

Student Programing for YMCA Camp du Nord Family Campus

Structure

We are excited to offer kids 4 Enrichment Programs throughout the day. We recognize that each family and child may have differing school schedules and obligations. Kids can come to as many or as few enrichment programs that they are able.

Enrichment Groups: (will vary week to week depending on number and ages of kids in camp)

Snowshoe Hares	Pre-K
Gray Jays	K-2 nd graders
Pine Martens	3 rd -5 th graders
Red Foxes	6 th -12 th graders

All groups will meet at the Morning Glory Pavilion at the start of each Enrichment Block. In order to make sure programming can run smoothly we ask that children come to an entire enrichment block, and not try to join a block late or leave early. Du Nord will provide mid-morning and mid-afternoon snacks. Snack breaks can be a time to pick kids up if they need to check in at school, or bring them to Morning Glory for blocks 2 or 4.

We ask that parents are present at pick up and drop off, unless the child is 12 or older and/or other arrangements have been made with the staff.

Lunches will be with their families back at their cabins.

What do Bring Each Day

For any kid's activities, each child should bring their own backpack containing:

- A filled water bottle.
- A facemask (to use both outdoors and for any indoor time).
- Appropriate clothing for the weather.
- Extra mittens, facemasks, and socks are always a good idea.
- Supplemental snacks if needed.

Our goal is to have kids outside and exploring the woods for most of the day. Appropriate clothing for the cold and/or wet weather is essential. Please talk with the camp staff if anyone in your family needs to borrow additional warm clothing for during your stay.

Programs

All activities will be full of age-appropriate activities and challenges for your kids. These programs include.

- Arts and Crafts. The Arts and Crafts program allow kids time to be creative and inspired by this beautiful north woods setting. Projects will vary based on interest and age.
- Earth Oven. One day a week, staff will fire up du Nord's earth oven and teach the students the art and traditions of cooking on an earth oven. They may even fire up some snacks!

- Outdoor Skills. This program will focus on building up the skills people need to be successful in the woods. Activities can include fire starting, shelter building, trail cooking, and map and compass skills with a goal of getting kids to be more confident in the north woods.
- Naturalist. Through Naturalist programming, activities will be focused on animal tracks and adaptations, phenology, tree identification, and more. The goal is to spark curiosity as we familiarize kids with the woods around them.
- Outdoor Play. Staff facilitated time spent playing games and exploring in the woods and around camp. Unstructured playtime is good for the soul!
- Specialty. This programming may vary and will be tailored to the interests of each group. This may include learning about, a favorite snow sport, working on a quinzee hut, going on a snowshoe adventure, playing an awesome game, or continuing to learn outdoor or naturalist skills. The only limit is our imaginations!