WELCOME TO YMCA CAMP DU NORD

Please read through this information – we hope it will answer most of your questions before you arrive at camp. Please do not hesitate to contact our office for more details.

ARRIVAL TIME
Campers may arrive any time after 4:00 p.m. the first day of their reservation. Please head to Gateway House (at the entrance to Pine Pointe Village) to check yourself in before proceeding to your cabin. Campers who arrive prior to 4:00 p.m. may not be able to check in to their cabin upon arrival.

WHAT TO BRING
Bedding and Towels: Bedding, pillows, and towels are not provided at Camp du Nord. For bedding, sleeping bags are convenient, or you can bring sheets and blankets. Please check here if you would like information on bed sizes in your cabin. Bring hand, bath, dish, and beach towels.

Food: If you are preparing meals in your cabin, pack all food. Perishable food items are not for sale in the camp store this time of year. There are cooking utensils, pots, pans, a microwave, toaster, coffee pot, and dishes in all cabins. Pots, pans, and dishes are NOT provided for our tent sites, platform tents, and platform cabins in the fall or spring.

Clothing: The weather can change quickly at du Nord and it is best to be prepared for anything. Be sure to pack multiple warm layers, extra socks, warm jackets, hats, and mittens. In the spring and fall, it is always a good idea to pack raincoats, rain pants, and shoes or boots that can get wet. In the winter, winter coats, snow pants, and snow boots are a necessity. Be sure to pack enough clothes for your entire stay, as there are no public laundry facilities at camp.

Miscellaneous: Water bottle and backpack for hiking or skiing adventures, flashlight, alarm clock, swimsuit, personal toiletries, and a camera. Please email info@dunord.org if you wish to request a high chair, booster seat, or pack n play for your cabin.

DIRECTIONS TO CAMP du NORD
If you have never been to camp, please take a look at these directions! Navigation apps do not always give the best route to camp.

To Ely from the Twin Cities:
➢ I-35 north to the Cloquet exit
➢ Highway 33 north through Cloquet to Highway 53
➢ Highway 53 north past Virginia to Highway 169
➢ Highway 169 north to Ely

To Camp from Ely:
➢ Drive through town and turn left on 88 (or Grant McMahan Blvd.) which is just past the International Wolf Center.
➢ Go 2.3 miles and turn right onto 116 (or Echo Trail).
➢ Go 9.1 miles and turn left on North Arm Road, which is less than 1 mile past Fenske Lake Campground.
➢ Drive 3.0 miles (you will pass YMCA Camp Widjiwagan) to the entrance to Pine Pointe Village (check in here at Gateway House), the entrance the du Nord village is an
additional .5 miles and the entrance to the Northland Village is an additional .8 miles. All entrances are on the left.

Please fill up your gas tank in Ely and drive carefully! The road between Ely and Camp du Nord is curvy and can be icy in the winter. If it is going to be a particularly cold weekend, park your vehicle so that the hood is easily accessible in case you need a jump start.

PHONES
The camp phone is for emergency use only. Should an emergency arise at home, the caller should contact the administrative office at 612-822-2267 or call camp directly at 218-365-0365. If there is an emergency in the evening, you could try a staff member at home at 218-218-365-7686 or text 218-409-6677. Cell phones have a limited service at camp, and we ask that participants only use cell phones inside their cabins. We encourage you to unplug while at camp!

WI-FI
While we always encourage unplugging at du Nord, Wi-Fi is available for use in or around Morning Glory and/or the Dining Hall. Cabins in Pine Pointe Village only have Wi-Fi available in the cabins in the fall, winter, and spring.

SUPERVISION OF CHILDREN
Parent or adult chaperones assume responsibility for the care, supervision, and safety of children. See policy page for suggested chaperone to child ratios.

PETS
Out of respect for possible allergies of other campers, pets are not permitted at Camp du Nord or in any of the cabins or sites.

SAUNA
We will schedule one visit to one of our wood burning saunas for your cabin, family, or group during your stay. You will receive an email 2-7 days before your visit to request a sauna time via this online Sauna Request Form. Camp staff will assign your group to a sauna day and time based on your request and the requests of other campers during your stay. Paperwork including your sauna time will be waiting in your cabin when you arrive.

Don’t forget to pack your swimsuit, as we run saunas in both the afternoon and evenings. Wool socks will be required in the winter for traction and foot protection on the ice.

CAMP STORE
The Camp Store is located in the lower level of the Dining Hall and is generally open daily from 9-11 a.m. (hours may vary – check your cabin paperwork when you arrive). Items available for purchase include postcards, stamps, and assorted Camp du Nord souvenirs like T-shirts, sweatshirts, and stuffed animals. Please be aware that we do not offer ice cream or other perishable food items in the fall, winter, and spring.

USE OF EQUIPMENT
During the fall and spring seasons, Camp du Nord has canoes, kayaks and rowboats for use at no extra charge. Please do not use watercraft if water temperature is below 40 degrees Fahrenheit or if staff inform you it is too cold to be on the water. Campers are required to wear a lifejacket at all times while using du Nord watercraft.
In the winter, skis and snowshoes are available for rent for $10 per day when there is enough snow for adequate trail coverage.

Read over any safety rules and regulations posted by the equipment or in your cabin information binder before using. Campers are responsible for the safe and proper use of our equipment and will be asked to replace anything that is broken due to misuse. Please inspect all equipment before use, and inform staff if anything is in need of repair.

**MEAL SERVICE**
Campers may sign up for meal service during our programmed weekends only. Campers must sign up for meals at least 10 days in advance. If you have a group of 25 or more that is interested in meal service, please send an inquiry to info@dunord.org. With advance notice, efforts will be made to meet special dietary needs. Please see our website for more information.

**EMERGENCY PROCEDURES**
First aid kits and AEDs are located in the office below the Dining Hall, the basement of Thor’s Lodge in the Den, and in the Morning Glory kitchen. Detailed emergency procedures are posted in each cabin. Please take some time to familiarize yourself with du Nord’s emergency procedures upon arrival.

**GARBAGE AND RECYCLING**
All campers are expected to take out their own garbage and recycling throughout and at the end of their stay. It may be disposed of in the recycling/trash areas in each village. Camp du Nord can recycle glass, metal, paper, cardboard, and certain plastics. Please rinse out all recycled containers and separate with care. We are unable to compost during the winter season.

**CABIN CLEAN UP AND CHECK OUT**
Care of the cabins and grounds is the responsibility of all campers. All campers are expected to wipe down surfaces, do their dishes, clean out appliances, sweep and/or vacuum the floors, clean ashes out of the fireplace, and take out any garbage and recycling. Please remember to plan your cleanup schedule so that you are out of your cabin by 11:00 a.m. on your last day. Due to our busy schedule, we are usually unable to accommodate late checkouts.

**FIREWOOD**
Camp du Nord programs are based on the natural values of the north woods environment and aim to create a greater appreciation for and understanding of the outdoors. Although surrounded by woodland, our supply of wood is not unlimited. Our wood supply, for your use at no charge, is dependent upon hundreds of hours of volunteer efforts and donated woodcutting equipment. We ask that you use firewood conservatively for campfires and in the fireplaces.

**ALCOHOL & TOBACCO**
The use of alcoholic beverages at camp is limited to the campers’ immediate living area. The legal drinking age is 21 and must be adhered to at all times. The use of illegal drugs is prohibited. Tobacco use inside any structure or near camper cabins or sites is not allowed.

**LOST AND FOUND**
Please keep track of all personal items brought to camp. Recent lost and found items will be brought to the Camp Store. All unclaimed lost and found items will be donated periodically.
throughout the year. Camp du Nord is not responsible for personal items that are lost, left behind, or misused by other campers.

ACCESSIBILITY
If a family member has a disability requiring accommodation or a special need you would like us to be aware of, please let us know as soon as possible. This information enables us to better meet the needs of your family within available resources.

MISSION STATEMENT
The mission of Camp du Nord is to strengthen families by providing opportunities for individual and family growth, supporting spiritual development, and enhancing environmental awareness in a wilderness setting.

LAND ACKNOWLEDGEMENT STATEMENT
We at YMCA Camp du Nord respectfully acknowledge that we are on the homelands of the Lake Superior Bands of Ojibwe people, and within the ceded lands of the Treaty of 1854, where they retained rights to hunt, fish, and gather.

We also recognize other indigenous peoples that lived here, before the Ojibwe people. These include Dakota, Cree, and other tribes that have occupied and utilized this land.

We recognize the perseverance and survival of our indigenous neighbors, who continue to live throughout this region. As part of our outreach and inclusion, we are creating relationships with our Ojibwe neighbors, the Bois Forte Band of Chippewa, and will seek to act appropriately on their homelands.

We at YMCA Camp du Nord are committed to care for and preserve the land, wildlife, air and waters here.

this Land Acknowledgement Statement comes from a collaboration with members of our Family Camp Outreach and Inclusion Committee, the Bois Forte Executive Director and elders, and Native American Studies educators. We recognize that this is a living document and will evolve as we continue to learn and grow.

CONTACT INFORMATION
Administrative Office
YMCA Camp du Nord
651 Nicollet Mall Ste.500
Minneapolis, MN 55402
Phone: 612-822-2267
Fax: 612-223-6322
info@dunord.org

Wilderness Address
YMCA Camp du Nord
3606 North Arm Rd
Ely, MN 55731
Phone: 218-365-0365
Fax: 218-365-5677

2023-2024 YEAR-ROUND STAFF
Andy Sinykin — Executive Director
Emily Weise — FWS Program Director
Kelsey Wood – Food Service Manager
Jen Fogel — Administrative Coordinator
Cole Davis-Roberts – Summer Program Director
Scott Olson — Resident Property Manager
Andy Gibbons – Maintenance Assistant
The YMCA welcomes those who wish to participate and annually raises funds to help make that possible. Financial assistance is supported in part by contributions through our Annual Campaign and other donors, and provides scholarships and subsidies for qualifying applicants within our available resources. Please let us know if we may serve you or your family in this way. If financial assistance could help a family visit Camp du Nord, please have them request a campership application by calling 612-822-2267.

Updated 4/14/2023

CAMP DU NORD POLICIES

1. Every attempt is made to encourage preservation of this unique wilderness setting. All campers are expected to respect the trees, land, buildings, equipment, and each other. Individuals, families or groups registered will be held responsible for any damage to the grounds, property, buildings and/or equipment.

2. Rowboats, kayaks and canoes are available for use as a part of the camp fee. A 10 h.p. motor may be used ONLY by people with physical disabilities and the motor must be removed from the boat after each use. If you wish to bring a fishing boat, its length is limited to 16 feet and the motor on your boat is limited to 10 hp. A nearby boat landing must be used for launching the boat. Larger fishing boats and/or motors cannot be brought to Camp du Nord. Cross country ski and snowshoe
rental are available during the winter season for an additional fee.

3. If you choose to bring any personal recreation equipment, please keep it in your cabin or site when not in use. Camp du Nord will not be responsible for any damages or misuse of personal equipment by other campers.

4. To respect possible allergy issues of other campers, domestic animals belonging to campers and/or volunteers are not permitted at any of the villages at Camp du Nord at any time.

5. Use of alcoholic beverages at camp is limited to campers' immediate living area. The legal drinking age is 21 years and is adhered to at all times. Please be safe and responsible.

6. Tobacco use inside any structure or on the grounds away from camper cabins or sites is not allowed. Nearby smoking area is available.

7. Use of illegal drugs is prohibited.

8. The YMCA of the North bans guns and weapons of any kind on the premises of Camp du Nord. All firearms are prohibited on camp property.

9. Campers should park cars in established parking lots during their stay at camp. We ask that personal vehicles are only driven through camp for loading and unloading during arrival and departure.

10. Camp du Nord requires all youth groups, with youth 18 years and younger, should have chaperone ratios as follows:

<table>
<thead>
<tr>
<th>Age</th>
<th># Adults</th>
<th># Campers</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 and under</td>
<td>1</td>
<td>5</td>
</tr>
<tr>
<td>6-8 years</td>
<td>1</td>
<td>6</td>
</tr>
<tr>
<td>9-14 years</td>
<td>1</td>
<td>8</td>
</tr>
<tr>
<td>15-18 years</td>
<td>1</td>
<td>10</td>
</tr>
</tbody>
</table>

That adult should be 21 years of age or older and at least five years older than the oldest participant in the group. Young adult groups, ages 19 and 20 years old, shall have one responsible adult chaperone to 15 campers. That adult should be 22 years of age or older and at least three years older than the oldest participant in the group. The responsible adult chaperone is the person signing the reservation agreement and is legally responsible for the group. Adult chaperones should have the health history, emergency contact information, and transportation permission for each participant. There should be two adults present, one with age-appropriate first aid, CPR, and AED certification and current lifeguard certification from a nationally recognized certifying body for waterfront activities.

11. For rental groups using the waterfront areas, we recommend at least two adults be present, one with lifeguard certification from a nationally recognized certifying body and an adult with experience and skill in paddling instruction.

12. Camper families or groups are responsible for their own emergency care and emergency transportation. Camp will supply an Emergency Card for healthcare contact information.

13. Camp du Nord advises group leaders to carry participant health information including name and address, emergency contact information, allergies or health conditions, and a signed permission to treat or religious waiver for any minors.

14. All campers should hike, ski, boat or canoe with a partner and communicate their route and estimated time of return to another responsible adult. All search and rescue effort expenses will be charged to the lost campers.

15. Day permits are required to enter the BWCAW for day hiking, skiing, or paddling. Permits may be obtained at the trailhead at the North Arm parking lot or at portages that enter the BWCAW.

16. Any recreational activity carries with it normal levels of physical risk. Any injuries to campers while participating in activities at Camp du Nord are the responsibility of that camper or responsible adult. Camp du Nord does not carry accident insurance for campers.

17. All persons attending Camp du Nord must sign a YMCA waiver prior to or upon arrival. By submitting a waiver form, campers automatically grant permission to use photographs of individuals, families and/or groups in YMCA promotional materials.

18. ANY change(s) made to a reservation is subject to a $50 service charge per change.

19. If a summer reservation is cancelled for ANY reason and not rescheduled, 50% of the total reservation fee is forfeited if the cabin or site is not reserved by another family not yet registered. The $150 registration fee is not refundable. Cabins not in use because of registration cancellations may be used by the camp staff for other functions.

20. If a fall, winter, or spring reservation is cancelled more than one month in advance, $50 is non-refundable. Cancellations made within one month of the reservation are non-refundable.

21. If your cancellation is due to a camper’s illness, medical reasons, or other uncontrollable circumstance, your camp fees will be refunded minus the deposit when cancellation is accompanied by a doctor or other official statement.

22. A $20 service fee will be charged for all returned checks and credit card payments.