



Forest Lake

# LAP POOL SCHEDULE

March 4th - April 14th

Updated: 9/17/2022

**NO Reservations Required**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00am - 6:45am <b>Lap Swim</b>	5:00am - 7:45am <b>Lap Swim</b>	5:00am - 6:45am <b>Lap Swim</b>	5:00am - 7:45am <b>Lap Swim</b>	5:00am - 7:45am <b>Lap Swim</b>	CLOSED	CLOSED	
7:00am-7:55am <b>Water X Class</b> Lap Swim (1)		7:00am-7:55am <b>Water X Class</b>					
8:00am-8:55am <b>Water X Class</b>	8:00am-8:55am <b>Water X Class</b>	8:00am-8:55am <b>Water X Class</b>	8:00am-8:55am <b>Water X Class</b>	8:00am-8:55am <b>Water X Class</b>	7:00am-9:00am <b>Lap Swim</b>	7:00am - 12:00pm <b>Lap Swim</b> Open Swim (1)	
9:00am - 9:55am <b>Water X Class</b>	9:00am - 9:55am <b>Water X Class</b>	Safety Break 9:15am-4:30pm <b>Lap Swim</b> Open Swim (1)	9:00am - 9:55am <b>Water X Class</b>	9:00am - 9:55am <b>Water X Class</b>			9:00am-12:00pm <b>Lap Swim (3)</b> Swim Lessons(1)
Safety Break 10:15am-4:30pm <b>Lap Swim</b> Open Swim(1)	Safety Break 10:15am-3:00pm <b>Lap Swim</b> Open Swim(1)		Safety Break 10:15am-3:00pm <b>Lap Swim</b> Open Swim(1)	Safety Break 10:15am-4:30pm <b>Lap Swim</b> Open swim (1)			
4:30pm-7:00pm <b>Lap Swim (2)</b> Swim Lessons (2)	3:00pm-5:55pm <b>Lap Swim (2)</b> Swim Lessons (2)	4:30pm-7:00pm <b>Lap Swim (2)</b> Swim Lessons (2)	3:00pm-5:55pm <b>Lap Swim (2)</b> Swim Lessons (2)	4:30pm-8:45pm <b>Lap Swim (3)</b> Open Swim (1)	12:00pm-4:45pm <b>Lap Swim (3)</b> Open Swim (1)	12:00pm-4:45pm <b>Lap Swim (3)</b> Open Swim (1)	
	6:00pm-7:05pm <b>Water X Class</b>		6:00pm-7:05pm <b>Water X Class</b>				
7:00pm-8:45pm <b>Lap Swim (3)</b> Open Swim (1)	Safety Break 7:15pm-8:45pm <b>Lap Swim (3)</b> Open Swim(1)	7:00pm-8:45pm <b>Lap Swim (3)</b> Open Swim (1)	Safety Break 7:15pm-8:45pm <b>Lap Swim (3)</b> Open Swim (1)	CLOSED	CLOSED		

During Lap swim, you are required to share a lane with another swimmer if all lanes are full. This may include circle



Forest Lake

Updated: 9/17/2022

# LEISURE POOL SCHEDULE

March 4th - April 14th

**NO Reservations Required**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 7:00am CLOSED	5:00am - 7:00am CLOSED	5:00am - 7:00am CLOSED	5:00am - 7:00am CLOSED	5:00am - 7:00am CLOSED	CLOSED	CLOSED
7:00am-10:00am Open Swim	7:00am-10:00am Open Swim	7:00am-10:00am Open Swim	7:00am-10:00am Open Swim	7:00am-10:00am Open Swim	7:00am - 9:00am Open Swim	7:00am - 11:00am Open Swim
					Safety Break 9:15am-12:00pm	
10:00am-1:00pm Open Swim	10:00am-1:00pm Open Swim	10:00am-12:00pm Swim Lessons	10:00am-1:00pm Open Swim	10:00am-12:00pm Swim Lessons	Swim Lessons	Safety Break 11:15am-2:00pm
		12:00pm-1:00pm Open Swim		12:00pm-1:00pm Open Swim	Safety Break 12:15pm-2:00pm	Open Swim Slide On
Safety Break 1:15pm-4:30pm	Safety Break 1:15pm-3:00pm	Safety Break 1:15pm-4:30pm	Safety Break 1:15pm-3:00pm	Safety Break 1:15pm-4:30pm	Open Swim Slide on	
Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Safety Break 2:15pm-4:00pm	Safety Break 2:15pm-4:00pm
	3:00pm-5:15pm Swim Lessons		3:00pm-5:15pm Swim Lessons		Open Swim Slide on	Open Swim Slide on
4:30pm-6:45pm Swim Lessons		4:30pm-6:45pm Swim Lessons		Safety Break	4:00pm-4:45pm Open Swim	4:00pm-4:45pm Open Swim
	Safety Break		Safety Break	4:45pm - 6:00pm Open Swim Slide on		
	5:30pm-8:00pm Open Swim Slide on		5:30pm-8:00pm Open Swim Slide on	Safety Break		
				6:15pm-8:00pm Open Swim Slide on		
Safety Break 7:00pm-8:00pm		Safety Break 7:00pm-8:00pm			CLOSED	CLOSED
Open Swim		Open Swim				
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		

Swim Tests are offered at the top of the hour during open swim times.