



SUMMER 2023 – Sample Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>
-Balsamic Fig Glazed Turkey OR Tofu with Swiss Cheese -Ciabatta Buns -Pasta Salad SALAD BAR	-Chicken OR Chickpea Salad with Provolone Cheese -Croissant Square - Spinach Quinoa Salad SALAD BAR	-Smoked Ham OR Tempeh Cubanos with Swiss Cheese -Toasted Hoagie -Pickled Bean Salad SALAD BAR	-Pesto Turkey OR Chickpeas with Provolone Cheese - Focaccia Squares - Couscous Salad SALAD BAR	-BBQ Pulled Pork OR Soy Shreds with Cheddar -Brioche Buns -Mac & Cheese -Creamy Cole Slaw SALAD BAR
<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>
-BBQ Chicken OR Cauliflower Steaks -Corn Cobbs -Baked Beans -Honey Whole Wheat Bread -Peach Crisp SALAD BAR	-Veggie Pasta Bake -Italian Sausage OR Italian White Beans -Glazed Carrots -Garlic Focaccia Bread -Chocolate Cake SALAD BAR	-Coconut Chicken Tandoori OR Pumpkin Curry -Roasted Sweet Potatoes -Sugar Snap Peas -Fresh Dill Bread -Gingerbread SALAD BAR	-Du Nord Meatloaf OR Lentil Pie -Mashed Potatoes -Green Beans -Molasses Oat Bread -Blueberry Pie SALAD BAR	-Chicken OR Veggie Enchilada Stackers -Cumin Roasted Zucchini -Mexi Slaw -Honey Glazed Cornbread -Cookies SALAD BAR

Sample Menu ONLY, All Meals Subject to Change