



# CAMP DU NORD SAMPLE SUMMER SCHEDULE 2020

\*\* This is a sample of some the awesome programs and activities we have in store for you at family camp this summer!

\*\* Activities will operate in a way that is conducive to physical distancing (small groups, activities in waves, and staggered times).

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>EARLY MORNING</b>	Sing camp songs and tell stories on your way up to camp.	Wake up, stretch and greet the day! Morning Trail Run Club Polar Bear Plunge (track your plunges and earn the privilege to purchase the coveted Polar Bear shirt if you plunge every day!)					
<b>BREAKFAST</b>		Breakfast is on your own – the dining hall is not serving breakfast					
<b>MORNING</b>		Opening Parade Equipment and Activity Demos	Choose your Own Adventures! Some activities will be led by staff and resource families in small groups and we will have plenty for your family to do on your own. Nature scavenger hunts, outdoor cooking, art, boating, hiking, camp skill demos				Please clean your cabin or site and check out at Gateway by 11:00 a.m.
<b>LUNCH TIME</b>		du Nord’s Dining Hall is serving up all kinds of tasty lunches for Take Out. Register online at least three weeks before your arrival.					
<b>AFTERNOON</b>		3:00 – 6:00 p.m. Check in at Gateway House	Hegman Paddles, Individually timed Family Triathlon, Beach time!, sandcastle building, paddling, inkle weaving, fire building demos, guided paddles, art crawls, and more				
<b>DINNER TIME</b>		Sunday Dinner on your own	du Nord’s Dining Hall is serving up all kinds of tasty dinners for Take Out. Register online at least three weeks before your arrival.				
<b>EVENING</b>		Welcome Visits From Resource Families & Staff	Twilight Paddles, family camp fires and sing-a-longs, family trivia, board games, night hikes and more			Closing Parade and celebration	

**TRADING POST:** du Nord apparel and swag, ice cream treats and lattes will all be sold from a walk up window just outside the Trading Post.

**OUTDOOR ACTIVITY CENTER:** We are here to support your outdoor adventures! Borrow maps, compasses, and nature gear. Sign up for self-guided cookouts and overnights – we’ll supply the gear and food.

**FAMILY ART CENTER:** The FAC will not be open, BUT art will prevail! Small group art sessions and grab and go art kits will be available throughout the week.