Blue-tooth capable devices
- Food (this includes gum)
- Pocket knives (unless camper has permission to bring it on Short or Long Border)

Lost and Found

As part of the daily routine, staff members will encourage campers to take responsibility for their belongings and will display lost and found. Any items left at camp after the session are sent back to the Camp offices in Minneapolis. Please call the Camp office at 612-822-2267 after your camper's session to check on lost & found. Please have a description of the item including camper's full name and phone number, camp name, and camp session.

Items will arrive at the Camp Office two weeks after each session is complete and will be kept for two weeks once they arrive. Claimed items will only be held for the two weeks upon arrival, and must be retrieved from the Camp Office. We will not mail items, unless payment for postage is provided prior to sending. Anything that is not retrieved during those two weeks at Camp Office will be donated to a local charity.



Addendum: COVID-19 Modifications

After this last year, we believe connecting to the outdoors and with friends will be more important than ever. Camp this summer will include modifications and safety protocols as we continue to collaborate close with Center for Disease Control (CDC), American Camp Association (ACA), departments of health and camp experts.

*The COVID safety protocols listed below are subject to change.

PRE ARRIVAL

We ask that all campers to limit nonessential activities and follow COVID-19 safety protocols 10 days leading up to the start of their session. This includes avoiding all unnecessary travel and gatherings. All campers will be required to take a COVID test within 3 days of the start of their session. Results must be uploaded to CampDoc (more info coming soon!) prior to the start of the session.

Between testing and arriving at camp, we strongly recommend a quarantine period defined as:

- Avoiding all non-essential travel and gatherings, included but not limited to restaurants, social gatherings, etc.
- Mask wearing in groups and indoor spaces outside of home environment.
- 6 feet physical distancing in groups outside of home environment.
- Conscious awareness of risk factors associated with COVID transmission.
- Immunity boosting practices: rest, vitamins, healthy diet, etc...

Our summer staff will follow the same pre arrival practice listed above. Additionally, in both Minnesota and Wisconsin, our staff are eligible to receive the vaccine as a YMCA employee.

If traveling by plane is required for you to arrive at camp, we ask that you follow the above protocols as well as the below travel gear recommendations.

Travel gear recommended to be worn from airport to airport:

- N95/KN95
- Face shield and/or lab goggles

In accordance with our pre arrival requirements for a COVID test, YMCA of the North prefers molecular PCR tests. If you need assistance in locating a COVID test near you, please contact us.



Addendum: COVID-19 Modifications

TO AND FROM CAMP

- Drop off and Pick up: We will have parents/guardians check in and check out all campers while remaining at their car. Specific details will be communicated prior to camp.
- Bus:
 - Campers/Staff will wear masks on the bus to/from camp.
 - Campers/Staff will have assigned seats
 - No food or drink allowed on bus
- We will have more specific information on our webpages closer to summer.

ACTIVITIES AND PROGRAMS

- For decades, our campers have taken pride in their section. This will continue in 2021 with a major focus on section-activities.
- Campers and staff will wear masks when indoors, or outdoors with a group outside of their own cabin and can't maintain a canoe-length distance!
- Multi-cabin activities/programs will take place outside and utilize physical distance.
- Evening programs will occur in smaller groups, based on state guidance for group gathering sizes, while maintaining the exciting, expanded camp feel. Let's go Cub Section! Let's go Intermediate Section! Let's go Senior Section!
- Program planning will include reducing shared equipment, increasing sanitization of surface areas and program supplies, utilizing outdoor spaces, and maintaining distance.

DINING

- Meals will be held outside as much as possible, limiting capacity in the dining hall.
- Campers will still eat with their cabin groups, an important part of our camp tradition.
- Meals will be served family-style to cabin groups.
- Adjustments will be made to buffet-style options, eliminating shared utensils (for

example, each cabin will be provided a salad instead of utilizing the shared salad bar).

FACILITIES

- Campers and staff will wear masks in all shared spaces, except sleeping cabins. Capacity of camper cabins will align with physical distancing standards.
- Cabins and high use shared spaces will keep windows open and run fans for increased ventilation.
- Extended use of HVAC systems, with increases in replacement of high-quality filters.
- Scheduled cleaning and disinfection, as well as increased hand washing and sanitizing measures put in place.
- All programs will be moved outside when possible.

HEALTH AND SAFETY

- Camp Health Professionals and staff will conduct daily health screenings of campers and staff.
- If any symptoms arise, they will communicate with parents/guardians, and follow strict protocol on responding to symptoms or suspected cases.
- We will significantly increase our cleaning, handwashing, and sanitization procedures this summer, cleaning and sanitizing bathrooms, shared spaces, and commonly touched spaces multiple times per day.
- Meals, activities, and programming will occur outdoors whenever possible.

TRIPPING

- All overnight camps will follow the guidelines put together by the Y of the North Wilderness Camping team.

