



West Region Sports Programs Schedule

Dayton, New Hope, North Community, and Ridgedale

2023 Session 3, June 5 - August 13

SPORTS PROGRAMS

LEAGUES

LEAGUES let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn't just for kids- high school and adult leagues are available too!

Note: a structured game or meet schedule will be developed and issued the second week of the session on Friday.

CLASSES

In CLASSES, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

SCHOOL'S OUT SPORTS CAMPS

At SCHOOL'S OUT SPORTS CAMPS, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

CLINICS

CLINICS let kids try out a sport they're curious to explore in a no-pressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

LEAGUES

starting week of June 5

Games/meets take place on various days starting Week 3

SOCCER

All Gender Ages 8 and under at Beacon Academy Games/meets take place on Wednesdays <i>Wk 1 & 2 Mon. practice ONLY-Wk 3-8 Mon. practice and Wed. games</i>	Mon 6:00 pm to 7:00 pm	\$109 member / \$134 non-member
All Gender Ages 10 and under at Beacon Academy Games/meets take place on Wednesdays <i>Wk 1 & 2 Mon. practice ONLY-Wk 3-8 Mon. practice and Wed. games</i>	Mon 6:00 pm to 7:00 pm	\$109 member / \$134 non-member
All Gender Ages 12 and under at Beacon Academy Games/meets take place on Wednesdays <i>Wk 1 & 2 Mon. practice ONLY-Wk 3-8 Mon. practice and Wed. games</i>	Mon 7:15 pm to 8:15 pm	\$109 member / \$134 non-member
All Gender Ages 14 and under at Beacon Academy Games/meets take place on Wednesdays <i>Wk 1 & 2 Mon. practice ONLY-Wk 3-8 Mon. practice and Wed. games</i>	Mon 7:15 pm to 8:15 pm	\$109 member / \$134 non-member

TRACK AND FIELD

Girls Grades 1 - 2 at Beacon Academy Games/meets take place on Thursdays <i>Practice looking to be set at a local track-TBD: Wk 1 & 2 Tue/Thu practice ONLY-Wk 3, 5, 7 Tue practice & Thur meet-Wk 4, 6, 8 Tue/Thu practice with final meet that Sat.</i>	Tue 5:45 pm to 6:45 pm	\$109 member / \$134 non-member
Boys Grades 1 - 2 at Beacon Academy Games/meets take place on Thursdays <i>Practice looking to be set at a local track-TBD: Wk 1 & 2 Tue/Thu practice ONLY-Wk 3, 5, 7 Tue practice & Thur meet-Wk 4, 6, 8 Tue/Thu practice with final meet that Sat.</i>	Tue 5:45 pm to 6:45 pm	\$109 member / \$134 non-member
Girls Grades 3 - 4 at Beacon Academy Games/meets take place on Thursdays <i>Practice looking to be set at a local track-TBD: Wk 1 & 2 Tue/Thu practice ONLY-Wk 3, 5, 7 Tue practice & Thur meet-Wk 4, 6, 8 Tue/Thu practice with final meet that Sat.</i>	Tue 5:45 pm to 6:45 pm	\$109 member / \$134 non-member
Boys Grades 3 - 4 at Beacon Academy Games/meets take place on Thursdays <i>Practice looking to be set at a local track-TBD: Wk 1 & 2 Tue/Thu practice ONLY-Wk 3, 5, 7 Tue practice & Thur meet-Wk 4, 6, 8 Tue/Thu practice with final meet that Sat.</i>	Tue 5:45 pm to 6:45 pm	\$109 member / \$134 non-member
Girls Grades 5 - 6 at Beacon Academy Games/meets take place on Thursdays <i>Practice looking to be set at a local track-TBD: Wk 1 & 2 Tue/Thu practice ONLY-Wk 3, 5, 7 Tue practice & Thur meet-Wk 4, 6, 8 Tue/Thu practice with final meet that Sat.</i>	Tue 7:00 pm to 8:00 pm	\$109 member / \$134 non-member
Boys Grades 5 - 6 at Beacon Academy Games/meets take place on Thursdays <i>Practice looking to be set at a local track-TBD: Wk 1 & 2 Tue/Thu practice ONLY-Wk 3, 5, 7 Tue practice & Thur meet-Wk 4, 6, 8 Tue/Thu practice with final meet that Sat.</i>	Tue 7:00 pm to 8:00 pm	\$109 member / \$134 non-member

REGISTRATION BEGINS MARCH 14, 2023

Girls Grades 7 – 8 at Beacon Academy

Tue 7:00 pm to 8:00 pm

\$109 member / \$134 non-member

Games/meets take place on Thursdays

*Practice looking to be set at a local track-TBD: Wk 1 & 2 Tue/Thu practice ONLY-Wk 3, 5, 7 Tue practice & Thur meet-Wk 4, 6, 8 Tue/Thu practice with final meet that Sat.***Boys Grades 7 – 8 at Beacon Academy**

Tue 7:00 pm to 8:00 pm

\$109 member / \$134 non-member

Games/meets take place on Thursdays

*Practice looking to be set at a local track-TBD: Wk 1 & 2 Tue/Thu practice ONLY-Wk 3, 5, 7 Tue practice & Thur meet-Wk 4, 6, 8 Tue/Thu practice with final meet that Sat.**Boys and Girls Leagues may be combined in cases of low registration.***CLASSES****SOCCER****Soccer Class: ages 3-4**

Beacon Academy

Mon 5:00 pm to 5:30 pm

\$74 member / \$99 non-member

Class meets 8 times starting June 5

Soccer Class: ages 5-6

Beacon Academy

Mon 5:00 pm to 5:45 pm

\$74 member / \$99 non-member

Class meets 8 times starting June 5

TRACK AND FIELD**Track and Field Class: grade Pre-K**

Beacon Academy

Tue 5:00 pm to 5:30 pm

\$65 member / \$87 non-member

Class meets 7 times starting June 6

*Practice looking to be set at a local track-TBD***Track and Field Class: grade K**

Beacon Academy

Tue 5:00 pm to 5:45 pm

\$65 member / \$87 non-member

Class meets 7 times starting June 6

*Practice looking to be set at a local track-TBD***MINI CLASSES****FLAG FOOTBALL****Flag Football Class: grades 1-2**

Beacon Academy

Mon/Wed 5:00 pm to 6:00 pm

\$37 member / \$50 non-member

Class meets 4 times starting July 31

Flag Football Class: grades 3-4

Beacon Academy

Mon/Wed 5:00 pm to 6:00 pm

\$37 member / \$50 non-member

Class meets 4 times starting July 31

Flag Football Class: grades 5-6

Beacon Academy

Mon/Wed 6:10 pm to 7:10 pm

\$37 member / \$50 non-member

Class meets 4 times starting July 31

Flag Football Class: grades 7-8

Beacon Academy

Mon/Wed 6:10 pm to 7:10 pm

\$37 member / \$50 non-member

Class meets 4 times starting July 31

PROGRAM LOCATIONS**Beacon Academy**

3415 Louisiana Ave N

Crystal

MN

55427

REGISTRATION BEGINS MARCH 14, 2023

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Class availability varies by location. Schedules subject to change. Please visit ymcanorth.org for updated class listings.