

North Region Sports Programs Schedule

Shoreview, White Bear, Maplewood, Forest Lake

2024 Session 3, June 3 - September 1

SPORTS PROGRAMS

LEAGUES CLASSES

LEAGUES let kids take their skills to the next level and experience positive competition. Age-based offerings vary by session and by sport. Youth Leagues consist of organized practices and team contests. Each team will focus on skill development, practice and teamwork while preparing for games or meets. The fun isn't just for kids- high school and adult leagues are available too!

Note: a structured game or meet schedule will be developed and issued the second week of the session on Friday.

In CLASSES, kids will meet weekly to develop their skills through a variety of age appropriate skill drills and team-building exercises. Each session kicks off with a focus on skill development and advances to teamwork concepts which may include light scrimmaging and positive competition. Trained YMCA staff leads each class with help from qualified volunteers. At the end of the session, each age level will have acquired specific skill outcomes needed to advance to the next level of skill development.

SCHOOL'S OUT SPORTS CAMPS

At SCHOOL'S OUT SPORTS CAMPS, kids come to the Y to learn new sports, build sports skills and have fun playing, on days when school is not in session. Kids build the positive relationships that lead to good sportsmanship and teamwork. Ages vary by location.

CLINICS let kids try out a sport they're curious to explore in a nopressure environment. Come test out something new, or learn more about your favorite sports. Clinics are available for a variety of sports and are offered at different locations and dates throughout the year.

CLINICS

| YOUTH LEAGUES starting week of June 3 | Games/meets | take place starting Week 3 |
|--|-----------------------------------|---------------------------------|
| FLAG FOOTBALL | | |
| All Gender Grades 1 - 2 at Forest Lake YMCA Games/meets take place on Thursdays | Mon 5:45 pm to 6:45 pm | \$119 member / \$149 non-member |
| All Gender Grades 1 - 2 at White Bear Area YMCA Games/meets take place on Thursdays | Mon 5:45 pm to 6:45 pm | \$119 member / \$149 non-member |
| All Gender Grades 1 - 2 at Maplewood YMCA Community Games/meets take place on Thursdays | Cen Tue 5:45 pm to 6:45 pm | \$119 member / \$149 non-member |
| All Gender Grades 1 - 2 at Shoreview YMCA Games/meets take place on Thursdays | Tue 5:45 pm to 6:45 pm | \$119 member / \$149 non-member |
| All Gender Grades 3 - 4 at Forest Lake YMCA Games/meets take place on Thursdays | Mon 6:45 pm to 7:45 pm | \$119 member / \$149 non-member |
| All Gender Grades 3 - 4 at White Bear Area YMCA Games/meets take place on Thursdays | Mon 6:45 pm to 7:45 pm | \$119 member / \$149 non-member |
| All Gender Grades 3 - 4 at Maplewood YMCA Community Games/meets take place on Thursdays | Cen Tue 6:45 pm to 7:45 pm | \$119 member / \$149 non-member |
| All Gender Grades 3 - 4 at Shoreview YMCA Games/meets take place on Thursdays | Tue 6:45 pm to 7:45 pm | \$119 member / \$149 non-member |
| All Gender Grades 5 - 6 at Forest Lake YMCA Games/meets take place on Thursdays | Mon 7:45 pm to 8:45 pm | \$119 member / \$149 non-member |
| All Gender Grades 5 - 6 at White Bear Area YMCA Games/meets take place on Thursdays | Mon 7:45 pm to 8:45 pm | \$119 member / \$149 non-member |
| All Gender Grades 5 - 6 at Maplewood YMCA Community Games/meets take place on Thursdays | Cen Tue 7:45 pm to 8:45 pm | \$119 member / \$149 non-member |
| All Gender Grades 5 - 6 at Shoreview YMCA Games/meets take place on Thursdays | Tue 7:45 pm to 8:45 pm | \$119 member / \$149 non-member |
| All Gender Grades 7 - 8 at Forest Lake YMCA Games/meets take place on Thursdays | Mon 7:45 pm to 8:45 pm | \$119 member / \$149 non-member |
| All Gender Grades 7 - 8 at White Bear Area YMCA Games/meets take place on Thursdays | Mon 7:45 pm to 8:45 pm | \$119 member / \$149 non-member |
| All Gender Grades 7 - 8 at Maplewood YMCA Community Games/meets take place on Thursdays | Cen Tue 7:45 pm to 8:45 pm | \$119 member / \$149 non-member |

| All Gender Grades 7 - 8 at Shoreview YMCA Games/meets take place on Thursdays | Tue 7:45 pm to 8:45 pm | \$119 member / \$149 non-member |
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| SOCCER | | |
| All Gender Ages 8 and under at Maplewood YMCA Comm Games/meets take place on Wednesdays | munityMon 5:45 pm to 6:45 pm | \$119 member / \$149 non-member |
| All Gender Ages 8 and under at Shoreview YMCA Games/meets take place on Wednesdays | Mon 5:45 pm to 6:45 pm | \$119 member / \$149 non-member |
| All Gender Ages 8 and under at Forest Lake YMCA Games/meets take place on Wednesdays | Tue 5:45 pm to 6:45 pm | \$119 member / \$149 non-member |
| All Gender Ages 8 and under at White Bear Area YMCA Games/meets take place on Wednesdays | Tue 5:45 pm to 6:45 pm | \$119 member / \$149 non-member |
| All Gender Ages 10 and under at Maplewood YMCA Con Games/meets take place on Wednesdays | nmuniMon 6:45 pm to 7:45 pm | \$119 member / \$149 non-member |
| All Gender Ages 10 and under at Shoreview YMCA Games/meets take place on Wednesdays | Mon 6:45 pm to 7:45 pm | \$119 member / \$149 non-member |
| All Gender Ages 10 and under at Forest Lake YMCA Games/meets take place on Wednesdays | Tue 6:45 pm to 7:45 pm | \$119 member / \$149 non-member |
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| All Gender Ages 14 and under at Shoreview YMCA Games/meets take place on Wednesdays | Mon 7:45 pm to 8:45 pm | \$119 member / \$149 non-member |
| All Gender Ages 14 and under at Forest Lake YMCA Games/meets take place on Wednesdays | Tue 7:45 pm to 8:45 pm | \$119 member / \$149 non-member |
| TRACK AND FIELD | | |
| Girls Grades 1 – 2 at White Bear Lake High School – Sou Games/meets take place on Thursdays | th CarTue/Thu 6:45 pm to 7:45 pm | \$119 member / \$149 non-member |
| Boys Grades 1 – 2 at White Bear Lake High School – Sou Games/meets take place on Thursdays | uth Ca _l Tue/Thu 6:45 pm to 7:45 pm | \$119 member / \$149 non-member |
| Girls Grades 3 - 4 at White Bear Lake High School - Sou Games/meets take place on Thursdays | th CarTue/Thu 6:45 pm to 7:45 pm | \$119 member / \$149 non-member |
| Boys Grades 3 - 4 at White Bear Lake High School - Sou Games/meets take place on Thursdays | ıth Ca _l Tue/Thu 6:45 pm to 7:45 pm | \$119 member / \$149 non-member |
| Girls Grades 5 - 6 at White Bear Lake High School - Sou Games/meets take place on Thursdays | th CarTue/Thu 7:45 pm to 8:45 pm | \$119 member / \$149 non-member |
| Boys Grades 5 - 6 at White Bear Lake High School - Sou Games/meets take place on Thursdays | ıth Ca∣Tụe/Ṭhu 7:45 pm to 8:45 pm | \$119 member / \$149 non-member |
| Girls Grades 7 - 8 at White Bear Lake High School - Sou Games/meets take place on Thursdays | th CarTue/Thu 7:45 pm to 8:45 pm | \$119 member / \$149 non-member |
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Games/meets take place on Thursdays

Boys and Girls Leagues may be combined in cases of low registration.

| Maplewood YMCA Community Center Class meets 8 times starting June 4 Forest Lake YMCA Class meets 8 times starting June 5 Wed 5:45 pm to 6:15 pm 384 member / \$109 non-member Class meets 8 times starting June 5 White Bear Area YMCA Class meets 7 times starting June 6 Basketball Class: grade K Shoreview YMCA Class meets 8 times starting June 8 Man 6:15 pm to 7:00 pm 384 member / \$109 non-member S84 member / \$109 non-member S84 member / \$109 non-member S84 member / \$109 non-member Tue 6:15 pm to 7:00 pm 384 member / \$109 non-member S84 member / \$109 non-member Class meets 8 times starting June 4 Forest Lake YMCA Class meets 8 times starting June 5 White Bear Area YMCA Class meets 8 times starting June 6 Basketball Class: grades 1-2 Shoreview YMCA Class meets 7 times starting June 8 Maplewood YMCA Community Center Class meets 8 times starting June 6 Basketball Class: grades 1-2 Shoreview YMCA Class meets 8 times starting June 3 Maplewood YMCA Community Center Class meets 8 times starting June 3 Maplewood YMCA Community Center Class meets 8 times starting June 4 Forest Lake YMCA Class meets 8 times starting June 4 Forest Lake YMCA Class meets 8 times starting June 4 Forest Lake YMCA Class meets 8 times starting June 4 Forest Lake YMCA Class meets 8 times starting June 5 Wed 6:15 pm to 7:15 pm 384 member / \$109 non-member S84 member / \$109 non-member Class meets 8 times starting June 6 SOCCEER SOCCECER SOCCECER SOCCECER SOCCECER Soccer Class: ages 5-6 Shoreview YMCA Mon 6:15 pm to 7:00 pm 384 member / \$109 non-member | CLASSES | | No class on July 4th |
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| Forest Lake YMCA Class meets 8 times starting June 5 White Bear Area YMCA Class meets 7 times starting June 6 Basketball Class: grades 1-2 Shoreview YMCA Class meets 8 times starting June 3 Maplewood YMCA Community Center Class meets 8 times starting June 4 Forest Lake YMCA Class meets 8 times starting June 5 White Bear Area YMCA Class meets 8 times starting June 5 White Bear Area YMCA Class meets 8 times starting June 6 SOCCER Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 6 Socret Lake YMCA Class meets 7 times starting June 6 Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Forest Lake YMCA Class meets 7 times starting June 6 Socret Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Forest Lake YMCA Class meets 8 times starting June 6 Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Forest Lake YMCA Tue 6:15 pm to 7:00 pm \$84 member / \$109 non-member | Maplewood YMCA Community Center | Tue 6:15 pm to 7:00 pm | \$84 member / \$109 non-member |
| Class meets 8 times starting June 5 White Bear Area YMCA Class meets 7 times starting June 6 Basketball Class: grades 1-2 Shoreview YMCA Class meets 8 times starting June 3 Maplewood YMCA Community Center Class meets 8 times starting June 4 Forest Lake YMCA Class meets 8 times starting June 5 White Bear Area YMCA Class meets 8 times starting June 5 White Bear Area YMCA Class meets 7 times starting June 6 SOCCER Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Mon 6:15 pm to 7:15 pm \$84 member / \$109 non-member \$74 member / \$95 non-member \$85 mon-member \$85 mon-m | Class meets 8 times starting June 4 | | |
| White Bear Area YMCA Class meets 7 times starting June 6 Basketball Class: grades 1-2 Shoreview YMCA Class meets 8 times starting June 3 Maplewood YMCA Community Center Class meets 8 times starting June 4 Forest Lake YMCA Class meets 8 times starting June 5 Wed 6:15 pm to 7:15 pm \$84 member / \$109 non-member \$84 member / \$109 non-member \$85 meets 8 times starting June 5 Wed 6:15 pm to 7:15 pm \$84 member / \$109 non-member \$85 meets 8 times starting June 5 White Bear Area YMCA Class meets 7 times starting June 6 SOCCER Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Forest Lake YMCA Tue 6:15 pm to 7:00 pm \$84 member / \$109 non-member \$85 member / \$109 non-member | Forest Lake YMCA | Wed 6:15 pm to 7:00 pm | \$84 member / \$109 non-member |
| Class meets 7 times starting June 6 Basketball Class: grades 1-2 Shoreview YMCA Class meets 8 times starting June 3 Maplewood YMCA Community Center Class meets 8 times starting June 4 Forest Lake YMCA Class meets 8 times starting June 5 White Bear Area YMCA Class meets 7 times starting June 6 SOCCER Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Mon 6:15 pm to 7:15 pm \$84 member / \$109 non-member \$74 member / \$95 non-member \$85 member / \$95 non-member \$85 member / \$95 non-member \$85 member / \$109 non-member | Class meets 8 times starting June 5 | | |
| Basketball Class: grades 1-2 Shoreview YMCA Class meets 8 times starting June 3 Maplewood YMCA Community Center Class meets 8 times starting June 4 Forest Lake YMCA Class meets 8 times starting June 5 White Bear Area YMCA Class meets 7 times starting June 6 SOCCER Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Mon 6:15 pm to 7:15 pm \$74 member / \$109 non-member \$74 member / \$95 non-member Mon 6:15 pm to 7:00 pm \$84 member / \$109 non-member Tue 6:15 pm to 7:00 pm \$84 member / \$109 non-member | White Bear Area YMCA | Thu 6:15 pm to 7:00 pm | \$74 member / \$95 non-member |
| Shoreview YMCA Class meets 8 times starting June 3 Maplewood YMCA Community Center Class meets 8 times starting June 4 Forest Lake YMCA Class meets 8 times starting June 5 Wed 6:15 pm to 7:15 pm \$84 member / \$109 non-member \$84 member / \$109 non-member \$84 member / \$109 non-member Thu 6:15 pm to 7:15 pm \$84 member / \$109 non-member \$85 meets 8 times starting June 5 Thu 6:15 pm to 7:15 pm \$74 member / \$95 non-member SOCCER SOCCER Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Mon 6:15 pm to 7:00 pm \$84 member / \$109 non-member Tue 6:15 pm to 7:00 pm \$84 member / \$109 non-member | Class meets 7 times starting June 6 | | |
| Class meets 8 times starting June 3 Maplewood YMCA Community Center Class meets 8 times starting June 4 Forest Lake YMCA Class meets 8 times starting June 5 White Bear Area YMCA Class meets 7 times starting June 6 SOCCER Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Forest Lake YMCA Tue 6:15 pm to 7:00 pm \$84 member / \$109 non-member \$74 member / \$95 non-member \$85 meets 8 times starting June 8 Tue 6:15 pm to 7:00 pm \$86 member / \$109 non-member \$87 member / \$109 non-member | Basketball Class: grades 1-2 | | |
| Maplewood YMCA Community Center Class meets 8 times starting June 4 Forest Lake YMCA Class meets 8 times starting June 5 White Bear Area YMCA Class meets 7 times starting June 6 SOCCER Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Forest Lake YMCA Tue 6:15 pm to 7:00 pm \$84 member / \$109 non-member \$74 member / \$95 non-member \$85 member / \$95 non-member \$85 member / \$109 non-member \$86 member / \$109 non-member \$87 member / \$109 non-member \$88 member / \$109 non-member \$88 member / \$109 non-member | Shoreview YMCA | Mon 6:15 pm to 7:15 pm | \$84 member / \$109 non-member |
| Center Class meets 8 times starting June 4 Forest Lake YMCA Class meets 8 times starting June 5 White Bear Area YMCA Class meets 7 times starting June 6 SOCCER Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Mon 6:15 pm to 7:00 pm \$84 member / \$109 non-member | Class meets 8 times starting June 3 | | |
| Forest Lake YMCA Class meets 8 times starting June 5 White Bear Area YMCA Class meets 7 times starting June 6 SOCCER Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Mon 6:15 pm to 7:00 pm \$84 member / \$109 non-member \$84 member / \$109 non-member | Maplewood YMCA Community Center | Tue 6:15 pm to 7:15 pm | \$84 member / \$109 non-member |
| White Bear Area YMCA Class meets 7 times starting June 6 SOCCER Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Forest Lake YMCA Tue 6:15 pm to 7:00 pm \$84 member / \$109 non-member | Class meets 8 times starting June 4 | | |
| White Bear Area YMCA Class meets 7 times starting June 6 SOCCER Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Forest Lake YMCA Tue 6:15 pm to 7:00 pm \$84 member / \$109 non-member | Forest Lake YMCA | Wed 6:15 pm to 7:15 pm | \$84 member / \$109 non-member |
| Class meets 7 times starting June 6 SOCCER Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Mon 6:15 pm to 7:00 pm \$84 member / \$109 non-member Tue 6:15 pm to 7:00 pm \$84 member / \$109 non-member | | 5 5 5 | 75 |
| Class meets 7 times starting June 6 SOCCER Soccer Class: ages 5-6 Shoreview YMCA Class meets 8 times starting June 3 Mon 6:15 pm to 7:00 pm \$84 member / \$109 non-member Tue 6:15 pm to 7:00 pm \$84 member / \$109 non-member | White Bear Area YMCA | Thu 6:15 pm to 7:15 pm | \$74 member / \$95 non-member |
| Soccer Class: ages 5-6 Shoreview YMCA Mon 6:15 pm to 7:00 pm \$84 member / \$109 non-member Class meets 8 times starting June 3 Forest Lake YMCA Tue 6:15 pm to 7:00 pm \$84 member / \$109 non-member | Class meets 7 times starting June 6 | F | |
| Shoreview YMCA Class meets 8 times starting June 3 Mon 6:15 pm to 7:00 pm \$84 member / \$109 non-member Tue 6:15 pm to 7:00 pm \$84 member / \$109 non-member | | | |
| Class meets 8 times starting June 3 Forest Lake YMCA Tue 6:15 pm to 7:00 pm \$84 member / \$109 non-member | | Mon 6:15 nm to 7:00 nm | \$84 member / \$100 non-member |
| 70 member 4 | | Mon 6.15 pm to 7:00 pm | ושטווושווו כטו עי / ושטווושווו דטע |
| 70 member 4 | Forest Lake YMCA | Tue 6:15 pm to 7:00 pm | \$84 member / \$109 non-member |
| | | . ac 33 pm to 7.00 pm | \$3c52. / \$103 non member |

| Maplewood YMCA Community Center Class meets 8 times starting June 4 | Tue 6:15 pm to 7:00 pm | \$84 member / \$109 non-member |
|---|------------------------|--------------------------------|
| White Bear Area YMCA Class meets 8 times starting June 4 | Tue 6:15 pm to 7:00 pm | \$84 member / \$109 non-member |
| MINI CLASSES BASKETBALL Basketball Class: grade Pre-K | | |
| Shoreview YMCA Class meets 4 times starting August 5 | Mon 5:45 pm to 6:15 pm | \$47 member / \$60 non-member |
| Maplewood YMCA Community Center Class meets 4 times starting August 6 | Tue 5:45 pm to 6:15 pm | \$47 member / \$60 non-member |
| Forest Lake YMCA Class meets 4 times starting August 7 | Wed 5:45 pm to 6:15 pm | \$47 member / \$60 non-member |
| White Bear Area YMCA Class meets 4 times starting August 8 | Thu 5:45 pm to 6:15 pm | \$47 member / \$60 non-member |
| Basketball Class: grade K | | |
| Shoreview YMCA Class meets 4 times starting August 5 | Mon 6:15 pm to 7:00 pm | \$47 member / \$60 non-member |
| Maplewood YMCA Community Center Class meets 4 times starting August 6 | Tue 6:15 pm to 7:00 pm | \$47 member / \$60 non-member |
| Forest Lake YMCA Class meets 4 times starting August 7 | Wed 6:15 pm to 7:00 pm | \$47 member / \$60 non-member |
| White Bear Area YMCA Class meets 4 times starting August 8 | Thu 6:15 pm to 7:00 pm | \$47 member / \$60 non-member |
| Basketball Class: grades 1-2 | | |
| Shoreview YMCA Class meets 4 times starting August 5 | Mon 6:15 pm to 7:15 pm | \$47 member / \$60 non-member |
| Maplewood YMCA Community Center Class meets 4 times starting August 6 | Tue 6:15 pm to 7:15 pm | \$47 member / \$60 non-member |
| Forest Lake YMCA Class meets 4 times starting August 7 | Wed 6:15 pm to 7:15 pm | \$47 member / \$60 non-member |
| White Bear Area YMCA Class meets 4 times starting August 8 | Thu 6:15 pm to 7:15 pm | \$47 member / \$60 non-member |
| SOCCER | | |
| Soccer Class: ages 5-6 | | |
| Shoreview YMCA Class meets 4 times starting August 5 | Mon 6:15 pm to 7:00 pm | \$47 member / \$60 non-member |
| Forest Lake YMCA Class meets 4 times starting August 6 | Tue 6:15 pm to 7:00 pm | \$47 member / \$60 non-member |
| Maplewood YMCA Community Center Class meets 4 times starting August 6 | Tue 6:15 pm to 7:00 pm | \$47 member / \$60 non-member |
| White Bear Area YMCA Class meets 4 times starting August 6 | Tue 6:15 pm to 7:00 pm | \$47 member / \$60 non-member |

| PROGRAM LOCATIONS | | | | |
|----------------------------------|-----------------|----|-------|--|
| Forest Lake YMCA | | | | |
| 19845 Forest Rd N | Forest Lake | MN | 55025 | |
| Maplewood YMCA Community Co | enter | | | |
| 2100 White Bear Ave N | Maplewood | MN | 55109 | |
| Shoreview YMCA | | | | |
| 3760 Lexington Ave N | Shoreview | MN | 55126 | |
| White Bear Area YMCA | | | | |
| 2100 Orchard Ln | White Bear Lake | MN | 55110 | |
| White Bear Lake High School - So | outh Campus | | | |
| 3551 McKnight Rd N | White Bear Lake | MN | 55110 | |