



East Region Sports Programs Schedule

2021 Session 3, June 7 - August 15

SPORTS PROGRAMS

LEAGUES

LEAGUES let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn't just for kids- high school and adult leagues are available too!

Note: a structured game or meet schedule will be developed and issued the first week of each session.

CLASSES

In CLASSES, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

SCHOOL'S OUT SPORTS CAMPS

At SCHOOL'S OUT SPORTS CAMPS, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

CLINICS

CLINICS let kids try out a sport they're curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

LEAGUES starting week of June 7

Games/meets take place Thursdays starting Week 3

Hastings Track and Field League: grades 1-2 Location: Hastings High School <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Mon 5:45 pm to 6:45 pm	85_SP_3558_10_060721_YYD \$105
Hastings Track and Field League: grades 1-2 Location: Hastings High School <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Tue 5:45 pm to 6:45 pm	85_SP_3558_20_060821_YYD \$105
Hastings Track and Field League: grades 3-4 Location: Hastings High School <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Mon 5:45 pm to 6:45 pm	85_SP_3234_10_060721_YYD \$105
Hastings Track and Field League: grades 3-4 Location: Hastings High School <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Tue 5:45 pm to 6:45 pm	85_SP_3234_20_060821_YYD \$105
Hastings Track and Field League: grades 5-6 Location: Hastings High School <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Mon 6:45 pm to 7:45 pm	85_SP_3127_10_060721_YYD \$105
Hastings Track and Field League: grades 5-6 Location: Hastings High School <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Tue 6:45 pm to 7:45 pm	85_SP_3127_20_060821_YYD \$105
Hastings Track and Field League: grades 7-8 Location: Hastings High School <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Mon 6:45 pm to 7:45 pm	85_SP_3596_10_060721_YYD \$105
Hastings Track and Field League: grades 7-8 Location: Hastings High School <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Tue 6:45 pm to 7:45 pm	85_SP_3596_20_060821_YYD \$105
Hudson Track and Field League: grades 1-2 Location: Woodbury YMCA <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Tue 5:45 pm to 6:45 pm	84_SP_3558_20_060821_YYD \$105 member / \$130 non-member
Hudson Track and Field League: grades 3-4 Location: Woodbury YMCA <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Tue 5:45 pm to 6:45 pm	84_SP_3234_20_060821_YYD \$105 member / \$130 non-member
Hudson Track and Field League: grades 5-6 Location: Woodbury YMCA <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Tue 6:45 pm to 7:45 pm	84_SP_3127_20_060821_YYD \$105 member / \$130 non-member

REGISTRATION BEGINS MAY 11, 2021

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Class availability varies by location. Schedules subject to change. Please visit ymcanorth.org for updated class listing

Hudson Track and Field League: grades 7-8 Location: Woodbury YMCA <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Tue 6:45 pm to 7:45 pm	84_SP_3596_20_060821_YYD \$105 member / \$130 non-member
Woodbury Track and Field League: grades 1-2 Location: Woodbury YMCA <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Tue 5:45 pm to 6:45 pm	83_SP_3558_20_060821_YYD \$105 member / \$130 non-member
Woodbury Track and Field League: grades 3-4 Location: Woodbury YMCA <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Tue 5:45 pm to 6:45 pm	83_SP_3234_20_060821_YYD \$105 member / \$130 non-member
Woodbury Track and Field League: grades 5-6 Location: Woodbury YMCA <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Tue 6:45 pm to 7:45 pm	83_SP_3127_20_060821_YYD \$105 member / \$130 non-member
Woodbury Track and Field League: grades 7-8 Location: Woodbury YMCA <i>Meets on Thursdays 6/24,7/8,7/22 and All City on Sunday 8/1</i>	Tue 6:45 pm to 7:45 pm	83_SP_3596_20_060821_YYD \$105 member / \$130 non-member

CLASSES

Hastings Soccer Class: grade Pre-K Location: Hastings YMCA	Mon 5:30 pm to 6:00 pm Class meets 7 times starting June 7	85_SP_3542_10_060721_YYD \$61 member / \$83 non-member
Hastings Soccer Class: grade K Location: Hastings YMCA	Mon 6:15 pm to 7:00 pm Class meets 7 times starting June 7	85_SP_3543_10_060721_YYD \$61 member / \$83 non-member
Hastings Track and Field Class: grade Pre-K Location: Hastings YMCA	Mon 5:00 pm to 5:30 pm Class meets 7 times starting June 7	85_SP_3556_10_060721_YYD \$61 member / \$83 non-member
Hastings Track and Field Class: grade K Location: Hastings YMCA	Mon 5:00 pm to 5:45 pm Class meets 7 times starting June 7	85_SP_3557_10_060721_YYD \$61 member / \$83 non-member
Hastings Tumbling Class: grade Pre-K Location: Hastings YMCA	Tue 4:30 pm to 5:00 pm Class meets 8 times starting June 8	85_SP_3563_20_060821_YYD \$70 member / \$95 non-member
Hastings Tumbling Class: grade K Location: Hastings YMCA	Tue 5:00 pm to 5:45 pm Class meets 8 times starting June 8	85_SP_3564_20_060821_YYD \$70 member / \$95 non-member
Hudson Basketball Class: grade Pre-K Location: Hudson YMCA	Wed 5:30 pm to 6:00 pm Class meets 8 times starting June 9	84_SP_3500_30_060921_YYD \$70 member / \$95 non-member
Hudson Basketball Class: grade K Location: Hudson YMCA	Wed 6:15 pm to 7:00 pm Class meets 8 times starting June 9	84_SP_3501_30_060921_YYD \$70 member / \$95 non-member
Hudson Soccer Class: grade Pre-K Location: Hudson YMCA	Mon 5:30 pm to 6:00 pm Class meets 7 times starting June 7	84_SP_3542_10_060721_YYD \$61 member / \$83 non-member
Hudson Soccer Class: grade K Location: Hudson YMCA	Mon 6:15 pm to 7:00 pm Class meets 7 times starting June 7	84_SP_3543_10_060721_YYD \$61 member / \$83 non-member
Hudson Track and Field Class: grade Pre-K Location: Woodbury YMCA	Tue 5:00 pm to 5:30 pm Class meets 8 times starting June 8	84_SP_3556_20_060821_YYD \$70 member / \$95 non-member
Hudson Track and Field Class: grade K Location: Woodbury YMCA	Thu 5:00 pm to 5:45 pm Class meets 8 times starting June 10	84_SP_3557_40_061021_YYD \$70 member / \$95 non-member
Woodbury Basketball Class: grade Pre-K Location: Hudson YMCA	Wed 5:30 pm to 6:00 pm Class meets 8 times starting June 9	83_SP_3500_30_060921_YYD \$70 member / \$95 non-member
Woodbury Basketball Class: grade K Location: Hudson YMCA	Wed 6:15 pm to 7:00 pm Class meets 8 times starting June 9	83_SP_3501_30_060921_YYD \$70 member / \$95 non-member
Woodbury Soccer Class: grade Pre-K Location: Hudson YMCA	Mon 5:30 pm to 6:00 pm Class meets 7 times starting June 7	83_SP_3542_10_060721_YYD \$61 member / \$83 non-member

Woodbury Soccer Class: grade K Location: Hudson YMCA	Mon 6:15 pm to 7:00 pm Class meets 7 times starting June 7	83_SP_3543_10_060721_YYD \$61 member / \$83 non-member
Woodbury Track and Field Class: grade Pre-K Location: Woodbury YMCA	Tue 5:00 pm to 5:30 pm Class meets 8 times starting June 8	83_SP_3556_20_060821_YYD \$70 member / \$95 non-member
Woodbury Track and Field Class: grade K Location: Woodbury YMCA	Thu 5:00 pm to 5:45 pm Class meets 8 times starting June 10	83_SP_3557_40_061021_YYD \$70 member / \$95 non-member

PROGRAM LOCATIONS

Hastings High School 200 General Sieben Dr	Hastings	MN	55033
Hastings YMCA 85 Pleasant Dr	Hastings	MN	55033
Hudson YMCA 2211 Vine St	Hudson	WI	54016
Woodbury YMCA 2175 Radio Drive	Woodbury	MN	55125