

Overnight Camp Packing List

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Overview

Our recommended packing lists are outlined in this document. These items are not required. You may modify the list based on unique participant needs and session type.

Packing Tips

- Please avoid products with strong smells – they will attract bugs and bears!
- Label all items with your child's first and last name.
- Pack clothes that can get muddy, dirty, wet, sandy, torn, grass-stained, and so on.

Discouraged Items

The following items will be collected and kept in a secure location until the end of camp.

- Electronic equipment, including radios, smartphones, mp3 players, etc.
- Food or gum
- Pocket knives (unless you have permission from YMCA of the North)

Prohibited Items

The following items will be confiscated, and parents and authorities will be contacted to remove their children from camp. No fee adjustment or refund will be given for violation.

- Firearms or weapons
- Drugs or alcohol
- Tobacco products
- Fireworks



Overnight Camp Packing List

The Basics

MEDICATIONS

All needed medications.

CLOTHING

- Masks – *One per day (min.)*
- Underwear – *One per day (min.)*
- Short sleeve shirts – *One per day (min.)*
- Long sleeve shirt
- Sweatshirt
- Shorts (x2)
- Pants (x2)
- Socks – At least one pair per day
- Pajamas

HYGIENE

- Toothbrush
- Toothpaste
- Dental floss
- Soap
- Shampoo
- Comb or brush
- Lotion
- Sunscreen – *SPF 30 (min.)*
- Chapstick with sunscreen
- Bug repellent – *Non-aerosol*
- Hand sanitizer
- Period / menstruation products – *If applicable. If possible, please bring extra.*
- Laundry bag for dirty clothes
- Washcloth
- Bath towel

FOOTWEAR

- Shoes (x2, including one that can get wet)
- Sandals (x1)
- Flip-flops – *For showers only*

ADDITIONAL GEAR

- Lanyards – *Returning Ihduhapi participants*
- Headlamp or flashlight – *w/ extra batteries*
- Water bottle – *Nalgene, Camelback, and Hydroflask recommended*
- Large sports bag or suitcase

CLOTHING

BEDDING

- Sleeping bag
- Pillow – *w/ pillowcase*

SWIMWEAR

- Swimsuit
- Beach towel

OUTERWEAR

- Raincoat
- Light jacket
- Hat with visor
- Warm hat

PERSONAL ENTERTAINMENT

- Book
- Pen and paper
- Camera – *NO SMARTPHONES*
- Cards, hacky sack, or other games
- Addressed and stamped envelopes
- Store money – *\$20-50 suggested*

Emphasis Activities

ARCHERY

- Bows (optional)

NOTES:

- *Bows must have a cover.*
- *Please do NOT bring your own arrows.*

FISHING

- Fishing pole (optional)

NOTE: Please make sure to remove all hooks from poles for the bus ride.

PHOTOGRAPHY

- Camera, smartphone, or tablet (required)

NOTE: All devices will be kept in the office when not in use.

CLIMBING

- Closed-toe shoes (required)
- Climbing shoes (optional)

HORSES

Pants

- **Yes** – Loose-fitting, full-length pants with straight legs
- **No** – Tights, stretch pants, capris, or shorts

Jackets

- **Yes** – Form-fitting jackets
- **No** – Loose and baggy jackets are discouraged

Footwear

- **Yes** – Riding boots, hard-soled boots, or closed-toe shoes with heels between 1/4" and 1" high
- **No** – Canvas tennis shoes, sandals, loafers, or heels higher than 1"

SAILING

- Sailing gloves (optional)