



ST PAUL EASTSIDE YMCA

Updated: 9/17/2022

LAP POOL SCHEDULE

November, 2025 **(CLOSED ON THANKSGIVING)**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CLOSED	5:00am - 7:00am Lap Swim (5)	5:00am - 7:00am Lap Swim (5)	5:00am - 7:00am Lap Swim (5)	5:00am - 7:00am Lap Swim (5)	5:00am - 7:00am Lap Swim (5)	CLOSED
7:00am - 10am Lap Swim (5)	7:00am-10:00am Lap Swim (4) Water Walking (1)	7:00am-8:45am Lap Swim (4) Water Walking (1)	7:00am-10:00am Lap Swim (4) Water Walking (1)	7:00am-8:45am Lap Swim (4) Water Walking (1)	7:00am-10:00am Lap Swim (4) Water Walking (1)	7:00am - 10am Lap Swim (5)
		8:45am-9:30am Water X Class		8:45am-9:30am Water X Class		
10:00am-3:45pm Lap Swim (3) Open Swim (2)	10:00am-10:45am Water X Class	9:30am-3:00pm Lap Swim (3) Open Swim (2)	10:00am-10:45am Water X Class	9:30am-3:00pm Lap Swim (3) Open Swim (2)	10:00am-10:45am Water X Class	10:00am-3:45pm Lap Swim (3) Open Swim (2)
	11:00am-3:00pm Lap Swim (3) Open Swim (2)		11:00am-3:00pm Lap Swim (3) Open Swim (2)		11:00am-3:00pm Lap Swim (3) Open Swim (2)	
	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
	5:00pm-5:30pm Lap Swim (3) Open Swim (2)	5:00pm-8:45pm	5:00pm-8:45pm	5:00pm-8:45pm	5:00pm-8:45pm	
	5:30pm-6:15pm Water Ex Class					
	6:15pm-8:45pm Lap Swim (3) Open Swim (2)	Lap Swim (3) Open Swim (2)	Lap Swim (3) Open Swim (2)	Lap Swim (3) Open Swim (2)	Lap Swim (3) Open Swim (2)	
CLOSED						CLOSED

Lap swim is still available during Water X class times, lanes may be limited.



ST PAUL EASTSIDE YMCA

Updated: 9/17/2022

LEISURE POOL SCHEDULE

November, 2025 **(CLOSED ON THANKSGIVING)**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
	9:00am-3:00pm	9:00am-3:00pm	9:00am-3:00pm	9:00am-3:00pm	9:00am-3:00pm	
10:00am-3:00pm	Open Swim (No Waterslide)	Open Swim (No Waterslide)	Open Swim (No Waterslide)	Open Swim (No Waterslide)	Open Swim (No Waterslide)	10:00am-3:00pm
Open Swim (Waterslide Available at Request)						Open Swim (Waterslide Available at Request)
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
	5:00pm-8:00pm	5:00pm-8:00pm	5:00pm-8:00pm	5:00pm-8:00pm	5:00pm-8:00pm	
	Open Swim (Waterslide Available at Request)	Open Swim (Waterslide Available at Request)	Open Swim (Waterslide Available at Request)	Open Swim (Waterslide Available at Request)	Open Swim (Waterslide Available at Request)	
	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	

The Sauna and Steam Room are only open when the Pool Deck is open.
Waterslide not available M-F 9am - 4pm.