### Gym Schedule
**Forest Lake YMCA** | **July 6 – July 18**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
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<tbody>
<tr>
<td><strong>Open Gym</strong>&lt;br&gt;6:00am - 9:00am&lt;br&gt;10:00am - 1:00pm&lt;br&gt;2:00pm - 5:00pm&lt;br&gt;BOTH GYMS</td>
<td>10:30am - 12:00pm&lt;br&gt;1:00pm - 4:00pm&lt;br&gt;5:00pm - 8:00pm&lt;br&gt;BOTH GYMS</td>
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<td><strong>Pickleball</strong>&lt;br&gt;6:00pm - 8:00pm&lt;br&gt;BOTH GYMS</td>
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### New Safety Guidelines

**Pickleball**
- You must use a new ball for each game
- Balls can only be retrieved by players from that game.
  
  Example: if a ball goes into another court it has to be retrieved by one of the players from that game.
- Must bring your own paddle

**Basketball**
- Only 2 players allowed per hoop