

Day Camp Packing List

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Overview

Our recommended packing lists are outlined in this document. These items are not required. You may modify the list based on unique participant needs and session type.

Packing Tips

YMCA of the North adventure centers will provide all needed equipment for most activities. In some cases, participants also have the option to bring their own equipment.

- Please avoid products with strong smells – they will attract bugs and bears!
- Label all items with your child's first and last name.
- Pack clothes that can get muddy, dirty, wet, sandy, torn, grass-stained, and so on.

Discouraged Items

The following items will be collected and kept in a secure location until the end of camp.

- Electronic equipment, including radios, smartphones, mp3 players, etc.
- Food or gum
- Pocket knives (unless you have permission from YMCA of the North)

Prohibited Items

The following items will be confiscated, and parents and authorities will be contacted to remove their children from camp. No fee adjustment or refund will be given for violation.

- Firearms or weapons
- Drugs or alcohol
- Tobacco products
- Fireworks

Day Camp Packing List

The Basics

CLOTHING

- Mask
- Non-perishable lunch
- Athletic shoes that can get dirty
- Swimsuit and towel
- Rain jacket and/or sweatshirt

ADDITIONAL ITEMS

- Two snacks
- Needed medications
- Insect repellent
- Sunscreen
- Water bottle

Emphasis Activities

CANOEING/KAYAKING

- Extra pair of pants/shorts (recommended)

NOTE: Life jackets will be provided by camp.

FISHING

- Fishing pole (optional)

NOTES

- *If bringing your own pole, please make sure to remove all hooks from poles for the bus ride.*
- *Bait will be provided.*
- *Poles will stay at camp until Friday.*
- *Approved life jacket must be worn while fishing (provided by camp).*

CLIMBING / CHALLENGE

- Closed-toe shoes (required)
- Climbing shoes (optional)

HORSES

Pants

- **Yes** – Loose-fitting, full-length pants with straight legs.
- **No** – Tights, stretch pants, capris, or shorts

Jackets

- **Yes** – Form-fitting jackets
- **No** – Loose and baggy jackets are discouraged

Footwear

- **Yes** – Riding boots, hard-soled boots, or closed-toe shoes with heels between 1/4" and 1" high
- **No** – Canvas tennis shoes, sandals, loafers, or heels higher than 1"

NOTES:

- *Long hair should be tied back.*
- *No bandanas will be worn on horses.*
- *HSA Approved safety helmets must be worn while riding (provided by camp).*
- *Not all horse time will be spent on horses.*
- *For safety reasons campers may not ride in extreme heat or wet conditions.*

Continued →

Day Camp Packing List

Emphasis Activities (Continued)

OVERNIGHT EXPERIENCES

- Sleeping Bag — w/ pillow
- Pajamas (or clothes to sleep in)
- Toothbrush
- Toothpaste
- Other toiletries desired
- Lunch for both Thursday and Friday

NOTES:

- Only camps with an overnight in their title can stay overnight one night at camp.
- Campers will receive a permission slip for this overnight with reminders of what to bring.
- Tents are provided and campers will stay in tents (weather permitting).
- In the event of inclement weather, Campers will stay in the camp office building.
- If campers would prefer to bring their own tent to sleep in, they are welcome to do so
- Camp is not liable for lost, stolen or broken overnight gear.
- Families can also drop off camper's Friday lunch on Friday.

PHOTOGRAPHY

- Camera, smartphone, or tablet (required)

NOTES:

- If campers choose to bring a smartphone they will not be allowed to use social media or other apps on their phone during camp time, and their phone may be taken away during the day if this becomes a problem.
- Camp is not liable for lost, stolen or broken phones.